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What can YOU do to find Madeleine?

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In a statement sent to **The Portugal News** on Thursday morning, a McCann family representative said: "It would be wonderful if **The Portugal News** could ask its readers to help the 'Find Madeleine' campaign".



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Police were tracking suspect within days of Madeleine's disappearance

FIND MADELEINE



Interest in the search for little Madeleine McCann remains one of the most talked about news items across the globe more than two weeks after her disappearance. It had seemed interest was waning when British media started packing their bags on Monday, as the story appeared to be fading. But a search that day at a villa located 100 metres from the crime scene, has ensured reporters have had to extend their stays here as the media coverage of Madeleine's disappearance promises to continue for some time yet. Meanwhile, a high ranking regional government official has told **The Portugal News** he asked police to investigate Robert Murat three days after the disappearance of Madeleine McCann. A source has also confirmed that Madeleine's parents are being kept in the loop by police, who have accused some British media of "irresponsible reporting".

On Tuesday, the *Pólicia Judiciária* (PJ) announced they had questioned a suspect. He was questioned over the case of the missing British toddler, Madeleine McCann, but there was insufficient evidence to arrest or charge him.

Robert Murat, a UK citizen and long-time resident of Portugal, was declared a suspect in connection with the disappearance, 15 days ago, of Madeleine McCann.



Journalists stand outside the villa near the Ocean Club Resort, property of Jenny Murat and her son Robert, on Monday. Forensic police were investigating the house in their search for clues in the case of missing Madeleine. Sky News team can be seen on the right with Anna Botting, Ian Woods and Martin Brunt, along with the presenter from ITN, and on the left Conceição Ribeiro of Portuguese SIC Television. (Photo: Lusa/Luis Forra)

Madeleine, from p.1.

On Monday, Mr Murat, who lives with his mother in a villa 100 metres from the vacation apartment in Praia da Luz, from where four-year-old Madeleine went missing on the night of May 3rd, was questioned by police in Portimão.

Mr Murat is the father of a three-year-old girl, Sofia, who lives with her mother in the UK.

An influential and high-ranking regional government official, who asked that his identity remain undisclosed "for the time-being" has told **The Portugal News** that it was he who told police on the morning of Sunday May 6th of his suspicions regarding Robert Murat.

Mrs Walczuch had earlier assumed a similar line, when contacted by the media, but did stress she and Mr Murat were "only work colleagues", following speculation of an affair between the two.

Mr Murat was released from questioning on Tuesday, after Portuguese police said they did not have enough evidence to formally arrest or charge him.

"I have been made a scapegoat for something I didn't do", Murat, 33, told Sky News reporters. "The only way I will survive

this is if they catch Madeleine's abductor".

The Portugal News also contacted Mr Murat's mobile phone on Wednesday, the day after he had given this interview to Sky News.

Tuck Price, who identified himself as a long-standing friend, answered Mr Murat's phone.

Speaking from Casa Liliana, where a police raid was held on Monday evening, Mr Price denied that an "exclusive" interview had been given to a television channel by Mr Murat, saying he was "upset" over the use of the term "exclusive".

"We are doing our utmost to assist police with their on-going investigations", said Mr Price, adding: "Mr Murat cannot speak about the case as he would be breaking the law".

When questioned on the health of Jenny Murat, Mr Murat's 71-year-old mother, he confirmed the events of recent days had taken both a physical and emotional toll.

While confirming that investigators had seized computers and "other material", Mr Price denied police had torn down walls, dug up floors or drained the swimming pool as had been reported by some media.

He also said Mr Murat was affronted by talk that he had a glass eye, saying he suffered from "detached retina".

But he said Mr Murat was "overwhelmed" by support from friends, who have been professing his innocence.

"Much will be said" once the suspicion lying on Mr Murat has been lifted, said Mr Price.

But question marks remain as to when Mr Murat will be able to speak freely.

A representative of a law firm in Lisbon, which has dealt with a number of high profile cases in recent years, told **The Portugal News** the law "remained unclear".

According to this legal source, there is no time limit as to how long Mr Murat will have to remain silent as the case could re-

main open for years and his status could remain unchanged, that is, he could face never being charged or eliminated as a suspect, though this remains an extremely unlikely scenario.

Mr Murat has been declared an "arquido" by Portugal's police, meaning he is a suspect.

Police scaled down searches for the missing girl last week, but Portuguese authorities have remained committed to the case, and are working closely with international law enforcement agencies and the British police.

Madeleine's parents, Kate and Gerry McCann, say they will stay in Portugal until their daughter is found safe. They were eating at a nearby Tapas bar when their daughter disappeared, but checked on sleeping Madeleine and her younger twin brother and sister at regular intervals.

Meanwhile, concerns that Kate and Gerry McCann are relying on the British media for any trickle of information regarding their daughter have been dismissed by a source close to the investigation.

The source told **The Portugal News** on Wednesday evening: "Trust me, the McCanns are being kept in the loop by investigators."

"Perhaps they are not being told everything, but they will know of any progress police are making", our source said.

On Wednesday, a Russian computer specialist, Sergei Malinka, but known as 'Serge' in the Luz area, was being questioned by police in Portimão. Police seized his laptop and hard drive, but both were returned later.

He is said to have worked with Mr Murat and helped him set up his real estate web site.

Back in 2006 **The Portugal News** spoke to Mr Malinka about his newly created I.T. company, which has since closed. At the time he said the company would look to plough profits from computer sales back into the community, especially in the area

of education.

Mr Malinka recently opened a new office in Lagoa.

A fellow I.T. expert, who has regular dealings with Mr Malinka, in his early 20s, says he is "the nicest guy", adding, "there is no way he can be involved in Madeleine's disappearance".

On Wednesday, Mr Malinka had ridiculed speculation linking him with the case after the Portuguese press had said police were looking for a Russian associate of Mr Murat known to be a "violent sex offender".

"I don't know who they mean. It's definitely not me," he said. "I have just had all my residency papers approved and checks are always made for criminal convictions. I have none whatsoever", he told reporters shortly before being taken in by police for questioning.

Mr Malinka was released at 02h40 on Thursday morning and has been classed as a "witness" and is not a suspect, police said on Thursday.

The National Directorate of the *Pólicia Judiciária* are reportedly preparing to take disciplinary action against Barra da Costa, a criminologist and former PJ investigator.

He has been a thorn under the skin of the McCanns this week with his incessant criticism of the family and is apparently being forced to tone down his attacks.

Speaking on RTP state television on Sunday, he insinuated that Kate and Gerry McCann were "swingers".

Basing his comments on a source "who knows things" he speculated that Madeleine's disappearance could be linked to "an act of revenge from other swingers".

It is thought the information was first posted on a blog by an anonymous visitor.

Days after these comments,

Barra da Costa apologised to the couple for what he had said. Meanwhile, future British Prime Minister, Gordon Brown has offered "practical help" in the search for Madeleine McCann.

Standing in for Tony Blair during Prime Minister's Questions, John Prescott (Deputy Prime Minister) said: "I'm sure that the thoughts of the whole House will be with them at this terrible time."

Many MPs wore yellow ribbons that have become a symbol of hope for the missing girl.

On a Portuguese front, initial criticism of the British media has died down, but a certain amount of antagonism still remains.

PJ Chief Inspector, Olegário Sousa told **The Portugal News** this week, that some British media had been "irresponsible" in their reporting.

According to Mr Sousa, reporters, especially those from television companies, had been requested not to show footage of investigators or the licence plates of the cars they were using.

"By disregarding this request, especially in the initial stages of investigations, they have not only endangered the lives of our investigators, but also the lives of their families", charged Mr Sousa.

Asked if British media had improved in their reporting since their early "indiscretions", he answered: "They're doing a much better job now".

On an unorthodox note, **The Portugal News** has been inundated with e-mails and phone calls from readers, who claim to have psychic abilities and who say they have information.

Most of the information refers to specific locations, and while a number of places have been mentioned, the only area indicated by several different sources (UK and Portugal) has been the mountain village of Monchique.

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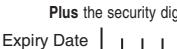
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What can you do to find Madeleine?

In a statement sent to **The Portugal News** on Thursday morning, a McCann family representative said: "It would be wonderful if **The Portugal News** could ask its readers to help the 'Find Madeleine' campaign".

The family have also asked that readers "visit the official website www.findmadeleine.com" and which will be

launched shortly in Portuguese. Readers are asked by the family to support this campaign by using the poster found on this site.

The Portugal News was told: "Gerry and Kate have taken immense strength from all the support they have received from people all over Portugal and would be grateful for any help readers of **The Portugal News** can provide".

The Madeleine Fund – leaving no stone unturned

Launched on Wednesday afternoon, the Madeleine McCann fund was established by her family members to directly help maintain the family's efforts in searching for the little girl, who has touched the hearts of so many people around the world. Funds raised will be used for similar cases in Portugal and Britain.

Dubbed Madeleine's Fund: Leaving No Stone Unturned, it will be used to help find Madeleine McCann, support her family and bring her abductors to justice.

According to the site, "Any surplus funds will be used to help families and missing children in the United Kingdom, Portugal and elsewhere, in similar circumstances."

Members of the public, who want to make contributions will be able to make donations to 'Madeleine's Fund' over-the-counter in any branch of NatWest and The Royal Bank of Scotland, in the UK, or cheques can be posted to the following address: 'Madeleine's Fund', c/o The International Family Law Group, 26, Southampton Street, Covent Garden, London, WC2E 7RS, UK.

Internet donations can be made into the following account: 'Madeleine's Fund: Leaving No Stone Unturned', Sort Code 60 40 05, Account Number 32130058. All donations will be processed free of charge.

See website: www.findmadeleine.com

Press conference 6pm Thursday May 17th



Pólicia Judiciária Chief Inspector Olegário Sousa speaking at a press conference held in a riverside restaurant in Portimão on Thursday evening said that Portuguese police continue to pursue investigations.

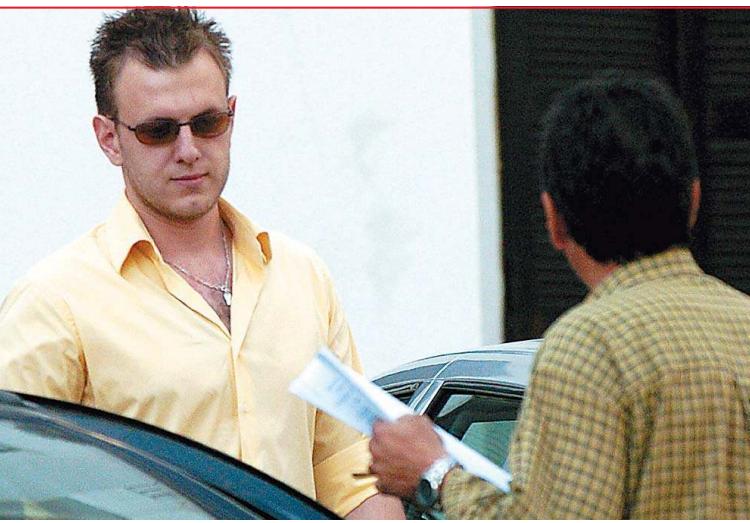
In a police statement handed out to journalists on Thursday evening, the PJ explained that a number of house searches were conducted on Wednesday, after search warrants had been obtained.

Mr Sousa meanwhile said he and his team of investigators continue to believe that Madeleine McCann is still

alive, but admitted "with every day that passes by, a little bit of hope dies". Meanwhile, The Portugal News can confirm that the Russian man interviewed by police is being treated as a witness, not a suspect. This comes after the Russian Embassy in Lisbon had demanded clarification from Portuguese authorities as to the status of Mr Malinka

who was reported in certain Portuguese media to be "a violent criminal".

The press conference on Thursday was delayed by 25 minutes, apparently due to the fact that former Minister of Internal Affairs, António Costa, was formalising his candidacy for Lisbon Mayor live on Portuguese TV.



Russian citizen, Serguei Malinka (L) outside his house in Praia da Luz on Wednesday after he was questioned by Portuguese police in relation to the Madeleine McCann case. (Photo: Lusa / Luis Forra)



Kate and Gerry McCann leaving the Nossa Senhora da Luz church in Praia da Luz after a mass on Saturday, which was Madeleine's fourth birthday. (Photo: EPA/Luis Forra)

Tourist Board tells resorts to install CCTV

The RTA – Algarve Regional Tourist Board – has recommended that hotels and resorts throughout the region install video and camera surveillance systems in order to prevent a repeat of the Madeline McCann case.

When questioned about the lack of security video surveillance at the Ocean Club, RTA spokesman José Dias explained that the present law only permits CCTV systems to be installed in certain cases, and that for others

authorisation is required from the National Committee of Data Protection (CNPD).

He did, however, call on all Algarve resorts to install security systems, despite all the bureaucracy it entails.

Mr Dias also said the Portuguese Parliament should reflect on the number of missing children's cases and decide whether the present law concerning data protection and the CNPD should be altered.

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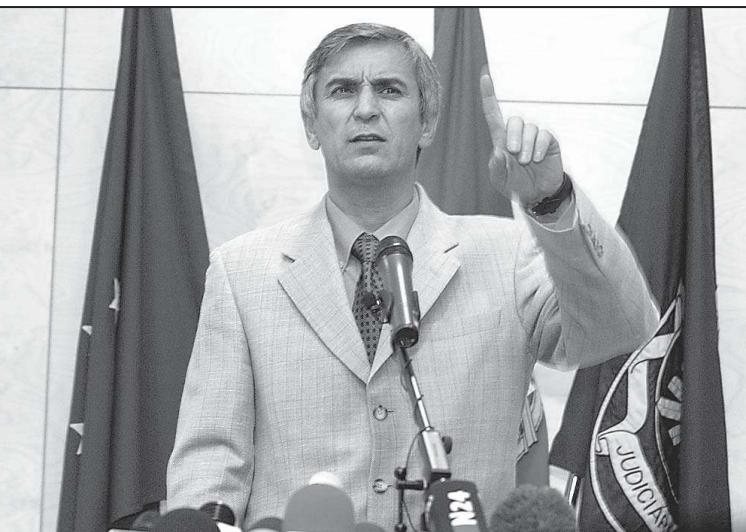
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Police chief and Attorney-General break their silence



Chief Inspector of the Portuguese police, Olegário Sousa, speaks to the press on Tuesday about the latest investigations in the Madeleine McCann case. (Photo: Lusa / Luis Forra)



The National Director of the *Polícia Judiciária* (PJ) and the Attorney-General said today that Portuguese authorities are doing everything possible to clarify the disappearance of Madeleine McCann, reportedly abducted 12 days ago. Similarly, the Portuguese President has praised police efforts to find Madeleine.

authorities once the case is closed.

The Attorney-General, who was attending the same seminar, followed Mr Ribeiro's example by also speaking openly of the case for the first time.

“Investigations are evolving, but I cannot guarantee the end results”, the PJ chief said, who was making his first public statement since Madeleine McCann went missing on May 3rd.

Mr Ribeiro recommended caution, saying the “stakes are high”, while calling for “all to be prudent”.

Commenting on the perceived criticism by British media of Portuguese police, he preferred not to comment, but said he would speak at “an opportune time”.

It is believed British media, especially television, are set to come under fire from Portuguese

Missing boy back home

A 14-year-old boy who went missing from Rio de Janeiro in Sintra is now back home and was not kidnapped, as the family had suspected.

GNR have declined to give any more information on the case, confirming only that the boy “was not kidnapped”, is “at home”, and “no crime was committed”.

The boy, of Angolan origin and Portuguese nationality, was reported missing last Thursday.

When his room was found in turmoil, his relatives feared he had been kidnapped. Also a ransom letter was found reportedly asking for a million euros - the value placed on the family home in a recent sales estimate.

Physically intact, but psychologically shaken, the boy is said to be reluctant to speak of the incident.

His parents, who were in Luanda at the time, were reported to have returned immediately to Portugal when they learned of the situation. The boy had apparently been staying with a minder and siblings.

London praises Portuguese police



The British government has paid tribute to the work of Portuguese police in efforts to find missing four-year-old Madeleine McCann, and hoped the toddler's supposed abduction earlier this month from an Algarve holiday resort will not deter UK visitors to Portugal, Lisbon's foreign minister said.

Speaking in Brussels after a meeting of EU diplomats, Luís Amado said his British counterpart, Foreign Secretary Margaret Becket, had rung him over the weekend to “give recognition of the work by Portuguese police” in the Madeleine McCann case.

Some sections of the British media have been critical of the Portuguese police's efforts to find the missing child, who disappeared on May 3 from her par-

ents' apartment in Praia da Luz.

But Portugal's top diplomat said the conversation with his UK opposite number had dispelled “any negative feeling that might have existed on the part of the British authorities in relation to the efforts being made by the Portuguese authorities in this matter”.

Amado also downplayed the possibility of Madeleine's supposed abduction and the failure,

to date, of attempts to establish her whereabouts, having a negative impact on British tourism to his country, which he described as a “safe country”.

The tragedy that has befallen the McCann family “could have occurred anywhere in the world”, noted Portugal's foreign minister.

Meanwhile, Madeleine's parents, Gerry and Kate, said Monday that they still believe their daughter is “safe” and being “looked after”.

Gerry McCann told reporters that the couple, both doctors, would continue to hold their positive outlook until “there is evidence to the contrary”.

TPN/Lusa

Baby on sale at supermarket

Nine Romanians have been arrested in Vila Franca de Xira after attempting to sell a four-month-old baby at the entrance to a local supermarket. The group had reportedly put a price of between ten and 15 thousand Euros on the baby's head.

Reports say the infant is a Portuguese national and registered as such with the Oporto registry. The baby was found to be in good health and was temporarily placed in the care of Oporto's Reynaldo dos Santos hospital, where the baby awaits being handed over to social services.

After initial court hearings, the nine suspects, including the baby's mother, were freed. According to Portuguese law, selling a child is not a crime, unless intended for sexual purposes, it's abandoned or negligence, is

proved.

Police were alerted by a female passer-by who was on her way to shop at the Pingo Doce supermarket, and to whom the baby's mother reportedly attempted to offer the infant, incessantly proposing different prices.

Apparently on her way to buy cat food, the female in question, of Ukrainian nationality, now fears retaliation.

“I just wanted to save the child”, she is reported as having said, “and now I don't know what I've done. I am afraid they will hurt me”.

Those who went unnoticed

The Institute for Child Support (IAC) has recently revealed that in 2006 six children between the ages of three and 17, five of whom were girls, went missing under suspicious circumstances, but received no mention in the Portuguese media.

In all six cases the evidence that there is, points to kidnap carried out by a non-relative.

PJ police are reportedly still investigating the crimes, with the support of the IAC, though limited or no progress has been made in the past few months.



Children tie yellow ribbons to an enlarged print of missing Madeleine McCann last weekend in the seaside village of Praia da Luz. (Photo: Lusa / Luis Forra)

E-mail petition for EU Sex Offenders Register

In the wake of four-year-old Madeleine McCann's disappearance, a petition requesting the European Parliament to implement a Sex Offenders Register similar to that of the USA, has been launched on the Internet.

A letter accompanying the online petition states: “Following the recent abduction of Madeleine McCann, Portugal has been reported in the press as a haven for paedophiles. One of the main assumptions for this being the absence of a Sex Offenders Register”.

It goes on to explain: “Offenders convicted of serious

sexual offences must keep the police informed about where they are living, and any change of address. The length of time a person's details are kept on file is determined by their sentence. Anyone jailed for 30 months or more for a sexual offence remains on the register for the rest of their life. The penalty for failing to comply can be a heavy fine or a prison sentence. Courts can impose a Sex Offenders Order to place restrictions on the movements of an offender considered to pose a threat to the public. Sex offenders can be ordered to stay away from schools, parks,

playgrounds and other places where children gather”.

The American version of the Sex Offenders Register (<http://www.sexoffendersusa.com>) allows members of the public to freely access information regarding the whereabouts of convicted sexual offenders.

In the few days it has been circulating, the petition has already gathered nearly 1,000 signatures from all over Europe and beyond.

If you would like to read more about the petition, sign it or spread the word, go to: <http://www.PetitionOnline.com/sexor2007/>

Fátima—Biggest pilgrimage since Pope John Paul II

The 90th anniversary of the first apparition of the Virgin Mary to three shepherd children was marked by attracting the biggest crowd to Fátima since Pope John Paul II visited the holy site seven years ago. Authorities at the Fátima

Sanctuary believe the large number of pilgrims was largely due to the 90th anniversary celebrations.

However, the recent visit of Pope Benedict XVI to Brazil has also been extensively covered in the Portuguese media

which ensured religious matters were kept high on the agenda of people's minds the past week.

Organisers and authorities estimate that around five hundred thousand people gathered in Fátima on Sunday, May 13.

EU tells Portugal to give equal prominence to all religions

Proposals launched last week by the European Commission will oblige Portugal to work towards integrating all religions within its social structure.

The raft of proposals is aimed at improving the integration of legal immigrants from outside the European Union with special emphasis on a multi-faith approach.

Pointing to problems arising in certain EU member states over the alienation of immigrants because of their religious beliefs, spokesman for the Justice and Security Affairs Commission, Friso Roscam Abbing, told journalists: "The

reality now is that you have problems in a number of member states. It is only relatively recently that we have been dealing a little bit more seriously with this issue".

He went on to say that: "Before you had some kind of passive tolerance, with hindsight it is clear this may not have been the best approach, what we need to know is how best to live with each other and not just next to each other".

To help improve relations between its Catholic community and the religions of legal immigrants, Portugal, in keeping with certain other member states, will

receive EU funding from the 825-million-euro multi-faith budget.

The aim of the budget is "to counter exclusion and foster integration among migrant communities in the European Union, by familiarising religious leaders with the core European values and the multicultural and multi-faith environment in the EU," spokesman Abbing said.

Part of the funding will go towards organising multi-faith conferences where religious leaders will discuss ways and means of improving relations between the various religions and at the same time boost respect for each other.

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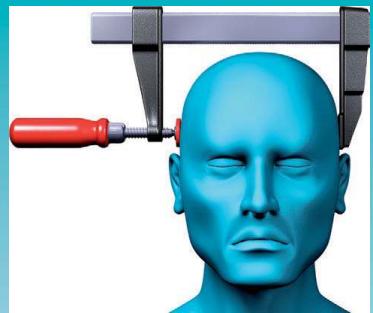
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Worshippers hold a picture of missing Madeleine McCann at the Fátima shrine last Sunday. (Photo: Lusa / Paulo Cunha)

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Portugal to host new EU anti-drugs agency



Members of the Macedonian police special forces take charge of Stanislava Cocorovska-Poletan (C) after her extradition from Serbia as the main suspect for smuggling nearly 500 kilos of cocaine at the border crossing of Tabanovce. Macedonian citizen Cocorovska-Poletan has spent over three months in Serbian detention before the Serbian authorities decided to extradite her to Macedonia. Stanislava Cocorovska is accused of organizing the transport of 483 kilograms of cocaine, which was seized late last year on the "Blace" border crossing between Macedonia and Kosovo. (Photo: EPA/Georgi Licovski)

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To help tackle the sharp increase in recent years of drug addicts in the European Union hooked on cocaine, Portugal, France, Ireland, Britain, Italy, Spain and the Netherlands agreed last week to set up a new body that will share intelligence and coordinate police seizures of the drug and cannabis on the high seas. It will be established in Lisbon later this year.

The agreement was struck at a conference of drug law enforcement officials from around the world held in Madrid. It is the first time the event, held every year since 1983, has been held in Europe.

"Cocaine is surging in Europe at levels similar to what America experienced in the 1980s," the head of the United States Drug Enforcement Administration, Karen Tandy, said at the opening of the three-day event.

Around 10 million Europeans, or three per cent of all adults, have used cocaine at least once in their lives—an historically high figure, according to the Lisbon-based European Monitoring Centre for Drugs and Drug Addiction (EMCDDA).

Britain and Spain posted the highest rates of use, with over four per cent of adults admitting to having consumed the drug during the past year compared to an average of just over two per cent of adults in all of Europe.

The conference heard that use is concentrated among young people, especially men, in urban areas.

The supply of cocaine in Europe has increased since the late 1990s leading to lower prices and this, combined with its association with a supposedly glamour-

ous lifestyle, is fuelling its growing use, drug experts say.

"Cocaine is very much associated with success, urban lifestyles, a party atmosphere," EMCDDA analyst Julian Vicente told the conference, while adding that cocaine is now the most used illegal drug in Europe after cannabis.

The conference heard that the price of cocaine on Europe's streets fell by 22 per cent between 1999 and 2004, according to EMCDDA statistics.

Speaking in Madrid on the eve of the conference, Colombian Defence Minister Juan Manuel Santos urged the European Union to boost its cooperation with South American nations to fight drug trafficking.

Roughly 80 per cent of cocaine from Latin America that was destined for markets outside the United States in 2005 finished up in Europe, according to EMCDDA estimates.

International drug trafficking gangs have been drawn to the European market because of the higher prices paid for cocaine compared to the US. Last year, wholesale prices for cocaine in Europe ranged between 28,000 and 56,600 euros per kilogram compared to between 12,000 and 27,000 euros in the US.

Dramatic rise in cocaine shipments to Portugal

European Union anti-drug enforcement agencies heard Tuesday that Portugal is now the second largest staging post for cocaine shipments to Europe.

According to a top United States drug official, nearly 30 per cent of all cocaine imports into Europe are being shipped through Portugal with just over 40 per cent entering the 27 EU member states via Spain.

United States drug control director John Walters said during a meeting with EU police authorities in Brussels, that the street value of cocaine being shipped to Portugal from South America and Africa, was close to one billion euros a year and is expected to rise still further during 2007.

"There has been a growing problem of cocaine coming to Europe from South America. The vector to Europe is going up," he told reporters.

"What we see now is growing movement by air coming out of Venezuela for the first time flying to known airfields, not clandestine airfields, moving

their illicit shipments into the Caribbean area, most heavily into Haiti and the Dominican Republic on their way to Europe," Walters said.

This, he added, was in addition to "movements of the drug by sea which have, with some increased regularity, looked like they are also coming out of Venezuelan seaports".

Walters suspected that the majority of cocaine shipments from South America and Africa were being shipped into southern Portugal although fairly large quantities were being landed in the country's northern ports.

He pointed out that "five or ten years ago we didn't see aircraft or ships coming into Africa to move cocaine into Europe. That is happening more and more today".

Walters praised both the Portuguese and Spanish police authorities for their efforts in com-

bating the drug smuggling gangs, but called on the governments of both countries to lobby Brussels for more EU funding, to increase the air and sea surveillance of vessels sailing to Europe from South American ports.

According to Walters, the United States has not been able to get the Venezuelan authorities to fully cooperate in getting to grips with the problem, but said he hoped Washington's EU allies might be able to make better progress.

In an indirect reference to Portugal and Spain, he said: "I know some European nations have a more extensive cooperation with the Venezuelan government and we hope that we can use that to cut down on the increasing number of cocaine-carrying vessels headed to European ports".

Parliament approves new immigration laws



Portuguese lawmakers have voted to approve a new immigration law aimed to streamline applications for residency permits and work visas, and to legalise some visa-less foreigners living in the country.

MPs from the ruling centre-left Socialist Party (PS), which devised the new laws, voted with members of the main opposition Social Democratic Party (PSD) to easily pass the new immigration law in the Lisbon Parliament.

Lawmakers from the small CDS-PP rightist coalition and the Left Bloc opposed the proposals, while the Communist and Green parties abstained.

Under Portugal's new immigration legislation, family members of foreigners already living and working in the country, including children over 18 years, will be allowed to join their kin.

Foreign nationals resident in Portugal for 15 years, those who have lived there since the age of 10 and children who were born here and attending state schools will also be legalised under the new laws.

Additionally, foreigners who applied for residency status under an "immigration amnesty" from 2003 to 2004 and still in irregular conditions will be fully legalised.

But the new immigration legislation has come under fire from

immigrants' rights groups in Portugal, who say the measures "defraud the expectations" of thousands of immigrants while only benefiting a small minority.

In comments to Lusa, Timoteo Madedo, spokesman for a platform of Portugal's immigrant minorities, said the legislation only applied to a small minority of all the foreign nationals living and working in Portugal.

Immigrants continue without right of appeal against deportation orders that are solely made by Portugal's SEF border and immigration police and Lisbon's Internal Administration ministry, noted Macedo.

Paulo Portas, leader of the CDS-PP said his party opposed the new legislation by stating that it will facilitate human trafficking networks.

He argued that Article 59 of the new law, which stipulates that "immigrants become legal as soon as they have a declaration from a prospective employer", is a gaping loophole that will be taken advantage of by networks exploiting immigrants in Portugal.

TPN/Lusa



A woman and a baby, part of a group of illegal immigrants who travelled in a small boat which was intercepted by Spanish Civil Guards near Alboran Island, are helped after arriving at Motril harbour, in Granada, Southern Spain, last Sunday. Seventy people were travelling in the small boat, including two women and a baby. (Photo: EPA/Paquet)

Jail terms for employers of illegal immigrants

Under new European Commission proposals announced last week, companies or individuals in Portugal employing illegal immigrants could face statutory prison sentences.

The proposals, which were first mooted by the Commission last year, will require EU member states to introduce laws providing fines, administrative sanctions and prison sentences in cases where illegal immigrants are being employed. Companies found to be consistently breaking the proposed law will be shut down by the authorities without being allowed any recourse to the EU court of appeal.

Although in keeping with all other member states, with the exception of Cyprus, Portugal has sanctions against the employment of illegal workers, they are rarely enforced. However, any EU member state failing to implement the recommended sanctions will face hefty fines, the European Commission said in a statement.

European Justice Commissioner Franco Frattini told journalists in Brussels that while 14 EU member states, including Portugal, have prison sentences already in place to counter employers using illegal immigrant labour, to date there is not one single case of anybody who has been found guilty of contravening the law serving a jail term.

"What's more, the implementation of penalties is very different among member states, with some more lax than others, distorting competition among companies," Frattini said.

The draft laws will also allow immigrants to lodge complaints against their employers and de-

mand unpaid wages. If they co-operate with the police and return home, they could also receive temporary permits enabling them time in which to take legal action against their employers for exploitation and being paid below the minimum rate.

"It's a law against illegal immigration, but the philosophy is to target employers, not the immigrants. We want to fight the exploitation of illegal immigrants," Frattini added.

Up to eight million people are estimated to be living illegally in the 27-nation EU, with 500,000 illegal immigrants arriving every year. The draft law, which will only concern workers from outside the EU, will require the backing of a qualified majority of member states and the European Parliament before entering into law.

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Barroso thanks Blair, but Brits remain sceptical



French President Elect, Nicolas Sarkozy and British Prime Minister, Tony Blair last Saturday during his last visit to France after announcing his departure from office. (Photo: EPA/Philippe Woyajer)

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EU SNIPPETS

EU Agrees Rights for Chickens

EU agriculture ministers agreed on Monday minimum rights for chickens, aimed at putting an end to the worst examples of battery farming. The new rules allow for a maximum density of 33 kilograms of live chickens per square metre. This figure can rise to 39 kilograms if extra measures are put in place, for example, special ventilation systems. "If exceptionally high welfare standards are met over a continual period that stocking density can edge up by another three kilos per square metre," the EU Commission said in a statement. EU Health Commissioner Markos Kyprianou welcomed the agreement. "Not only will this result in better animal welfare across Europe, but it should also contribute to improving the health of the birds and the quality of their meat," he said. The measures must be implemented in all 27 EU member states by June 2010.

EU Drops Ban on Imperial Measures

The European Commission has dropped its attempt to ban Imperial weights and measures in the face of British opposition. The news was hailed in England by Neil Herron, campaign director of the Metric Martyrs Group. "It has been people power that has forced the European Commission and the British government to abandon the enforced metrification programme. We have saved the pint, the mile, the yard, the foot as well as pounds and ounces," he told the *AFP News Agency*. A European Commission press officer told *AFP* that the decision to maintain the "supplementary indications" indefinitely was handed to a European parliamentary committee last week. Under law in the 27-member bloc, Britain's use of Imperial measures was supposed to end in 2009.

Retail Sales in Latvia Top EU League

The retail sector in Latvia has posted the strongest annual growth in the 27-member EU, and analysts in the Baltic state predict the boom will continue as wages keep rising and credit is handed out liberally. Latvia's retail sector expanded 27.7 per cent in the 12 months to March, or more than 10 times the average for the same period in the 13-member single currency eurozone. The country's economy has been growing at breakneck speed as it catches up with older members of the EU, which it joined in 2004. "People here don't think now is a convenient time to save. There is no use for savings, and there is a genuine need for consumer durables such as cars, flats and the like. Demand is high for modern consumer goods, which are available here now," Raite Karnite, director of economics at the Latvian Academy of Science told the *AFP News Agency*. Last year, gross domestic product grew by 11.9 per cent and is forecast to expand by a further nine per cent this year.

EU to Assist Bulgaria in Government Fraud Investigations

Bulgarian government ministers and officials are being sacked by the boatload as investigators crack down on corruption in high places. Following the sacking of three ministers earlier this month for fraudulently siphoning off EU funds into their own private bank accounts, comes news that the Deputy Economy and Energy Minister Kormelia Ninova, along with investigator Rita Sharlandzieva, is being probed for alleged obstruction of justice. Reports in the Bulgarian press said that Ninova had used her close relations with Sharlandzieva to persuade her to help a chief suspect, businessman Krasimir Georgiev, to avoid justice. The businessman was being investigated by Sharlandzieva for money laundering along with the director of Bulgaria's heating utility. So involved are the investigations into corruption in government circles, that Bulgaria's chief prosecutor has asked the European Commission to oversee the operation.

Majority of Dutch do Not Favour EU Enlargement

Only 45 per cent of people in Holland are in favour of a further enlargement of the EU, a report from the Netherlands Central Bureau of Statistics (CBS) shows. While the poll, which was conducted in March, identified 72 per cent of the 1,000 Dutch respondents as saying that Dutch EU membership was a good thing, and 62 per cent saying that Holland benefits from the EU, only 45 per cent want a further enlargement of the Union. This figure has gone down from 58 per cent in 2001, according to the report. The CBS said that the Netherlands public opinion on the EU is in line with that of citizens in other older EU member states, where an average of 45 per cent favour further enlargement. In the new member states 67 per cent want the Union to welcome new countries.

But he also said that the leader's main failure was not to have reconciled the British public with the European project.

"While siding with the United States in the invasion of Iraq was his biggest mistake, it was not his biggest failure in European terms," Watson, also a Briton, told the *AFP News Agency*.

"That was undoubtedly his inability to use his three successive terms in government - as well as the UK presidency of the EU in 2005 - to explain to the British people the purpose and the need for the European Union," Watson added.

Socialists unveil top candidate for Lisbon election



The leadership of Portugal's ruling Socialist Party this week formally appointed Minister of State and Internal Administration, António Costa as its candidate for Lisbon's municipal by-election, the Lusa News Agency reported.

The party's choice of António Costa, the government's No. 2 figure, to run for mayor will oblige Prime Minister José Sócrates to carry out a "surgical" reshuffle of his cabinet, the sources said.

On Monday, Lisbon's civil governor, Maria Adelaide Rocha, set the by-election for July 1 after consultations with the various parties and the independent candidacy of Helena Roseta.

The by-election was triggered by the resignation last week of most of the city's aldermen, depriving City Hall of a quorum. The crisis arose after authorities formally placed Mayor António Carmona Rodrigues, an independent elected on a Social Democratic slate in 2005, under investigation over a shadowy real estate deal, involving the ex-

change of prime downtown properties between City Hall and a private developer.

Carmona Rodrigues has denied the allegations of wrongdoing and declined to step down.

There has been speculation that he might launch an independent bid for re-election.

Meanwhile, Sintra Mayor Fernando Seará has turned an invitation from the PSD Social Democrats to run for Lisbon Mayor, citing personal reasons.

At the time of going to press, it remained unclear who the PSD would announce as their candidate for the July 1 ballot.

Photo right: Lisbon Mayor Carmona Rodrigues during a press conference last week at which he announced his resignation. (Photo: Lusa / Manuel de Almeida)

Portugal's foreign aid among lowest in Europe

A federation of non-governmental organisations last Saturday said the amount of aid given by Portugal to developing countries was among the lowest in Western Europe.

Concord, an umbrella group of aid networks and associations from European Union member states, reported that Portugal, Greece and Italy had donated less than 0.39 per cent of their gross national income (GNI) – a target set by the European Union – to the world's poorest countries in 2006.

However, Portugal was not alone in being on the receiving end of Concord's criticism. Several other Western European countries were said to have inflated the amount they had contributed in development aid.

"Many European governments are exaggerating their progress by inflating their aid figures with debt cancellations, particularly to Iraq and Nigeria," the report said, stipulating that eight billion euros in aid could be accounted for by debt reduction in these two countries alone.

EU figures show that the bloc as a whole donated 0.42 per cent of its GNI in overseas aid last year compared to a target figure of 0.39 per cent.

But these figures were challenged by the Concord report, which pointed out that if "non-aid items are deducted from these figures then the European

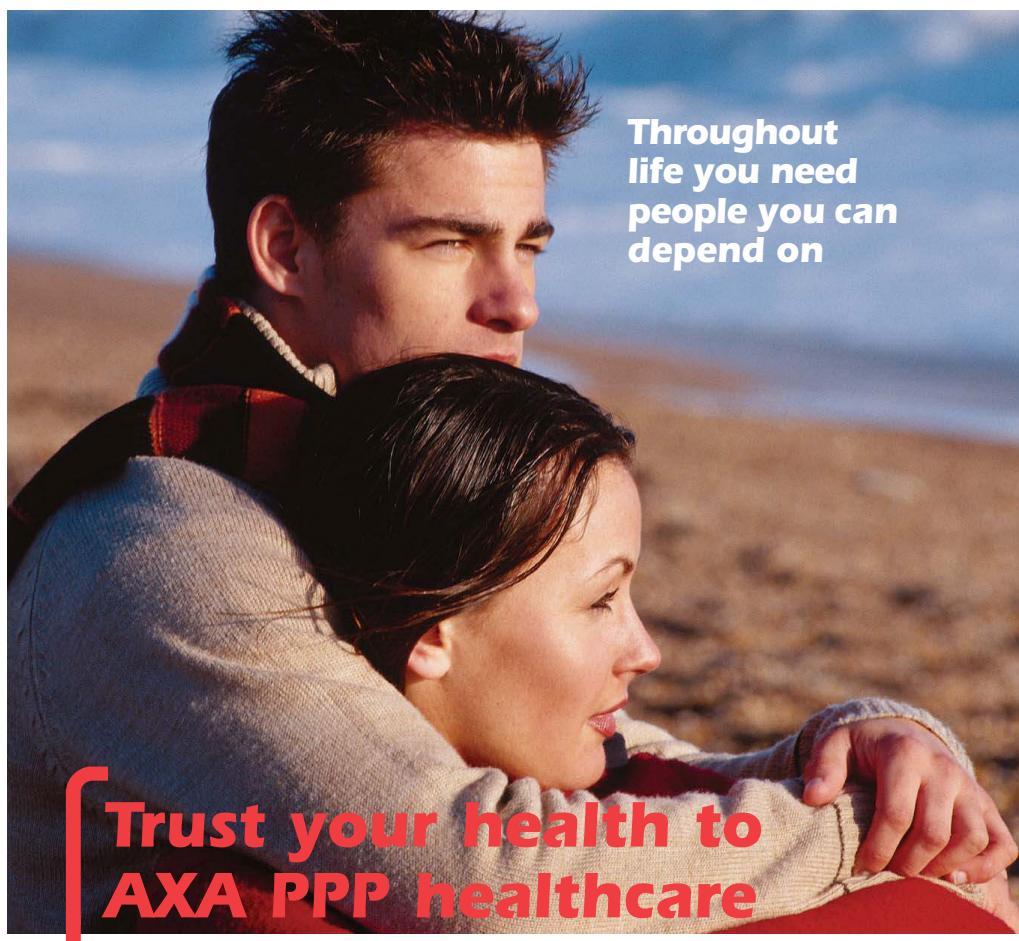
Union is only handing over 0.31 per cent of GNI".

"The worst culprits for inflating their aid figures are the French and Austrian governments," the report said, with more than half of stated overseas development aid consisting of non-aid items such as debt relief. "Our analysis shows that Italy and Germany are guilty of similar practices," the report added.

According to Concord, more than 60 per cent of public development aid between 2001 and 2004 benefited just three countries – Afghanistan, the Democratic Republic of the Congo and Iraq, which together account for three per cent of the population of the world.

"Sub-Saharan Africa is the poorest region in the world, with 70 per cent of people living on less than two dollars a day. If aid were focused on poverty reductions, we would expect an increasing volume of it to go to Sub-Saharan Africa," the report stated.

Official aid figures for Africa rose by 3.2 billion euros from 2004 to 2005 "but this is deceptive," the report continued, adding: "In reality, aid volumes to Africa without debt relief have remained static".



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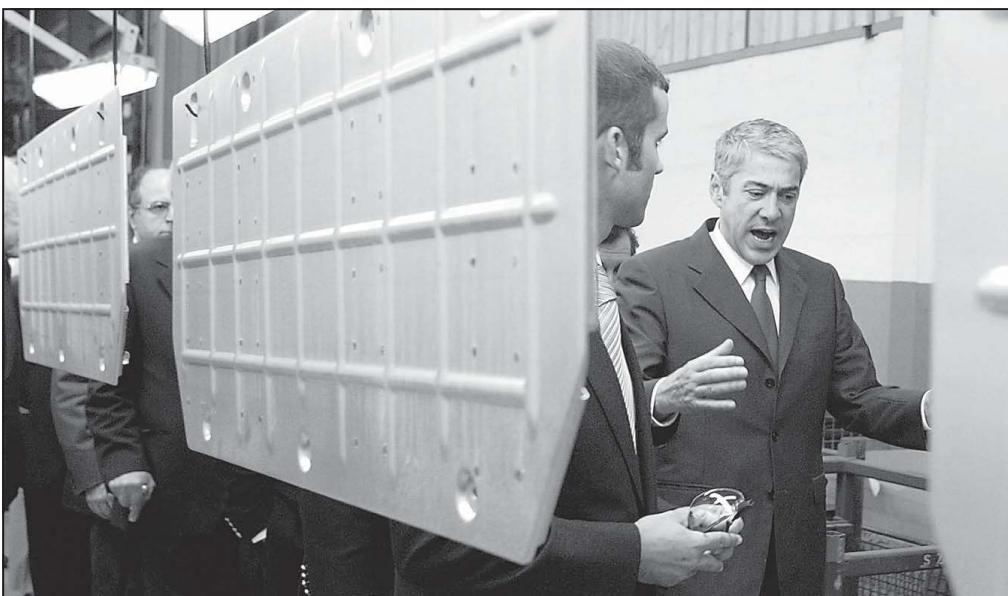
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Prime Minister José Sócrates listens to a commentary during his visit to a car components factory in Carregado on Tuesday (Photo: Lusa / Tiago Petinga)

China car maker studies Portugal factory

Chinese car manufacturer Geely Automobile confirmed this week that it was studying the possibility of setting up a factory in the port city of Sines.

A Chinese delegation will be in Portugal until next week to study the feasibility of opening a factory here.

While the company is report-

edly "very interested" in this venture, Geely representatives stressed that they were a long way off from making any definite decision on the future location of their plant. In 2006, Geely manufactured 140,000 cars.

China is currently the world's second largest automobile maker after the United States.

Used car imports continue to climb

The number of second-hand cars that were brought into Portugal from other European Union member states during the course of 2006 totalled 51,721, which is 8.3 percent up from the previous year's total.

Germany continues to be the favourite hunting ground for Portuguese 'prospector' looking for an inexpensive car.

While the import of second-hand cars climbed last year, new vehicle sales dropped 3.47 percent to a total of 281,272.

In the used car market, Mercedes-Benz, Audi, Volkswagen and BMW, in that order, are the brands preferred by Portuguese bargain-hunters who purchase cars outside of the country.

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Portuguese bank to finance Mozambique dam debt



A banking consortium headed by Portugal's BPI will finance the Mozambican state's repayment of its US\$ 700 million debt to Portugal under an accord to transfer ownership of the massive Cahora Bassa Hydroelectric (HCB) dam from Lisbon to Maputo, according to sources involved in the process and media reports, the Lusa News Agency writes.

An official involved in talks between Maputo and Lisbon on repayment of the remaining US\$ 700m owed by Mozambique to the Portuguese Treasury for the transfer of HCB told Lusa a final deal will be signed in the next few days.

But weekly Maputo newspaper *Savana* has already reported that BPI has been chosen by the Mozambican authorities to lead the group of financial institutions who will repay the HCB debt to Portugal.

Also involved in the process are Standard Bank/Development Bank of Southern Africa (DBSA) and Millennium BCP. Deutsch Bank and BNP Paribas were involved in negotiations to participate in the loan financing, but were not chosen to join the banking syndicate.

Mozambique and Portugal agreed last November that Lis-

bon's 82% controlling stake in HCB would be cut to 15% to give Maputo a controlling shareholding of 85% in the River Zambezi generating plant in the north of the African state.

Under the bilateral HCB deal, Mozambique paid US\$ 250 million upfront and pledged to repay the outstanding US\$ 700 million within a year. Maputo says it will repay the loans contracted to repay the debt from HCB's power revenues.

Separately, Mozambique's EDM electricity utility said Friday that it does not intend to sever power supplies to neighboring Zimbabwe, despite estimated debts of US\$ 55 million owed by Harare for energy from HCB.

EDM's legal adviser, Adelino Muchanga, told Lusa: "Yes, there's a debt, but there's no threat of power supplies being cut".

PT looks to increase share in Cape Verde

The Portugal Telecom group (PT) wants to raise its shareholding in Cape Verde Telecom (CVT) from 40 percent to a controlling 51 percent stake, media reported Monday.

Praia weekly *A Semana* said that the acquisition of CVT by PT was discussed by the archipelago's prime minister, José Maria Neves, during talks last week with his Portuguese counterpart, José Sócrates, in Lis-

bon.

PT has also proposed that CVT merges its mobile and multimedia units, said *A Semana*, and wants the Cape Verde operator to join its Africa PT holding company. *TPN/Lusa*

Portugal continues to boost Angola ties

A Portuguese business delegation representing various sectors arrived Monday in Luanda for talks with officials and contacts with potential Angolan business partners, officials announced.

The visit, organised by the AIP Portuguese Industrial Association, runs until May 20 and involves representatives

from the sectors of porcelain, furniture, IT, advertising, industrial equipment and electronics SK/CJB/AR. *TPN/Lusa*

Portugal wants wider consensus before resolving treaty impasse



Portuguese Prime Minister José Sócrates has advised European Union leaders at a weekend mini-summit that his government, due to take the EU helm from July 1, will only seek to resolve the bloc's constitutional treaty impasse if there is broader consensus on the matter at the end of the current German EU presidency.

Prime Minister Sócrates, invited to a 'brainstorming' meeting with German Chancellor Angela Merkel and European Commission chief José Manuel Barroso, beginning Saturday, in the city of Sintra near the Portuguese capital, will give a clear message to EU leaders that Lisbon's presidency will only continue with current efforts to resolve the stalled constitution if there is a "definite mandate" to do so when Portugal takes over the EU reins, a Lisbon official said.

The German government hopes to present proposals on a revised constitution, widely described as an "institutional treaty", at a summit of EU leaders in late June, days before Lisbon begins its third presidency of the bloc.

Although Portugal is one of the seven EU members not to have ratified the draft constitution, official Lisbon sources told the *Lusa News Agency* that the Portuguese government would "like to preserve as much as possible" of the original document, which was derailed by 'no' votes in national referenda in France and the Netherlands in 2005.



(L-R) Slovenian Prime Minister Janez Jansa, German Chancellor Angela Merkel, European Commission President José Manuel Barroso, Prime Minister José Sócrates and European Parliament President Hans-Gert Poettering, in line during the press conference after the EU meeting in Sintra last weekend. (Photo: EPA/Inácio Rosa)

Portugal gets go-ahead for new innovative health therapies

Under new rules passed by the European Parliament last week, people living in Portugal with diseases such as Parkinson's, Alzheimer's and other degenerative conditions including cancer and heart problems, could well see their lifespan extended beyond measure.

In what has been seen by many health experts as a great step forward, parliament has adopted new legislation on the implementation of cutting-edge medical treatments. However, several members of parliament expressed misgivings over the measures on ethical grounds.

The new regulation provides for a compulsory EU centralised procedure for the authorisation of the marketing of innovative therapies and also for the subsequent monitoring of patients and products. Any EU citizen will now be guaranteed access to gene therapy or related treatments, regardless of what national or local rules allow.

Opposition to the proposal came mainly from German and Italian MEPs and those from eastern Europe, who wanted to exclude treatments considered to be ethically questionable.

Government wants more 'men in the kitchen'

In an attempt to eradicate differences between male and female roles, three EU countries – Germany, Portugal and Slovenia – have committed to promoting the female role in society as well as assigning more household responsibilities to their men. Taking care of children and responsibility for domestic chores are two of the

areas in which these countries will be urging their men to increase their responsibilities.

According to a press release, it is a joint attempt to "eliminate all forms of stereotype relating to men's and women's roles, regarding culture, education, the media, the work market and general tasks, as well as promoting women in society".

Germany has recently held a string of bilateral 'sherpa' meetings with EU states, which have revealed that the UK, Holland, Poland and the Czech Republic

are the most treaty-sceptic members of the 27-nation club. Berlin hopes to have a new treaty in force ahead of European Parliament elections in 2009.

European Commission chief Barroso, a former centre-right prime minister in Portugal, told *Lusa* this week that no formal conclusion would be delivered at the Sintra mini-summit, to which he has also invited Slovenian Prime Minister Janez Jansa, whose country heads the EU from January 1, 2008, and European Parliament speaker Hans-Gert Poettering.

TPN/Lusa

Portugal praised for brokering closer EU ties for Cape Verde



Cape Verde's aspirations of establishing a special partnership with the European Union is a "long and complex process", but Praia can see "the light at the end of the tunnel", Prime Minister José Maria Neves said Friday.

Speaking in Lisbon's Belém Palace after talks with Portuguese President Aníbal Cavaco Silva, Cape Verde's leader said his country was "negotiating an action plan" to gain closer EU ties.

This enhanced status with the 27-state bloc is getting closer, said Neves, praising Portugal's support for his country's diplomatic drive in EU capitals to realise this ambition.

A day earlier, Neves met Portuguese counterpart José Sócrates for talks on bilateral issues and Lisbon's efforts to stage the delayed summit between the European and African Unions in the Portuguese capital later this year.

Neves, whose country is an increasingly popular holiday destination, was also due to attend a Global Travel and Tourism summit during his official visit to Portugal. TPN/Lusa

Portugal praises Timorese election



Portuguese leaders welcomed East Timor's peaceful presidential election and José Ramos Horta's resounding victory on Friday as a "good sign". Lisbon's former Asian territory was returning to normality after a year of violence and political upheaval.

President Cavaco Silva sent Ramos Horta a message, praising the orderly poll as proof of Timorese commitment to the "values of liberty, democracy and tolerance".

The president-elect, Cavaco Silva said Ramos Horta had won an "unequivocal mandate" to continue building a "sovereign and prosperous nation".

He pledged Portugal's and his own "personal engagement" in aiding Dili "overcome the challenges it faces".

From Brussels, European Commission chief José Manuel Durão Barroso, a former Portuguese prime minister, echoed similar sentiments, sending Ramos Horta his "warmest congratulations" and expressing confidence in a "new era" of stability for East Timor.

Luis Fonseca, the Cape Verdean executive-secretary of the Lisbon-headquartered Lusophone CPLP bloc, said in a message that Ramos Horta's commanding win "crowned an exemplary life" of struggle for his country's independence and democratic development.

TPN/Lusa

On Thursday, Portuguese Foreign Minister Luís Amado welcomed the election's outcome, saying it gave Dili "a figure of international prestige at a time when East Timor needs the international community to affirm its democratic development".

"The election campaign ran normally and [Ramos Horta's election] is a good sign of normalisation of East Timor's political life", Amado told journalists in Lisbon.

Diogo Freitas do Amaral, a former foreign minister and president of the UN General Assembly, described Ramos Horta as "an excellent choice" for president, saying his victory could represent "the turning of a page" in restoring stability to the country.

Calling Ramos Horta a "friend", Freitas do Amaral said the Timorese leader's international experience and devotion to "the cause of independence" made him one of the country's "best prepared" persons to serve as head of state.

TPN/Lusa

International walk against hunger



Hundreds of people took part in the International walk against hunger on Sunday, May 13th. (Photo: Inacio Rosa / Lusa)

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THE BRITISH CHARITABLE FUNDS

Public notice is hereby given that the Annual General Meeting of the British Charitable Funds will take place at 6.30p.m. on Wednesday 30th May at the Lisbon Casuals Clubhouse in the grounds of St Julian's School in Carcavelos. The meeting is open to all BCF subscribers as well as to anyone interested in learning more about the work of the Funds.

WHO RUNS THE FUNDS

The British Charitable Funds is run by a committee of eleven British nationals. In accordance with the Rules, HM Consul holds the ex officio position as Honorary Chairman. HM Consul is supported in that role, also in accordance with the Rules, by three ex officio Vice-Chairmen, representing of the Greater Lisbon Chaplaincy, St. Andrews Church of Scotland and the Irish Dominican Fathers. The remaining seven committee members are elected annually at the AGM. Any British national residing within the Lisbon Consular District is welcome to put his/her name forward to serve as a Committee member. Nominations for election should be made known to the Hon Secretary prior to the start of the meeting.

THE PURPOSE OF THE FUNDS

The purpose of the Funds is to give assistance to persons of British nationality, in proven need, who are permanently resident within the Lisbon Consular District which now includes the whole of Mainland Portugal and the islands of Madeira and the Azores.

HOW TO LEARN MORE ABOUT THE BCF

Requests for information about the British Charitable Funds should be addressed in writing to the Hon Secretary, c/o St. Paul's Anglican Church, Av. dos Bombeiros, 1, 2765-202 Estoril.

Although official figures have not yet been confirmed, organisers estimate that more than 10,000 participants took to streets throughout Portugal in an international walk against hunger. Lisbon alone boasted four to five thousand walkers.

It has also been estimated that a total of 100,000 Euros was raised from the Portuguese walk, which, in conjunction with revenue from other countries around the world who also participated in the movement, will suffice to feed some 3,500 children for a year.

Organised by the United Nations' Food Programme, it is thought that over one million people from numerous countries took part in the walk.

In Portugal the initiative was promoted and carried out in Lisbon, Oporto, Coimbra and Angra do Heroísmo (Azores).

Last year a total of two million Euros were raised, 60,000 Euros of which came from Portugal's effort. This year it is hoped that both figures will be far surpassed.

Seven arrested in relation to gambling

Seven individuals, amongst which were an ex-policeman and a 70-year-old, were recently arrested and confirmed suspects in relation to illegally fixing gambling machines located in various establishments throughout the outskirts of Lisbon.

As well as three main suspects, four other suspects, thought to be the proprietors of the establishments where illegal machines were installed, are presently under house arrest and awaiting trial.

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of the force for more than three years.

During the operation, which was carried out between 07h00 last Wednesday morning and 02h00 Thursday morning, police confiscated 25 games machines, various graphic name plates announcing the games, and programming and instruction manuals for the equipment.

Amadora, Sintra and Cacém were the main areas where the illicit machines were being used. It is believed that the machines were bought aboard before being brought to Portugal, where they were then electronically tampered with and altered.

Lisbon City Hall borrows €30 million to pay salaries

A short-term loan in the region of 30 million Euros has been requested by Lisbon City Hall to pay employees' salaries and leave pay.

Banks, Caixa Geral de Depósitos and Banco Bilbao e Vizcaya Argentaria are reported to have approved the loan and will finance up to 15 million Euros each. The municipal assembly also approved the request.

An estimated 11,050 people are presently on the City Hall's payroll. Lisbon Mayor Carmona Rodrigues is presently in the throws of campaigning for impending early elections, caused after dozens of councillors quit their posts.

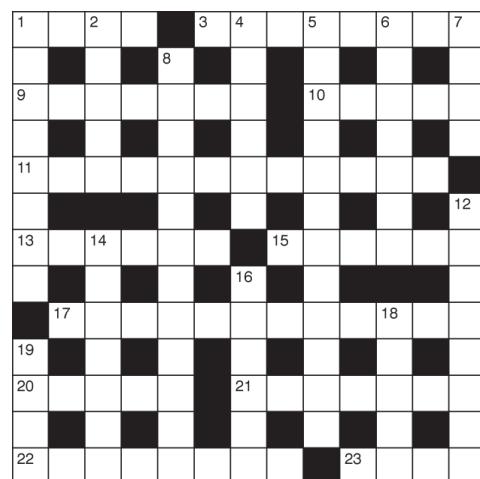
Meanwhile the Mayor continues to carry out his duties. Last week he made a surprise appearance at a farewell dinner

held for high-ranking City Hall employee Lurdes Rabaça, previous City Hall head of Education. Lurdes Rabaça resigned from her prominent job after Social action councillor Sérgio Lipar Pinto (PSD), requested her dismissal.

In front of approximately 400

other employees present at the dinner to pay homage to Lurdes Rabaça, who had been with the City Hall for more than two decades, the Mayor made the unexpected revelation that as he had not signed the official release documentation, Lurdes was in fact, still employed by the City Hall.

The Portugal News Crossword No. 142



Freeport evacuated after bomb threat in Setúbal

Authorities decided to evacuate the problematic Freeport shopping centre after receiving a phone call claiming a bomb had been placed 'in a large commercial area of Setúbal'.

Acting on the presumption this could describe Freeport, and following safety rules, all shoppers were immediately evacuated and a thorough check took place, carried out by the local authorities. A few hours later the centre was reopened with no bomb being found. According to a police statement, the evacuation took

place in a "calm and organised manner", with "the safety of clients, employees and shop owners" being a priority in such situations. A source from Setúbal PSPH.O. reportedly confirmed that the warning was made to the Montijo and Pampilha GNR, as well as the Almada and Barreiro PSP stations.

Considering the tip-off a 'false alarm', Freeport spokespersons later endorsed the centre's evacuation as "correct", claiming that no such allegations should ever be dismissed as a prank.

Americans in Portugal Luncheon

Americans in Portugal held its final luncheon meeting before its summer recess, hosting a program called Table Topics. The four subjects discussed at each of four tables were Health Issues and Remedies, Visas and Licenses (renewals, etc.), Alternative Energy Resources, and Buying and Selling Real Estate in Portugal.

Forty-seven members, friends and guests were served a Spring Buffet at the Cascais Cultural Center Restaurant with more food choices than anyone could remember eating at one sitting. That was before dessert of homemade strawberry ice cream, fresh fruit, pastries, mousse and more. No one left hungry. Gaby Moura, of Kick-Off, who hosted the table on Visas and Licenses.

Dr. Minnie Freudenthal, M.D., led the discussion on Health Issues and Remedies.

Frank Neumann, of the Wave Energy Centre, conducted a lively discussion on Alternative Energy Resources. Martina Lennon, of MAP Imobiliária (Real Estate), in Cascais, answered everyone's questions about Buying and Selling Real Estate in Portugal.

The final Americans in Portugal program will be an early evening picnic and Bar-B-Que, at a date and place to be announced. Watch the AmP website for details at: <http://amportugal.planetaclix.pt> or send an email to ddprice98@hotmail.com. The picnic will be open to Americans, friends and guests of all nationalities.

ACROSS

- 1. Class (4)
- 3. Wood fragment (8)
- 9. Income (7)
- 10. Contagious fear (5)
- 11. Customary (12)
- 13. Give work to (6)
- 15. Dry inflammable matter (6)
- 17. In spite of (12)
- 19. Arrive at (5)
- 20. Welcome loudly (7)
- 21. Salutation (8)
- 22. Repair (4)

DOWN

- 1. Afflicted (8)
- 2. Glossy black bird (5)
- 4. Moderately (6)
- 5. Lack of foresight (12)
- 6. Drinking vessel (7)
- 7. Opulent (4)
- 8. In confidence (5,4,3)
- 12. Taken for granted (8)
- 14. Bishop (7)
- 16. Stress (6)
- 18. Dodge (5)
- 19. Pull (4)

QUICK CROSSWORD SOLUTIONS No. 141

Across: 6 Resound; 7 Handy; 9 Haste; 10 Freedom; 12 Expenditure; 14 Acquiescent; 18 Declare; 19 Reply; 21 Stuff; 22 Collect.

Down: 1 Decay; 2 Vortex; 3 Inn; 4 Talent; 5 Adjourn; 8 Predict; 11 Revelry; 13 Accepts; 15 Uplift; 16 Needle; 17 Pluck; 20 Cow.

Chaos in Calçadão

A 24-year-old Quarteira resident caused chaos in Calçadão yesterday after trying to flee from a GNR brigade by reversing up a one-way street, speeding down another in the opposite direction, and running over a handicapped person in the process.

He was eventually caught by the police approximately one and a half kilometres later.

Despite being issued with a court hearing, the man failed to turn up for his trial.

The incident took place on the Avenida Infante Sagres, in front of Quarteira beach.

Driving a green Fiat Punto, it was confirmed that the man had tried to flee the police check due to the vehicle's lack of insurance and MOT.

Despite running over an invalid in his 50's, no injuries were caused. Besides being charged with illegalities regarding the vehicle, the driver will also be charged with driving without a license and dangerous driving.

Boy scout bus crash injures four

Three children and an adult were seriously injured last weekend after a nine-seater boy scout bus crashed near the Cimpor cement factory, Loulé, on the A22, towards Portimão.

Nine ambulances, belonging to INEM emergency medical services and local firebrigades, as well as two INEM emergency vehicles were called to assist at the accident, which in total left three children (aged between 10 and 12) and an adult seriously injured. The five remaining passengers sustained lesser injuries.

All of the injured were immediately transported to Faro hospital.

The cause of the accident has not as yet been determined.



Three children were seriously injured after a nine-seater bus crashed on the Via do Infante motorway. (Photo:Lusa)

Child airlifted to Lisbon after being hit by a car



An 11-year-old boy was rushed to Lisbon's Santa Maria Hospital by an emergency INEM medical service helicopter after he was knocked down by a car last weekend at the Cardosas tunnel in Portimão.

At 13h08, Portimão INEM services received a call from firemen who had been called to the

scene, summoning their Medical Emergency and Resuscitation Unit. Reports state that the boy,

who was unconscious after the impact, suffered serious brain trauma.

He was originally rushed to the Portimão Barlavento Hospital where he was stabilised for emergency air evacuation.

The child arrived in Lisbon at 16h45, though no statements regarding his condition have been released since.

Albufeira officer injured in bar fight



An Albufeira police officer was injured and three people arrested as the result of a fight which broke out in one of the region's bars.

According to a police statement, two officers had been called out to calm down heated arguments that occurred in the establishment.

The statement also revealed

that upon their arrival, the officers had crates of beer thrown at them, which left one with minor injuries.

Three individuals were arrested and sentenced this week.

Taxi muggers caught in Albufeira



Two men, both in their early twenties, were detained by Albufeira PJ police on the suspicion of twice holding up taxi drivers with dangerous weapons.

Their modus operandi reportedly consisted in one of the men calling a taxi, and requesting to be taken to a destination which would be somewhere on the outskirts.

Upon arriving, the back seat passenger would pull out a gun, whilst the waiting second suspect would approach the driver from the exterior and threaten him, a

large knife.

The two, 21 and 23 years of age, would then make off with any cash that the driver had in his possession.

A police report further confirms that a vehicle, a pistol, a knife, two mobile phones and the cloths used in the hold ups were also seized.

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Portimão F1 powerboat race



Pictured above is US pilot, Scott Gilman, celebrates after winning the Portugal Grand Prix F1 Powerboat race which was held this weekend, May 12th and 13th on the Arade river, in Portimão. (Photo: Luis Forra / Lusa)

Fake fag bust at Faro airport

Some 30,000 counterfeit cigarettes along with 800 cigars were seized by DGAIEC customs officials at Faro airport on Monday after searching the luggage of a passenger considered to be 'of risk'.

Twenty-nine thousand counterfeit cigarettes of various well-known brands and 800 fake Muratti

cigars were seized from four suitcases belonging to the passenger who was inbound from the Ukraine.

According to a press release from the Ministry of Finance and Public Administration, under whom DGAIEC operate, the passenger held a Portuguese residency

permit, is originally from Kiev, and had recently passed through Zurich and Lisbon.

If the passenger had successfully introduced the illegal merchandise into Portugal, therefore evading tax deductions, it would have been worth something in the region of €4,000.

Faro's old flour factory to be cleaned up

Faro's charismatic old flour factory, known as the 'Moagem' factory, has for years been occupied by the homeless and drug addicts. This week, leading health and safety organisations have, in collaboration with police forces, implemented measures to clear the factory of its notorious dwellers.

Faro city hall, the civil governor's office, and public safety police (PSP) squads are involved in clearing and guarding the area to ensure the safety of those who work in the vicinity.

PSP officers guard the degraded cereal factory's entrance to prevent occupants from entering its confines.

Once a reference of industrial architecture, during the civil war the Moagem factory supplied Spain with ground cereal, though it has been closed since 1980. It then became a place of refuge for the homeless, drug addicts, and other problematic members of society.

Located in the centre of Faro by the train station, local inhabitants have long been placing complaints to the authorities about the dangers associated to its occupants, as well as its degraded appearance.

Things came to a head when police were told by an unidentified source that local school children were also hanging round the area.

Police detain teen criminals

Two 13-year-olds were recently arrested by GNR officers after conducting an armed hold-up in an Albufeira carpark at 2 am in the morning.

According to police reports the underage assailants, who were assisted by a third 15-year-old and used firearms that were 'suppos-

edly real', made off with a mobile phone, an MP3 player and €25.

They also used a stolen vehicle, which was later found by the GNR. A further eight vehicles, all stolen last week and some of which had not yet even been reported as missing by the owners, were also recovered.

su | do | ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it.

There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

5	8		1	3
9	4	8		5
				7
			9	1 6
1	2		7	3
4	6	2		
	7			
6		7	9	1
4	6		8	7

Last weeks solution:

3	2	5	8	4	6	9	7	1
6	8	4	9	7	1	2	5	3
1	9	7	3	5	2	8	4	6
7	4	9	5	2	3	1	6	8
8	3	1	7	6	9	4	2	5
5	6	2	4	1	8	7	3	9
4	1	6	2	9	5	3	8	7
2	5	3	1	8	7	6	9	4
9	7	8	6	3	4	5	1	2

WESTERN ALGARVE

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This session will enable you to step back and see how your world actually is today and address who and what is significant to you. It will help you to identify any areas that may be causing you stress and discover the changes necessary for you to live the life of your choice and reach your full potential in both your business and personal life.

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Ligar para 282 405 400

Por favor informar a PJ que pretende receber a recompensa que o jornal *The Portugal News* oferece desde que seja provado que a mesma levou ao resgate em segurança de Madeleine.



**THE PORTUGAL
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Algarve charities benefit

Second Charity Fund weekend at Parque da Floresta raises in excess of €55,000 for local Algarve charities

Owners, guests and Vigia employers joined Parque da Floresta's Charity Committee last weekend to help raise funds for local Algarve charities. The 2nd of the annual charity events was sponsored primarily by Baptista Supermarket and raised in excess of €55,000.

Every last cent gathered throughout the weekend is donated to charity. This year's beneficiaries include Lagos Orphanage, NECI, Cancer Research and Vila do Bispo Bombeiros.

viable score of 89. Sunday concluded the event with a Texas Scramble in which Parque da Floresta owners, the Whittaker's, with help from pal Bob Kelly, prevailed.

The star auction lot consisted of 10 days in a luxurious ocean-front villa on Mexico's magnificent Pacific Coast which also included five days' use of a skippered sports-fisherman boat. It was auctioned off for the fantastic sum of €12,000. A seven night stay for two at the exclusive Humber Val-

Restaurante O Celeiro, Restaurante O Tiago, Pebble Pools, Meridien Hotels, Pestana, Pinheiros Altos, Praia del Rey Golf, Quinta de Peru, Riba Golfe, San Lorenzo Dom Filipe, Sol Mate, Super Bock, The Pigs Head Pub-Burgau, Tivoli Hotels, Tranquilidade, Vigia Group, Vila Sol and Winkworth Estates.

Also thank you to the following individuals: Richard Stead, Paul Robinson, Richard Thomas, John and Marjorie Elliott, Rosalind Hodges and Lynette Whittaker.

Also thank you to the following individuals: Richard Stead, Paul Robinson, Richard Thomas, John and Marjorie Elliott, Rosalind Hodges and Lynette Whittaker.

Tony Nevison from Lagos Orphanage is delighted with the money raised. He said: "We applaud Parque da Floresta's initiative and the huge generosity of those who have helped raise these vital funds."

The weekend began on Saturday 5th May when the main competition was an Am-Am followed by a prize-giving dinner and auction in the evening. The Parque's Golf Director Alan Hodson's team triumphed in 1st place with an en-

ley Golf Resort in Newfoundland, Canada collected €3,500.

Parque da Floresta wants to send a big thank you to all the local businesses that kindly donated funds by sponsoring a hole or donating a prize. These included Atlântico Restaurant - Salema, Baptista Supermarket, Banco Espírito Santo, Boavista Golf, Caixa Crédito Agrícola, Gardeur, HiperGolf, Luz Doc, Million Dollar Hole In One, Monte Rei, Monte Velho, Morgado Golf,

Parque da Floresta is the Vigia Group's flagship, luxury resort development in the Western Algarve. The Group also owns and operates a further resort in the Alentejo.

Alan Hodson, Golf Director for Parque da Floresta said: "It is vital for The Vigia Group and all of us here at Parque da Floresta to continue supporting the local community, local charities and those of us less fortunate than ourselves."

Parque da Floresta is the Vigia Group's flagship, luxury resort development in the Western Algarve. The Group also owns and operates a further resort in the Alentejo.

In 'Safe Hands' at Parque da Floresta

Once again, former England goalkeeper David Seaman MBE, is teaming up with the award-winning Parque da Floresta Golf and Leisure Resort in the Western Algarve, for the sixth David Seaman Safe Hands Charity Golf Classic.

The event, which takes place from the 14th-17th June 2007, will see stars from the world of stage, screen and sport come together to grace the fairways of Parque da Floresta in aid of this year's beneficiary - The Cystic Fibrosis Trust. Charity funds from this annual event has so far raised over half a million pounds!

The four-day programme includes a two-day golf competition, where 22 teams of three players plus a celebrity, compete over 18 holes (per day) on the magnificent Par 71, 5,712 metre Parque da Floresta golf course. The competitions will begin at 10h30 on Friday and 09h30 on Saturday and spectators are invited to watch the celebrities and their teams play the course.

Celebrities who have confirmed their attendance this year include last year's winner Kriss Akabusi, Football legend Glenn Hoddle, GMTV and Xtra Factor presenter Ben Shephard and actor and comedian Bradley Walsh will also be supporting the event.

David Seaman has been supporting the Cystic Fibrosis Trust ever since he was introduced to a young sufferer whose dream was to be a professional footballer. Since then he has been a regular supporter and attends many CF events.

David became an official patron for the charity in 2005 and has been overwhelmed by the bravery and determination of the CF sufferers he has met along the way, many of whom have become friends.

Seaman said, "I am delighted to host this event to raise funds for the Cystic Fibrosis Trust so that they can continue funding research to improve the symptoms of CF and to find an effective treatment and ultimately, a cure."

The Cystic Fibrosis Trust is the

UK's only national charity dedicated to all aspects of the disease from funding research, to information advice and support to families living with Cystic Fibrosis. It also aims to ensure appropriate health care for everyone diagnosed.

Parque da Floresta Golf & Leisure Resort is set in the Western Algarve, amongst rolling hills, golden beaches, timeless fishing villages and unspoilt countryside. Bordering the Costa Vicentina

ter time. As one of the most picturesque golf courses in Europe, with spectacular panoramic views, the resort will make the perfect backdrop to such an illustrious event.

Seaman said, "Parque da Floresta is the perfect venue for the David Seaman Safe Hands Charity Golf Classic. It's a great place to stay, the weather here is fantastic and the challenging course really separates the men from the boys!"



David Seaman

National Park, luxurious villas and charming village houses surround the centrepiece of the resort, an imaginatively designed golf course.

With no two holes remotely similar the course offers a challenge even for the most competent of golfer yet with a charm that tempts golfers back time af-

ter time. As one of the most picturesque golf courses in Europe, with spectacular panoramic views, the resort will make the perfect backdrop to such an illustrious event.

For further information about the David Seaman Safe Hands Classic contact: UK - Louise Brown on: 00 44 (0) 870 850 3436 or e-mail: safehands@teamfrith.com

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Golf competition in aid of Algarve cancer patients

Following the success of the first Associação Oncológica charity event which took place at Quinta do Lago on the 17th December, and raised €800, Tony Bennett, one of the most responsible persons for a fund raising series of golf events to benefit the AOA, is happy to report that António A. Pires and Ana Paula Galhardo, on behalf of Benamor Golf Club in Tavira, have kindly donated the golf course for another event.

The 'Silver Line' charity golf competition, which is being played on Sunday 20th May, from 7.30 am, is in aid of the Associação Oncológica do Algarve (AOA), and is being played to raise funds for the 'Casa das Dunas' project. The objective of the project is to provide overnight accommodation for cancer patients undergoing radiotherapy treatment in Faro.

Green fees are €40, and all funds raised will contribute to the building of a hostel, on land which

the Câmara have already donated.

If you would like to get involved in this event or if your company would like to support an event in this series, please contact Tony Bennett on (+351) 932 524 253 or e-mail: scoringzone@gmail.com.

For further information on how to participate, please contact Quinta do Benamor golf reception on 281 320 880.

Remember all proceeds raised from this series will go directly to the charity.

Spring in the air at the International Algarve Fair



Following the build-up to last weekend's International Algarve Fair, the event itself effortlessly delivered all that it had promised. Beautiful sunny weather added to the general happy buzz, which steadily grew throughout the day to culminate in a full-on frenzy as the star entertainer took to the stage for the nightly show.

All the hard work and effort on behalf of both stand-holders and organisers paid off as people streamed through the gates, anxious to see what lay beyond, many even making their way to the FATACIL fair grounds long before the gates were due to open.

It was planned to the minute and as the exhibitors put finishing touches to their stalls, the gates opened and the fun began.

On Saturday the attendance was approximately 1,800, whilst Sunday saw 2,700 visitors browse around the fair-grounds.

This year's fair boasted an exotic mix of products and services, from organic foods to Norwegian and Surinamese cuisine, la-

dies fashion to water purifiers, handmade jewellery and cards to financial advisors and beauty therapists.

Portimão *Bombeiros'* brass band performed a spectacularly grand opening, making their way through the grounds before leading those who joined the procession to a quite place dedicated to missing Madeleine McCann. At this point 'Happy Birthday' was symbolically sung in Portuguese to commemorate Madeleine's fourth birthday, May 12th. Major news channels, including Sky News and BBC included footage of this little ceremony in their coverage that day.

Sunday was significantly busier than Saturday, possibly due to the intensive coverage of

Madeleine's fourth birthday from Luz, which may have left people feeling 'uncomfortable' about attending a recreational event on that day.

Exhibitors reported good sales and the steady flow of people was constant over both days, confirmed by the satisfied comments of the stand holders.

Pleasingly, many exhibitors have already contacted the event's organisers to book for September's Fair (Saturday 29th and Sunday 30th), as well as offer comments and many good ideas that have been taken on board.

However, the true jewel in the crown was the evening's entertainment, a night of power-filled rock and roll, with turns from the Pink Cadillacs, as well as the one and only 'King' – Portugal's best Elvis impersonator, João Lino.

People came from far and wide to be at the evening's shows, whether to be in the VIP area, or in one of the many restaurants located in the main entertainment arena.

It wasn't long before rock lovers were on their feet and dancing away to the catchy tunes, warming up in the chill of night.

In true Elvis style, the crowd went wild as João Lino made his appearance who, in likeness to the real 'King', now has a solid following of adoring fans of his very own.

In comments to *The Portugal News* exhibitors once again praised the excellent organisation and, despite falling short of higher expectations attendance-wise, were on the whole, thoroughly satisfied.

Alison Ribeiro of PDM Travel said: "We've had an excellent time at the fair. So many visitors have become new members of our travel club and we always had a busy stand – possibly due to our sangria!"

'Merrylegs' dog hotel and care centre were also swept off their feet, but that may have been to do with their beautiful puppies, who drew hoards of visitors, swooning over the animals, three of which were successfully (and very happily) re-homed!



Beautiful sunny weather added to the happy buzz that filled the International Algarve Fair last weekend. Here Circo Pequeno are painting the children's faces.

Alan Franck's south-African meat-kitchen was a huge hit, his barbecued boerewors being one of the fair's most sought after snacks.

HC Spas, who held their first exhibition in Portugal at the International Algarve Fair said, "We did excellent business and we expect more, as a result of the Fair."

"The organization and support were superb, much better than we have in the UK. It was fantastic what you did," said Kevin Williams.

HC Spas will be returning to Lagoa for the upcoming September fair, for which all of the arena's restaurants have already booked.

Visitors and exhibitors have put forward many constructive ideas for September and, as a result, a new area for handicrafts, artists and other genres of arts and crafts will be featured, along with more entertainment and games for young and old alike.

So as the weekend drew to an end and tired workers took down their stands and headed home, a feeling of contentedness settled upon FATACIL, which will once again be filled with fun and foreigners next September.



On Saturday the attendance was approximately 1,800 people, whilst Sunday saw 2,700 visitors.



Exhibitors reported good sales and the steady flow of people was constant over both days.



People came from far and wide to be at the evening's shows, whether to be in the VIP area, or in one of the many restaurants in the arena

The entertainment in the fair's arena kept everyone happy with a variety of shows throughout the day, including a childrens fashion show (picture left).



Portimão *Bombeiros'* brass band performed a spectacularly grand opening.



In true Elvis style, the crowd went wild as João Lino made his appearance on stage. Hardly anyone could resist dancing as the 'King' sang the night away.



Fair go-ers enjoyed the relaxed surroundings.

We're all going on a healthy holiday!



"Remember when you're abroad, the sun's strength can increase substantially so you need to choose a much higher SPF level."

According to new research by Tesco, in the UK, six out of every 10 Brits will be ill on holiday this year. As the summer approaches, we ask the experts how to avoid ailments like sunburn and tricky tummies, and what to do if we become unwell while we are away.

There's nothing worse than spending a fortune on your well deserved summer holiday, only to be struck down with an illness. Unfortunately, it's not that unusual - a colossal six out of 10 Brits will be unwell while they are away this year, according to new research by Tesco.

Whether it's headaches, insect bites, sunburn, diarrhoea or heat

rash, summer holiday ailments can make you feel miserable. Here, experts from the Tesco Health Council tell us how to deal with the problems so we can get on with enjoying our break.

BEFORE YOU GO Make sure you purchase travel insurance before you go anywhere abroad so you are covered if you become unwell. If you're in Eu-

rope, a European Health Insurance Card will also ensure you get the same medical treatment as a local. If you're just travelling to the Mediterranean for your summer break, you won't need to have any jabs, but if you're going slightly further afield see your GP or practice nurse at least six months before you are due to go.

One of the first things you should pack in your suitcase for your holidays is a first aid kit, according to Penny Beck, superintendent pharmacist at Tesco. "There's nothing worse than feeling terrible and trying to make yourself understood in a foreign

language," she says. "While everyone has different requirements, my top five recommended items to include in a holiday first aid kit would be some anti-diarrhoea tablets and rehydration sachets, painkillers, an insect repellent and anti-histamines, along with heartburn and indigestion remedies."

TRAVEL SICKNESS Ever been stuck in a car, boat or plane and started feeling queasy? Travel sickness is a very common problem, particularly in kids. Symptoms include feeling sick, dizzy and suffering from headaches, and occur because the brain is receiving mixed messages from your eyes and the balance mechanisms in your ears.

There are ways of preventing it though. "Have a small snack before you leave home as this will help to keep the stomach settled," Beck says. "When travelling, drink regularly (but avoid fizzy drinks) and don't read. "Sitting in the front seat of the car will help - having a good view of the road

in front helps the brain understand the movement sensed by the body. The middle seat in the back of a car also works well. "On a

boat, sit on the top deck and face the direction of travel, looking out at the horizon. On a plane, try and get a seat over the wings.



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A mosquito sucking blood.

Sucking on a sweet during take off and landing can also help ease the pressure on the ears."

SUNBURN The best way to avoid a nasty case of sunburn - and those unsightly white strap marks - is to use the right sun-screen for your skin, avoiding being out in the sun in the middle of the day and ensure you never fall asleep under the rays. You should apply lotion at least half an hour before you go outside, but how do you know what factor to get for you and your family?

"As a general rule, if you normally stay out in the sun for five minutes in the UK before your skin starts to turn pink, an SPF of 15 could offer 75 minutes (15 x 5 minutes) before your skin would start to burn," explains Dr Joe Walls, a plastic surgeon, who specialises in the effect of sun on the skin.

"At this point, putting on more SPF15 won't give you any further protection, nor will it stop you burning. If you stay out

in the sun for longer, you must increase the SPF level of your sun protection. "Remember when you're abroad, the sun's strength can increase substantially so you need to choose a much higher SPF level than you would normally use in the UK."

If you do burn, there are ways to relieve it. Have a cold shower and apply lots of soothing aftersun lotion, drink plenty of water and make sure you don't go out in the sun again until the redness has gone.

PRICKLY HEAT If you've ever suffered from prickly heat, a red skin rash that causes a prickling or burning sensation, you'll know how uncomfortable it can be. It happens when sweat glands are blocked by dead skin cells and bacteria, so when your body tries to cool you down by perspiring, it becomes trapped, causing the itchy rash and sometimes even blisters, usually under the arms and around the waist.

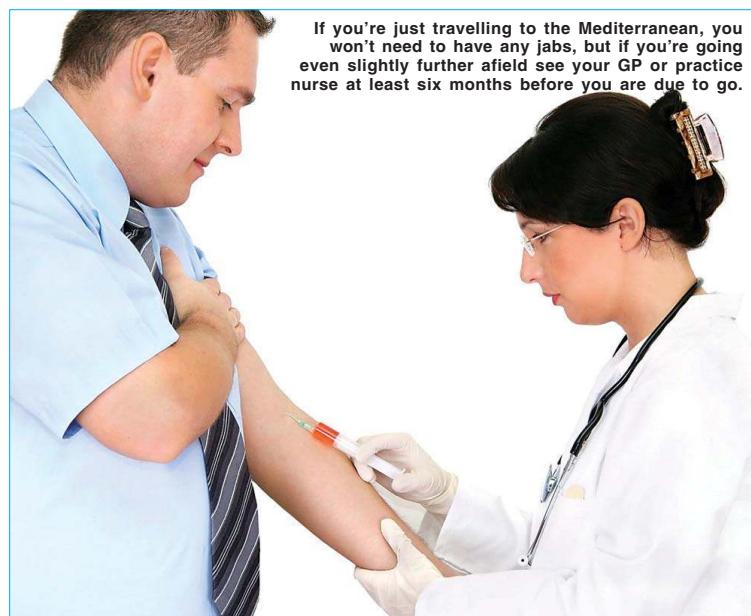
"Put on loose cotton clothing,

keep the room temperature cool, have cool baths and try using aqueous calamine cream," Walls recommends. He says many people get the condition muddled up with polymorphic light eruption, a reaction to the sun, because it causes very similar symptoms.

"Significantly though, it appears on sun-exposed skin, unlike prickly heat," he explains. "Typical sites are chest, face, legs and arms. Staying out of the sun will prevent PLE, as will using a high protection sunscreen and sun protective clothing."

INSECT BITES Getting bitten on holiday can be an annoyance - all that scratching might ruin your tan! But in some countries, there can be more serious consequences, such as malaria, dengue fever or Lyme disease. To avoid being bitten, cover yourself in insect repellent when you're outside, particularly from dusk until dawn in malarious areas, and try to wear clothing that covers your arms and legs.

"You should also avoid wasp and bee stings - 1% of people living in the UK have a life-threatening allergy to them," says Dr Ron Behrens from the London School of Hygiene and Tropical Medicine. "If stung, it can trigger a potentially fatal allergic reaction, including breathing problems and an extreme drop in blood pressure." If this occurs you



If you're just travelling to the Mediterranean, you won't need to have any jabs, but if you're going even slightly further afield see your GP or practice nurse at least six months before you are due to go.



hands before eating, choosing food that has been cooked from fresh and is served piping hot, avoiding dairy products, shellfish and food left uncovered, and drinking bottled water instead of from the tap. However, if you do become a victim, make sure you drink plenty of water and take an anti-diarrhoea product. "If you have a fever, blood loss or are vomiting continuously with your diarrhoea, you should see a doctor," Behrens says.

.. The basic Tesco First Aid Kit (pictured opposite) costs £4.99/€7.29.

Gemma Quade

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6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Great British Menu. (R) (T) 12.00 BBC News; Weather. (T) 12.10 Take on the Takeaway. (T) 12.40 Match of the Day Live: FA Cup Final. Chelsea v Manchester United (Kick-off 3.00pm). Subsequent programmes are subject to change. (T)

5.30 BBC News; Regional News; Weather. (T) 5.50 Just for Laughs. A paramedic becomes hysterical, people struggle to hold their drinks and an unusual massage chair causes a stir. (T)

6.20 The People's Quiz. Jamie Theakston hosts as 10 contestants compete in the studio, with the winning participant battling it out with one of the remaining nine for a place in the grand final. (T)

7.15 Doctor Who. The Doctor and Martha face a desperate race against time to save the crew of a spaceship that is on course to hit the sun. The pair have only 42 minutes to prevent a collision - and their task is made even more difficult by crew members who have been possessed by a mysterious force and a gang of saboteurs. Former EastEnders actress Michelle Collins and ex-Hollywood star Elize du Toit appear alongside David Tennant and Freema Agyeman. (T)

8.00 The National Lottery Draws. The balls are set rolling as the results of the Thunderball, Dream Number and Lotto draws are revealed. (T)

8.10 Any Dream Will Do? Graham Norton presides over the search for a new Joseph. The remaining six would-be stars take the stage, aiming to impress the judges and win viewers' votes. Results can be seen at 10pm. (T)

9.10 Casualty. An accident victim matching Sam's description is found trapped at a crash site, prompting Greg to mount a daring rescue attempt. Selena and Maggie treat an obnoxious lorry driver. (T)

10.00 Any Dream Will Do? Graham Norton and Andrew Lloyd Webber return to reveal who will be the seventh contestant to leave the competition. (T)

10.30 BBC News; Weather; (T) National Lottery Update.

10.50 Match of the Day. Chelsea v Manchester United. Gary Lineker presents highlights of the FA Cup final, as the new Wembley Stadium hosts the prestigious match. This is the Red Devils' third appearance at this stage in the last four seasons and they are looking to get their name on the trophy for a record 12th time. Commentary by John Motson and Mark Lawsonson. (T)

11.40 FILM: Iron Eagle (1986). Action adventure, with Louis Gossett Jr; (T) Weatherview.

1.35 Friday Night with Jonathan Ross. (R) (T) 2.35 BBC News 24. (T)



6.00 CBeebies: Teletubbies. (R) (T) 6.30 Balamory; (R) (T) CBeebies Birthdays. (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Batfink. (R) (T) 7.10 Arthur. (R) (T) 7.35 Watch My Chop. (R) (T) 8.00 Mona the Vampire; (R) (T) Bernard. (R) (T) 8.30 The Story of Tracy Beaker. (R) (T) 9.00 Hider in the House. (T) 10.00 Beat the Boss. (R) (T) 10.30 Gina's Laughing Gear. (R) (T) 11.00 The Story of Tracy Beaker. (R) (T) 11.25 What's New Scooby-Doo? (R) (T) 11.45 Sportsround. (T) 12.00 See Hear. (T) 12.30 Coast. (T) 12.40 Animal Park. (R) (T) 1.40 FILM: Mrs Miniver (1942). World War Two drama, starring Greer Garson. (T) (bw) 3.50 FILM: The Entertainer (1960). John Osborne's classic drama, starring Laurence Olivier. (T) (bw) 5.30 FILM: Ice Station Zebra (1968). Arctic adventure, starring Rock Hudson. (T) 7.50 The Culture Show. On the eve of the summer festival season, Wayne Coyne of the Flaming Lips talks about the band's live performances, and Mark Kermode discusses the surprising return of skiffle music. (T) 8.40 Portridge. The inmates are shocked to discover there's a thief in their midst, so Fletcher decides to stage a mock trial to bring the culprit to justice. (R) (T) 9.10 Seven Ages of Rock. New series. Julian Rhind-Tutt chronicles the history of rock music, beginning by exploring how the likes of Jimi Hendrix, Bob Dylan and the Beatles revolutionised the genre in the 1960s. (T) 10.10 Have I Got a Bit More News for You. (T) 10.50 FILM: The Boys from Brazil (1978). Tense thriller, starring Laurence Olivier. (T) 12.50 The Culture Show. (R) 1.40 FILM: Foreign Moon (1995). Drama, with Vicky Chen. 3.10 Close.

5.55 Inuk. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.55 T4: Musicool. (R) (T) 9.55 T4: Friends. (R) (T) 10.25 T4: Popworld. (T) 11.15 T4: Friends. (R) (T) 11.50 T4: Friends. (R) (T) 12.25 T4: Shipwrecked 2007: The Hutman Diaries. (R) (T) 12.55 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 2.00 Channel 4 Racing from Newbury and Newmarket. Including the 2.45 Juddmonte Lockinge Stakes (1m). (T) 4.20 Location, Location, Location. (R) (T) 4.55 Deal or No Deal Classic. (R) (T) 5.40 Monarchy by David Starkey. (R) (T) 6.40 Channel 4 News. (T) 7.05 Battle for the Holy Land: Jerusalem. Paddy Ashdown analyses the historical, religious and political claims to the sacred city and considers its future status. The former leader of the Liberal Democrats talks to Palestinians and Israelis about their concerns over issues including land, human rights and the long-term safety of the Israeli public. He then meets senior political figures on both sides, before proposing a series of steps that could lay the foundations for peace in Jerusalem. (T) 9.10 FILM: Pitch Black (2000). A space-craft crashes, stranding a motley band of survivors on a barren planet populated only by deadly nocturnal aliens. Taut sci-fi horror, starring Vin Diesel and Radek Mitchell. (T) 11.10 FILM: Jason X (2001). Sci-fi horror sequel, starring Lexa Doig. (T) 12.50 4Music Presents: Maroon 5. (T) 1.25 FILM: Walking Life (2001). Offbeat drama, starring Ethan Hawke. (T) 3.15 FILM: A Ma Sœur (2001). French thriller, starring Roxane Mesquida. 4.40 Strange Little Girls. (R) (T) 5.00 3 Minute Wonder. (A) (R) (T) 5.05 Countdown. (R) (T) 6.00 Sunrise. 6.55 Milkshake! The Milkshake! Show. (R) (T) 7.20 Mist: Sheepdog Tales. (T) 7.35 Rupert Bear. (T) 7.45 Make Way for Noddy. (R) (T) 7.55 Say It with Noddy. (R) (T) 8.00 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.10 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.30 The Book of Pooh. (R) (T) 9.00 Ebb and Flo. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowertots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Fifth Gear. (R) (T) 11.00 Rattlesnakes of the West: Austin Stevens' Adventures. (R) (T) 12.00 FILM: Columbo: Lovely But Lethal (1973). Detective drama, starring Peter Falk. (T) 1.35 FILM: Casablanca (1942). Classic tearjerker, starring Humphrey Bogart and Ingrid Bergman. (T) (bw) 3.35 FILM: Jack London's Call of the Wild (2000). Adventure, starring Nick Mancuso. (T) 5.25 FILM: Imaginary Crimes (1995). Drama, starring Harvey Keitel. (T) 7.15 Cricket on five. England v West Indies. (T) 8.00 five news and sport. (T) 8.20 NCIS. Ducky is called in to identify the pieces of three bodies - and realises they include the corpses of a sheriff and prosecutor who worked with him on a rape case 10 years previously. (R) (T) 9.10 CSI: NY. A woman is found dead in a bath full of water and rose petals. Neighbours report hearing two pops which could have been gunshots, but there is no evidence of a shooting. (T) 10.10 Law & Order. (T) 11.10 Grey's Anatomy. (R) (T) 12.10 Grey's Anatomy. Richard interrogates the interns. Late in series. (R) (T) 1.10 Quiz Call. 5.35 Wildlife SOS. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Horrid Henry. 9.35 Grizzly Tales for Gruesome Kids. (R) (T) 9.50 Jungle Run. (R) (T) 10.20 King Arthur's Disasters. (R) (T) 10.50 My Parents Are Aliens. (R) (T) 11.20 Drake & Josh. (R) (T) 11.50 American Idol. (T) 1.50 ITV News and Weather. (T) 2.00 London Today; Weather. (T) 2.05 The Planet's Funniest Animals. 2.35 FILM: Death on the Nile (1978). Star-studded mystery, with Peter Ustinov. (T)

5.15 Creature Comforts. Animals discuss the food they scavenge from people's dustbins, including an arthritic seagull trying to get into a packet of crisps. Aardman animation, by Nick Park. (T)

5.25 London Tonight; Weather. (T)

5.40 ITV News and Sport; Weather. (T)

5.55 The Very Best of You've Been Framed! Highlights of the clip show. (R) (T)

6.55 Vernon Kay's Gameshow Marathon. The host recreates Eighties favourite Bullseye, challenging semi-finalists

Graeme Le Saux, Michael Le Vell and Andrea Catherwood to step up to the oche and test their dartsing skill. (T)

8.00 Grease Is the Word: Live. Zoe Ball presents the search to find a couple to play Danny and Sandy in a new West

End production of Grease. The five remaining couples perform again, each hoping their routine will earn them enough

viewers' votes to avoid the sing-off at the end of the programme. The two least

popular pairs will perform a Grease classic for judges David Ian, Brian Friedman, David Gest and Sinita before learning who has reached the end of the road. (T)

9.30 Who Wants to Be a Millionaire? More contestants take the hotseat and have a go at answering 15 questions in the hope of winning the life-changing cash prize. Presenter Chris Tarrant invites the hopefuls to take advantage of life-lines Ask the Audience, Phone a Friend and 50-50 if they get stuck. (T)

10.30 Parkinson. Actor Stephen Fry chats to the veteran broadcaster about his role in drama series Kingdom, and comedian Joanne Rivers discusses judging the Miss Great Britain competition. Singer-songwriter George Michael shares his feelings about being the first artist to perform at the newly re-built Wembley Stadium and performs one of his hits. Plus, music by Scissor Sisters. (T)

11.35ITV News and Weather; Weather. (T) 12.00 Make Your Play; ITV News Headlines. 3.50 Don't Move, Improve. (R) (T) 4.30 Don't Move, Improve. (R) (T) 5.00 ITV Nightscreen.

RTP1
0700 Brinca Comigo 0900 Ecoman 1000 O Ultimo Leopardo 1100 Descobrir Portugal 1200 A Minha Sogra é um Bruxa 1230 Destinos.Pt 1300 News 1415 Top+ 2100 A Voz do Cidadão 2115 Dança Comigo 2315 The Júor, film 0130 NHA Fala, film

RTP2
0645 Weather 0700 Euronews 0730 Africa 7 Days 0800 News 0900 University 1200 Vida po Vida 1230 Câmara Clara 1330 Bombordo 1400 Parlament 1500 Sport 1900 Couto & Coutadas 1930 Geração Cientista 2000 Hi Hi Puffy Ami Yumi 2030 Kulto 2100 Vidas 2150 Loto Draw 2200 News

SIC
0700 Children TV 0900 Disney Kids 1100 Uma Aventura 1200 Our World 1300 News 1400 Extase 1500 Ugly Betty 1700 Film TBA 2000 News 2130 Desoreverbus 2215 Página da Vida 0000 Film TBA

TVI
0700 Children TV 1000 O Banho Dos Quatro 1130 DeLuxe 1300 News 1400 Heroes 1600 Film TBA 1800 Film TBA 2000 News 0045 Witness, film

BBC3
7.00 Radio 1's Big Weekend 8.00 Doctor Who Confidential 8.45 Top Gear 9.45 Little Britain 10.15 Gavin and Stacey 10.45 Gavin and Stacey 11.15 Radio 1's Big Weekend 12.45 Two Pints of Lager and a Packet of Crisps 1.15 Two Pints of Lager and a Packet of Crisps 1.45 Rob Brydon's Annual Renewable 2.15 Gavin and Stacey 2.45 Gavin and Stacey 3.15 Two Pints of Lager and a Packet of Crisps 3.45 Two Pints of Lager and a Packet of Crisps 4.15 Close

BBC4
7.00 Meetings with Remarkable Trees 7.10 Europe: A Natural History 8.00 Nation on Film Special: Caribbean Cricket 8.30 Film: The Maltese Falcon PG (1941) 10.10 Film: Jimi Hendrix (1973) 11.50 The Old Grey Whistle Test Story 12.30 Nation on Film Special: Caribbean Cricket 4.00 Close

ITV2
2.35 Holiday Showdown 3.35 Holidays Undercover 4.35 Holiday Airport: Lanzarote 5.35 Who Wants to Be a Millionaire? 6.35 Smallville 7.35 Nanny 9.11 8.30 Filthy Homes from Hell 9.30 Greased Lightnin' Results 10.30 Film: Men in Black PG (1997) 12.25 Grease Is the Word: Live 2.05 Make Your Play: ITV Play 3.40 Emmerdale 6.00 Close

Sky One
1.00 Stargate Atlantis 2.00

7.05 Miss Lettie and Me U (2002) 8.50 Diggity's Treasure PG (2001) 10.35 Madison 15 (2001) 12.25 Classics Close Up 12.55 Crash 15 (2004) With Brendan Fraser. 2.55 Miss Lettie and Me U (2002) With Mary Tyler Moore. 4.35 Diggity's Treasure PG (2001)

With Andrew McCarthy. 6.15 Madison 15 (2001) With James Caviezel. 8.00 Crash 15 (2004) With Brendan Fraser. 10.00 The Edge 15 (1997) With Anthony Hopkins. 12.00 Courage Under Fire 15 (1996) With Meg Ryan. 2.00 The Boxer 15 (1997) With Daniel Day-Lewis. 4.05 Diggity's Treasure PG (2001)

Sky Movies Comedy

6.55 Comedy Close Up 7.25 A Young Connecticut Yankee in King Arthur's Court PG (1994) 9.10 Fletch PG (1985) 10.55 The Man 12 (2002) 12.35 A Young Connecticut Yankee in King Arthur's Court PG (1994) With Philippe Ross. 2.15 Man of the House 12 (2005) With Tommy Lee Jones. 4.00 The Producers 12 (2005) With Nathan Lane 6.15 Fletch PG (1985) With Chevy Chase. 8.00 Man of the House 12 (2005) With Tommy Lee Jones. 10.00 The Man 12 (2005) With Eugene Levy. 11.45 Team America: World

(R)-repeat programme;

(T)-programme with teletext subtitles;

(S)-programme broadcast in stereo;

(bw)-black and white.

6.00 Live Test Cricket. Bangladesh v India. 9.00 Soccer AM 12.00 Live Football League. Blackpool v Oldham Athletic (Kick-off 12.00pm). 2.00 Live FA Cup Final. Chelsea v Manchester United (Kick-off 3.00pm). 5.30 Football League 6.30 Champions League Weekly 7.00 Live Spanish Football. A double bill of La Liga matches. 11.00 FA Cup Final 11.30 Football League 12.30 FA Cup Final 1.00 Spanish Football 3.00 Football League 4.00 FA Cup Final 4.30 Champions League Weekly 5.00 Live Test Cricket. Bangladesh v India.

6.00 World Sport 6.30 Test Cricket 8.00 Live Rugby Union. Coverage of the Super 14 final. 10.30 Live Test Cricket. England v West Indies. 7.00 Live Super League. Warrington Wolves v Harlequins (Kick-off 7.30pm). 9.30 America's Cup Sailing 10.30 Test Cricket 12.30 Rugby Union 2.30 Live Big Fight Special. Jermain Taylor v Cory Spinks. 5.00 World Sport 5.30 FA Cup Final

6.00 Aerobics Oz Style 6.30 Champions League Weekly 7.00 Power 1.00 Royal World 1.30 Live America's Cup Sailing. The fifth day of the Louis Vuitton Cup semi-finals. 4.00 World Sport 4.30 WVE: Bottom Line 5.30 Live American Rugby Union. Clemont-Auvergne v Bath (Kick-off 5.30pm). 8.00 Live Rugby Union. Ireland v Canada (Kick-off 8.00pm). 10.00 Golf Night 12.30 Super League 2.00 Tennis 4.30 Super League

6.00 America's Cup Sailing 7.00 NBA Basketball 9.00 Live Test Cricket. Bangladesh v India. 12.00 Max Power 1.00 Royal World 1.30 Live America's Cup Sailing. The fifth day of the Louis Vuitton Cup semi-finals. 4.00 World Sport 4.30 WVE: Bottom Line 5.30 Live American Rugby Union. Clemont-Auvergne v Bath (Kick-off 5.30pm). 8.00 Live Rugby Union. Ireland v Canada (Kick-off 8.00pm). 10.00 Golf Night 12.30 Super League 2.00 Tennis 4.30 Super League

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cookies, e-mail accounts, in fact leave your system just as before, but faster and better.

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6.00 Breakfast. (T) 9.00 Sunday AM; (T) BBC News. (T) 10.00 Heaven & Earth with Gloria Hunniford. (T) 11.00 Countryfile. (T) 12.00 The Politics Show. (T) 1.00 Last of the Summer Wine. (R) (T) 2.00 'Allo 'Allo! (R) (T) 2.25 Murder, She Wrote. (R) (T) 3.10 EastEnders. (T)

5.05 Points of View. With Jeremy Vine. (T)

5.25 Songs of Praise. Sally Magnusson explores how a boom in computer games has left Dundee's best known export Dennis the Menace in the shade. Music from St Paul's Cathedral includes Ye Servants of God. (T)

6.00 Castaway. Danny Wallace joins the islanders to reveal who will be eliminated next in the run-up to the grand final. (T) 6.35 RHS Chelsea Flower Show 2007. New series. Preview of the horticultural event. (T)

7.35 BBC News; Regional News; Weather. (T)

8.00 The British Academy Television Awards.

Graham Norton hosts the star-studded ceremony from the London Palladium, where both established performers and newcomers to the small-screen will be recognised for their achievements. Jim Broadbent competes with Andy Serkis, John Simm and Michael Sheen for the title of Best Actor, while Victoria Wood battles it out with Anne-Marie Duff, Samantha Morton and Ruth Wilson for the Best Actress award. Ten-time nominee Paul Merton faces competition from Ant and Dec, Jonathan Ross and Stephen Fry to win the Best Entertainment Performance accolade, and Emmerdale, nominated for the first time in six years, takes on Coronation Street, EastEnders and Casualty in the Continuing Drama category. (T)

10.00 BBC News; Weather. (T)

10.20 Medium. New series. Part one of two. An old flame of Allison's turns up out of the blue, but doesn't realise he is dead. After learning of his demise, he decides to remain in her house - much to the chagrin of Joe. Meanwhile, Detective Scanlon investigates the shooting of a family. Paranormal drama, starring Patricia Arquette. (T)

11.00 Seven Ages of Rock. Julian Rhind-Tutt chronicles the history of rock music, beginning by exploring how the likes of Jimi Hendrix, Bob Dylan and the Beatles revolutionised the genre in the 1960s. (R) (T)

12.00 FILM: Magic (1978). Psychological chiller, starring Anthony Hopkins; (T) Weatherview. 1.50 Sign Zone: Holy City. (R) (T) 2.50 Sign Zone: Antiques Roadshow. (R) (T) 3.40 Sign Zone: To Buy or Not to Buy. (R) (T) 4.10 BBC News 24. (T)



Pick of the Day

The British Academy Television Awards (BBC1, 8pm)

In February, a host of movie-making stars descended on London's Royal Opera House to find out who'd won the Bafta film awards for 2007. Now it's the turn of the small screen to enter the spotlight as the British Academy celebrates outstanding TV achievements. Presenting the evening's back-slapping event will be Graham Norton, while the London Palladium will be full to the brim of top talent. Those vying for the Best Actor trophy are Longford stars Jim Broadbent and Andy Serkis, John Simm (Life On Mars) and Michael Sheen (Kenneth Williams' Fantabulosa!). Their female counterparts are Victoria Wood (Housewife, 49), Anne-Marie Duff (The Queen's Queen), Longford's Samantha Morton and newcomer Ruth Wilson (Jane Eyre). Hot favourite to win Best Factual Series is Stephen Fry: The Secret Life of a Manic Depressive. He's also up for Best Entertainment Performance in QI, while The Catherine Tate Show takes on rib-cracking heavyweight Little Britain Abroad for the Best Comedy Programme or Series. The final run of Life On Mars may have been one of the most popular shows of this year, but will it walk off with Best Drama Series, or lose out to the likes of Sugar Rush, Shameless or The Street? And will Ricky Gervais and Stephen Merchant walk off with more gongs for Extras? There's only one way to find out as those talents, and assorted others are revealed by some of showbusiness's greatest talents.

BBC2

6.00 CBeebies: Teletubbies. (R) (T) 6.30 Balamory; (R) (T) CBeebies Birthdays. (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Bafflink. (R) (T) 7.10 Legend of the Dragon. (R) (T) 7.30 Smile. Fun-packed magazine, with Barney Harwood. (T) 10.00 Something for the Weekend. (T) 11.30 Inside Sport. Sunday edition of the weekly sports show, presented by Gabby Logan. (T) 12.30 MotoGP. Live coverage of the French Grand Prix. (T) 2.15 North West 200. (T) 4.00 Athletics. Live coverage of the Great Manchester Run. (T) 5.30 Big Cat Diary. Family Histories. (R) (T) 6.00 Dive Caribbean: Coral Reef. (T) 6.10 Natural World. (R) (T) 7.00 Cooking in the Danger Zone. Writer Stefan Gates discovers how people feed themselves in war-torn areas. He visits a refugee camp in Uganda reliant on UN rations and samples Afghanistan's culinary offerings. (T) 8.00 Best of Top Gear. Contentious and humorous snippets from the motoring magazine. With Jeremy Clarkson, Richard Hammond and James May. (T) 9.00 Tribe. Bruce Parry travels to Ethiopia's Omo Valley to live with the indigenous tribes, beginning with the Nyangatom people who indent him into their warrior caste. (R) (T) 10.00 Graham Norton Uncut. With Joan Collins and Jason Donovan. (T) 10.45 Roman's Empire. (R) (T) 11.15 FILM: Anywhere But Here (1999). Comedy drama, starring Susan Sarandon. (T) 1.05 FILM: G.M.T Greenwich Mean Time (1998). Drama, starring Steve John Shepherd. (T) 2.55 Close.

C4

5.50 Inuk. (R) (T) 6.05 The Hoobs. (R) (T) 6.30 Transworld Sport. (T) 7.25 The British Premier League Tennis Tournament. 8.20 New Shoots: Films from Disabled Directors. (T) 8.50 T4: Popworld. (R) (T) 9.40 T4: Hollyoaks. (T) 12.15 T4: Shipwrecked 2007: The Huttam Diaries. (T) 12.50 T4: 4Music Presents: Maroon 5. (R) (T) 1.20 T4: Pussycat Dolls Present: The Search for the Next Doll. (T) 2.20 T4: Ugly Betty. (R) (T) 3.20 FILM: Carry On Jack (1964). Navy comedy, starring Kenneth Williams. (T) 5.00 Deal or No Deal. (T) 5.45 Scrapheap Challenge. (T) 6.45 Shipwrecked 2007: Battle of the Islands. (T) 7.45 Channel 4 News. (T) 8.00 Wife Swap. The One That Hit the Headlines. The doting partner of a millionaire trades places with a wife who cherishes country life, but when the rule change is enforced the swap breaks down and turns into front-page news. (T) 9.00 Lenny Henry's Perfect Night In. Comedian Lenny Henry picks the TV and movie moments he believes would make an ideal night's viewing. Including clips from John Wayne films, Prime Suspect and Batman. Last in series. (T) 10.15 FILM: High Anxiety (1977). Hitchcock spoof, starring Mel Brooks. (T) 12.50 4Music Presents: Good Charlotte. (R) (T) 1.25 Get Your Act Together with Harvey Goldsmith. (R) (T) 2.25 Battle for the Holy Land: Jerusalem. (R) (T) 4.25 Antony Gormley: Making Space. (R) (T) 5.25 Countdown. (R) (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.20 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 The Milkshake! Show. (R) (T) 7.15 Mist Sheepdog Tales. (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 7.55 Say It with Noddy. (R) (T) 8.00 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.15 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.30 The Book of Pooh. (R) (T) 9.00 Ebb and Flo. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowertots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Property Developing Abroad. (R) (T) 11.00 Build a New Life in the Country. (R) (T) 12.00 Nice House, Shame About the Garden. (R) (T) 12.30 Dream Holiday Home. (R) (T) 12.45 Russell Grant's Postcards. (R) (T) 12.55 five news update. (T) 1.00 FILM: Wild Heritage (1958). Western, with Will Rogers Jr. (T) 2.25 FILM: King Solomon's Mines (1950). Adventure, starring Stewart Granger. (T) 4.20 FILM: That Darn Cat (1997). Disney comedy remake, starring Christina Ricci. (T) 6.00 Everybody Hates Chris. (T) 6.30 Everybody Hates Chris. (T) 7.00 five news and sport. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas presents action from the fourth day of the First Test at Lord's, where the teams continue the four-match series. (T) 8.00 Celebrities Without Slap. Unflattering photos of the stars; (R) (T) 8.00 five news at 9. (T) 9.00 FILM: White Chicks (2004). Premiere. Two black, male FBI agents set out to foil a kidnapping - by posing as white teenage girls. Comedy, starring brothers Shawn and Marlon Wayans. (T) 11.15 Disorderly Conduct. (T) 12.15 ITU Triathlon. 1.00 Major League Baseball. 4.20 Boxing: Fight of the Week. 5.10 Major League Soccer.

LOCAL

Best of the Rest

RTP1

0700 Brincar Brincar 0900 O Homem dos Leões 0930 Extreme Jobs 1000 Eucarista Dominicana 1100 Criar um Urso Negro Bébê 1200 A Minha Sogra é uma Bruxa 1230 Contra-Informação 1300 News 1415 Só Visto 1515 Prison Break 1600 1615 Rush Hour 2 1800 Greys Anatomy 2000 Mews 2130 Gato Fedorento 2330 Dreamcatcher, film

RTP2

0645 Meteorology 0700 Euronews 0830 África@global 0900 Caminhos 0930 70x7 1000 Nós

1100 Da Terra Ao Mar 1130 Consigna 1230 Olhar o Mundo

1300 Discovery Hour 1345 Vidas

1445 A Voz do Cidadão 1500 Sport 1900 A Revolta dos Pastéis de Nata 2000 Teem Titans 2030 Futurama 2100 Bombarde 2130 A Alma e a Gente 2200 News 2230 Diga lá Excelência 2315 Britcom 0000 Onda 0115 Christmas Concert from Bethlehem 0215 Desporto 0615 Euronews

SIC

0645 Sic Kids 0830 Floribela 1000

Fátima 1300 News 1400 Film

TBA 1645 Film TBA 1900 CS1 Las

Vegas 2000 News 2115 Film TBA

2345 Hora H 0030 CSI Miami

0130 Film TBA 2345 Hora H 0030

CSI Miami 0130 Desperate

Measures 0330 O Bairro da Fonte

TVI

0645 Children's TV 0900 Disney

Kids 1100 Uma Aventura

Perigosa 1200 BBC Wild Life

1300 News 1345 Film TBA 1530

Film TBA 1830 Film TBA 1830

News 2115 Bela e o Monstro

0130 The Maldonado Miracle, film

BBC3

7.00 Castaway Exposed 7.30 Radio 1's Big Weekend 8.00 Doctor Who 8.45 Doctor Who Confidential 9.00 Gavin and Stacey 9.30 Lucy: The Teenage Transsexual 10.30 Two Pints of Lager and a Packet of Crisps 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Radio 1's Big Weekend 12.25 Gavin and Stacey 1.00 Two Pints of Lager and a Packet of Crisps 1.30 The Panic Room 2.55 Lucy: The Teenage Transsexual 3.55 Close

BBC4

7.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 8.00 Edwin Lutyens: Master Architect 9.00 Ian Hislop's Scouting for Boys 10.00 The 1970s: Edwardian Resurrection 10.30 How to Be Edwardian 11.30 Ian Hislop's Scouting for Boys 12.30 The Edwardians in Colour: The Wonderful World of Albert Kahn 1.30 The 1970s: Edwardian Resurrection 2.00 Ian Hislop's Scouting for Boys 3.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 4.00 Close

ITV2

1.30 Film: Men in Black PG (1997) 3.25 Coronation Street 5.50 Vernon Kay's Gameshow Marathon 7.00 American Idol 8.00 American Idol 9.00 Supernatural 10.00 Generation Xcess 11.00 Film: A Few Good Men 15 (1992) 1.40 Coronation Street 2.10 Glitterball: ITV Play 4.00 Teleshopping 6.00 Close

Sky One

2.45 They Died with Their Boots

On U (1942) The Disney Channel

Kids' programmes from 7am, except: 4.00 Film: Twitches (2005) Fantasy adventure, starring Tia and Tamara Mowry.

MOVIES

Sky Movies Drama

6.00 Miracle on the 17th Green U (1999) 7.35 Gideon PG (1999) 9.20 The Story of an African Farm PG (2004) 11.05 Big Spender PG (2003) With Casper Van Dien, 12.45 Miracle on the 17th Green U (1999) With Robert Urich, 2.20 Finding Neverland PG (2004) With Johnny Depp, 4.05 The Story of an African Farm PG (2004) With Richard E. Grant, 5.50 Big Spender PG (2003) With Casper Van Dien, 7.31 Drama Close Up 8.00 Finding Neverland PG (2004) With Johnny Depp, 20.45 The Monkey King 9.00

SS Doomtrooper (2006) 10.35 Diplomatic Siege 15 (1999) 12.15 The Escapist 15 (2001) With Jonny Lee Miller, 1.50

The Monkey King 4.40 The Fourth Angel 15 (2001) With Jeremy Irons, 6.25 SS

Doomtrooper (2006) With Corin Nemec, 8.00 Diplomatic

Siege 15 (1999) With Tom Cletis Tout 15 (2001) 5.25 The Air Up There PG (1994)

Sky Movies Action

6.00 The Monkey King 9.00 SS Doomtrooper (2006) 10.35 Diplomatic Siege 15 (1999) 12.15 The Escapist 15 (2001) With Jonny Lee Miller, 1.50 The Monkey King 4.40 The Fourth Angel 15 (2001) With Jeremy Irons, 6.25 SS Doomtrooper (2006) With Corin Nemec, 8.00 Diplomatic Siege 15 (1999) With Tom Cletis Tout 15 (2001) 5.25 The Air Up There PG (1994)

SS - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 CITV: Art Attack. (T) 9.45 Mr Bean: The Animated Series. (R) 10.00 Feodor. (R) (T) 10.05 Pocoyo. (T) 10.15 Jim and Sunny. (T) 10.30 Jim and Sunny. (T) 10.45 Curious George. (T) 11.00 Jim and Sunny. (T) 11.30 All Grown Up! (T) 12.00 Planet Sketch. (T) 12.15 FILM: One of Our Dinosaurs Is Missing (1975). Disney family comedy, starring Peter Ustinov. (T) 1.15 ITV News and Weather. (T) 1.30 London Today; Weather. (T) 2.00 My Big Fat Property Fortune. (R) (T) 3.00 British Superbike Championship. Live coverage from Snetterton. (T) 4.30 Rosemary & Thyme. (R) (T)

6.00 The Way We Were. The nostalgic documentary continues with a look at the motorbike-mad lads of the 1960s, youth clubs in the 1940s and the story of early boy band the Snobs. Plus, the teenagers of Norfolk who did their bit for the kids. Bernard Cribbins narrates. (T)

6.25 London Tonight; Weather. (T)

6.40 ITV News and Weather. (T)

7.00 Emmerdale. Bob returns to the village and begs Vicki to take him back, while Jo makes Andy an appointment with a divorce lawyer. Anna and Marlon are upset by news about Lith's children. (T)

7.30 Coronation Street. Deirdre visits Ken to tell him how much he still means to her - but he wants to make a new start with Daniel. Liam tries to get to the bottom of Leanne and Paul's mutual dislike. (T)

8.00 Heartbeat. A man angrily accuses his neighbour when his dog dies from poisoning, but his refusal to co-operate with the police lands him in prison where a tragedy occurs. Richard Todd guests. (T)

9.00 Kingdom. Lyle helps horse trainer Herb Griffiths lease a field for his prize racer Market Mischief, but finds his loyalties are tested when a group of travellers take up residence and are then accused of stealing the racehorse. Peter has been instructed by Mrs Collins to file for divorce from her cross-dressing husband, but the optimistic solicitor believes a reconciliation is possible with his intervention. Hill returns to seek payment on Simon's debt. Robert Bathurst guests. (T)

10.00 ITV News and Weather. (T)

10.15 This Is David Gest. David and new girlfriend Malandra Burrows discuss their relationship and plans for a large family. He later joins forces with former Busted member James Bourne to write a pop song. (T)

11.00 Real Families. The inspirational story of Henrietta Spink and her quest to build a better life for disabled sons Henry and Freddie. Forced out of their home, they embark on an extraordinary journey around the world in search of a medical miracle. (T)

12.00 Motorsport UK. (T) 12.30 Glitterball; ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

SPORT

Sky Sports 1

6.00 Live Test Cricket. Bangladesh v India. Coverage continues on

Sky Sports Xtra. 9.00 Jimmy Hill's

Sunday Supplement. 10.30 Live Test Cricket. England v West Indies.

7.00 Champions League Weekly. 7.30 Live Spanish Football.

A La Liga match. 10.00 Conference Football. 12.00 Spanish Football.

2.00 Big Fight Special 4.00 Close

Sky Sports 2

6.00 Rally World 6.30 Test Cricket

8.30 Rugby Union 10.30 FA Cup

Final 11.00 Big Fight Special 1.00

Live Tennis. The ATP Hamburg Masters final. 2.00 Live European Cup Final. Leicester Tigers v London Wasps (Kick-off 2.30pm).

Coverage of the ATP Hamburg Masters final is available on the interactive service. 5.00 Tennis

7.00 Big Fight Special 9.00 Test Cricket 11.00 European Rugby

Union 12.00 America's Cup Sailing

1.00 Test Cricket 3.00 European

Rugby Union 4.00 America's Cup Sailing 5.00 Live Test Cricket. Bangladesh v India. 12.30 Close

Sky Sports Xtra

6.00 Aerobics Oz Style 6.30 FA

Cup Final 7.00 Spanish Football

8.30 FA Cup Final 9.00 Live Test

Cricket. Bangladesh v India. 12.00

World Sport 12.30 Cycling 1.30

Live European Cup Sailing. The

sixth day of the Louis Vuitton Cup

semi-finals. 4.00 Seafarmer Sailing

4.30 Rally World 5.00 WVE:

Experience 6.00 World Motor Sport

8.30 Live NBA Basketball. Action

from the NBA. 11.00 British

Superbikes 2.30 Golf Night

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⁽¹⁾ Screen not included. IVA not included

⁽²⁾ Installation costs £40 per hour and is not available in every area.

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6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer. (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Cast in the Attic. (T) 12.30 RHS Chelsea Flower Show 2007. (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News: Weather. (T) 3.25 CBBC: Pitt & Kantrop. (R) (T) 3.50 The Likeaballs. (R) (T) 4.00 Prank Patrol. (R) (T) 4.30 Smart. (R) (T) 5.00 Beat the Boss. (T) 5.25 Newsround. (T)

5.35 Neighbours. Elle's plan to break up Oliver and Cammella fails. (R) (T)

6.00 BBC News: Weather. (T)

6.30 Regional News Programmes: Weather. (T)

7.00 RHS Chelsea Flower Show 2007. Alan Titchmarsh tours the floral event and meets some of the world's leading designers and plant experts. Meanwhile, the Tardis makes a special appearance at the show. Continues on BBC2. (T)

8.00 EastEnders. Traumatic events following the crash give Ian and Phil the incentive they need to end their feud. Naomi is concerned as May seems intent on self-destruction and Mickey is tempted to take his first job as Michael of Walford. Honey and Billy count their blessings and make a decision about their unborn baby. (T)

8.30 Panorama. Paul Kenyon investigates claims of long term health problems caused by wireless computer networks. A technological advancement which has caused a revolution in the communications industry, WiFi is used in 71% of secondary, and 41% of primary, schools and the systems now completely cover 12 British cities. Jeremy Vine presents. (T)

9.00 New Tricks. The team reopen a 20-year-old case when a camera and film belonging to a photographic lab assistant murdered in 1987 are found in a Soho pub toilet. New evidence leads the detectives into the dark underside of the modelling world and to the door of a professional footballer. Meanwhile, Brian's erratic behaviour takes an alarming turn and Gerry is less than happy when his daughter Emily (played by Dennis Waterman's real-life daughter Hannah) joins the team and looks to Sandra as a role model. (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News: Weather. (T)

10.35 Not Going Out. Lee feels stressed after agreeing to give Kate driving lessons, so she suggests he tries yoga to calm his nerves. Comedy, starring Lee Mack. (R) (T)

11.05 Inside Sport. Weekly show presented by Gabby Logan, with guest journalists Steve Bunce and Tony Livesey, featuring interviews and reaction to all the latest headlines. (T)

11.45 FILM: James Dean (2001). Biopic, starring James Franco; (T) Springwatch Weatherview.

1.20 Sign Zone: Superstorm. (R) (T) 2.20 Sign Zone: It's Not Easy Being Green. (R) (T) 2.50 Sign Zone: Demolition. (R) (T) 3.20 Sign Zone: To Buy or Not to Buy. (R) (T) 3.50 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers. (R) (T) 6.30 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsround. (T) 7.30 Get 100. (T) 8.00 The Story of Tracy Beaker. (R) (T) 8.15 Krypto the Superdog. (T) 8.30 CBeebies: Take a Bow. (T) 8.35 The Koala Brothers. (T) 8.45 Come Outside; (R) (T) CBeebies: Birthdays. (T) 9.00 Boogie Beebles. (T) 9.15 Pingu. (R) 9.25 Me Too! (R) (T) 9.45 Something Special. (R) (T) 10.00 Postman Pat. (T) 10.15 The Roly Mo Show. (R) (T) 10.30 Schools: Pathways of Belief. (T) 10.45 Pathways of Belief. (T) 11.00 Hands Up! (T) 11.15 Hands Up! (T) 11.30 Hands Up! (T) 11.45 Hands Up! (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: Watch. (T) 1.15 Something Special. (T) 1.30 Animal Park. (T) 2.00 Living in the Sun. (R) (T) 3.00 Escape to the Country. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Eggheads. (T) 6.30 Great British Menu. (T) 7.00 York Minster. Summer brings many challenges for the team. (R) (T) 7.30 Search for Polar Bears. Catching up with two female bears. (R) (T) 8.00 RHS Chelsea Flower Show 2007. This year's medal contenders. (T) 9.00 Power to the People. The fight to gain better treatment for ex-servicemen. (T) 10.00 Ruddy Hell! It's Harry and Paul. Comedy sketch show, featuring the comedy duo. Last in series. (R) (T) 10.30 Newsnight. (T) 11.20 Rostropovich - A Life Remembered. (T) 12.10 Balderdash & Piffle. (R) (T) 12.40 BBC News 24. 2.00 BBC Learning Zone. (T)

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 9.00 Frasier. (R) (T) 9.30 16 for a Day. (R) (T) I've Got This Friend. (R) (T) 11.00 Sex, Lies and Soaps. (R) (T) 11.30 Ysgolion; (T) 3 Minute Wonder: In Search of the Morning Glory. (R) (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: Home Fronts. (R) (T) 12.35 3 Minute Wonder: Made in India. (R) (T) 12.40 A Place Down Under. (R) (T) 1.10 A Place Down Under. (R) (T) 1.40 FILM: The Incident (1990). Courtroom drama, starring Walter Matthau. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Home Fronts. A group of boys go in search of pizza along the West Bank. (T) 8.00 Battle for the Holy Land: Love Thy Neighbour. Rod Liddle tours the West Bank. (T) 9.00 Cutting Edge: Meet the Au Pairs - Part One. Part one of two. The rise of live-in child care. (T) 10.00 ER. Luka treats a man with a failing heart as his father, who suffers from Alzheimer's, looks on helplessly. Gates deals with a difficult situation at home. Stacy Keach guests. (T) 11.05 Desperate Virgins. (T) 12.05 Sex and the City. (R) (T) 12.45 Sex and the City. (R) (T) 1.15 Six Feet Under. (R) (T) 2.20 Transmission. (R) 3.20 Mama Lou. (R) (T) 3.25 Unreported World. (R) (T) 3.55 3 Minute Wonder: Made in India. (R) (T) 4.00 Channel 4 Education. (R) (T)

FIVE

6.00 Milkshake! The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (T) 7.30 Rupert Bear. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 What Makes Me Happy. (R) (T) 8.50 Mio Mao. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 FILM: Jane Doe: Vanishing Act (2005). Premiere. Mystery, starring Leah Thompson. (T) 3.20 five news update. (T) 3.30 FILM: Perry Mason: The Case of the Scandalous Scoundrel (1987). Mystery, with Raymond Burr. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Joey. (R) (T) 7.00 five news. (T) 7.15 Cricket on five. England v West Indies. Marita Nicholas presents action from the final day of the First Test at Lord's, where the opening game of the four-match series comes to a close; (T) 7.15 five news update. 8.00 Fifth Gear. Patrick McGuinness begins motorcycle lessons; (T) 8.00 five news at 9.00. Paul Merton in China. New series. A tour of the country. (T) 10.00 Prison Break. The brothers attempt to blackmail the President. (T) 11.00 FILM: Breakfast of Champions (1999). Comedy, starring Bruce Willis. (T) 1.00 NASCAR. 1.55 US PGA Golf. 2.35 NHL Ice Hockey. 5.10 French Football - Le Championnat.

LOCAL

Best of the Rest

RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Los Ricos Tambien Lloran 1505 Portugal no Coração 1715 Lingo 1800 Portugal em Directo 1915 O Preço Certo 1955 Direito de Antena 2000 News 2100 Notas Soltas 2130 Um Contra Todos 0115 Bonnie and Clyde, film

RTP2

0730 Zig Zag, cartoons 1330 The OC 1545 Fire Within 1645 A Minha Família e Outros Animais 1800 Pica 1830 A Fés dos Homens 1945 Zig Zag 2015 Pica 2045 Smi Amor 2115 A Alma e a gente 2145 A Hora da Sorte 2200 News 2230 Perto de Casa 2300 Mundos

SIC

0645 Sic Kids 0230 Fliribella 1000 Fátima 1300 News 1415 O Profeta 1515 Contacto 1715 Floribela 1915 Pé Na Jaca 2000 News 2115 Páginas da Vida 2315 Jura 0015 Conspiracy, film 0300 Bang Bang 0345 Olhar de Serpente

TVI

0700 Diário da Manha 1000 Você na TV 1300 News 1400 Tu e Eu 1515 Doce Fugitiva 1630 Quem Quer Ganha 1745 Morangos com Açúcar 2000 News 2215 Tempor de Viver 0015 Another Meltdown, film

BBC3

7.00 Castaway 7.30 Freaky Eaters 8.30 Dog Borstal Unleashed 9.00 Little Britain 9.30 Coming of Age 10.00 EastEnders 10.30 Rob Brydon's Annually Retentive 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Two Pints of Lager and a Packet of Crisps 12.00 Coming of Age 12.30 The Real Hustle 1.00 Rob Brydon's Annually Retentive 1.30 Two Pints of Lager and a Packet of Crisps 2.00 Two Pints of Lager and a Packet of Crisps 2.30 Dog Borstal Unleashed 3.00 The Real Dirty Dancing 4.00 Close

BBC4

7.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 8.00 The World 8.00 Weather 8.30 The Phoenix and the Carpet 9.00 Sickert v Sargent 10.00 Smiley's People 11.00 Indian School 11.30 Sickert v Sargent 12.30 The Edwardians in Colour: The Wonderful World of Albert Kahn 1.30 Indian School 2.00 Sickert v Sargent 3.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 4.00 Close

BBC5

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 The Planet's Funniest Animals 7.20 Grease Is the Word: Live 9.00 Film: A Few Good Men 15 (1992) 11.45 Coronation Street 12.15 Coronation Street 12.45 Film: Along Came Polly 12 (2004) 2.20 Glitterball: ITV

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 The Planet's Funniest Animals 7.20 Grease Is the Word: Live 9.00 Film: A Few Good Men 15 (1992) 11.45 Coronation Street 12.15 Coronation Street 12.45 Film: Along Came Polly 12 (2004) 2.20 Glitterball: ITV

Pick of the Day

Paul Merton in China (five, 9pm)

There's a lot to like about Paul Merton, with his comic timing and razor-sharp wit, but it's his insatiable curiosity which makes this new series must-see viewing, as he lifts the lid on the nation of China. This opener sees him exploring a night market shortly after arriving in Beijing, where he's confronted by a startling array of strange and mostly unidentifiable foods. When he finally does catch up with his interpreter Emma in Tiananmen Square, it's clear he needs a helping hand, especially when it's explained the vast majority of the new buildings being erected in the city are empty, because most people can't afford to live there. Merton reveals how they'll provide a pretty backdrop to the world's Press when it descends for next year's Olympic Games, but little else. There's more eye-opening stuff outside the city, when our host visits a multi-million-dollar hotel that's standing empty. He meets the Communist Party official behind the project, but is unable to pose any serious questions. "What do you say to a man who's just wasted \$50million?" he muses. But confusion reigns when Merton visits a Communist commune, where his constant questioning sees him unceremoniously booted off the tour.

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Wexford. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Jo rows with Katie before announcing her engagement to Andy in the Woolpack - much to the farmer's surprise. Donna makes an enemy of Eric after she catches him speeding and refuses to accept his bribe, while Bob vows to repair his relationship with Viv. (T)

7.30 Coronation Street. Leanne refuses a lunchtime drink with Liam as she's meeting a client - but soon has a change of heart and quits the job altogether, much to the delight of Janice. Deirdre is upset that Ken doesn't seem to share her suffering, while Steve and Michelle are struggling to find any time alone. (T)

8.00 Passengers Under Attack. Tonight. (T)

8.30 Coronation Street. Fiz drops a bombshell on telling him she left Kirk because her feelings for him weren't as strong as those she felt for the teacher all those years ago. Michelle is fed up of having no time alone with Steve, so decides to drop in on him at work with a bottle of wine, while Liam has a proposition for Leanne. (T)

9.00 Greatest Britons 2007. Kate Thornton presents a live programme celebrating the achievements of British people over the past year, with the individuals' merits debated by a panel including Sebastian Coe, Richard Curtis and Kelly Osbourne. Winners will be chosen from the fields of film, fashion, music, sport, television, the arts, business and campaigning, and a special Greatest Briton 2007 award will be issued to the individual with the most impressive list of accomplishments as voted for by readers of The Sun and viewers on the night. (T)

10.30 ITV News; Weather. (T)

11.00 FILM: Daylight (1996). Disaster movie, starring Sylvester Stallone. (T)

1.00 Champions League Weekly. (T) 1.30 Glitterball; ITV News Headlines. 4.05 Everything Must Go! (T) 5.00 ITV Nightscreen.

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ITV1

21 MAY

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Jo rows with Katie before announcing her engagement to Andy in the Woolpack - much to the farmer's surprise. Donna makes an enemy of Eric after she catches him speeding and refuses to accept his bribe, while Bob vows to repair his relationship with Viv. (T)

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1.00 Champions League Weekly. (T) 1.30 Glitterball; ITV News Headlines. 4.05 Everything Must Go! (T)

5.00 ITV Nightscreen.

Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE: Heat 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

British Eurosport

7.30 Motorsports Weekend 8.00 Cycling 9.00 World Touring Car Championship 10.00 World Rally Championship 10.30 MotoGP 11.00 MotoGP 12.00 WTA Tennis 1.00 Cycling 2.00 Live Cycling. Coverage of the ninth stage of the Giro d'Italia. 4.30 Cycling 5.00 Cycling 5.30 Eurogala 6.15 Tennis: Road to Roland Garros 6.30 World Rally Championship 7.00 World Touring Car Championship 7.30 MotoGP 9.30 Cycling 10.30 Eurogala 11.15 Sumo Wrestling 12.15 Tennis: Road to Roland Garros 12.30 Close

Sky Sports Xtra

9.30 Big Fight Special 11.30 Conference Football 1.30 America's Cup Sailing 2.30 Cycling 3.30 Big Fight Special 5.30 European Rugby Union 6.30 Live Winning Post. From Windsor, Wolverhampton and Roscommon. 9.00 World Motor Sport 11.30 Wild Spirits 12.00 Ocean 12.30 Seafarer Sailing 1.00 Live Test Cricket. Bangladesh v India. 3.00 Live Test Cricket. Bangladesh v India. 4.30 Golf Night 9.00 America's Cup Sailing 10.00 European Rugby Union 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Seafarer Sailing 12.30 Tennis 2.30 Golf Night 5.00 WWE: Raw 7.00 NBA Basketball 9.00 Powerboating 10.00 WWE: Late Night - Close

TUE

BBC1

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer. (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Cash in the Attic. (T) 12.30 RHS Chelsea Flower Show 2007. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder She Wrote (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Pitt & Kantrop. (R) (T) 3.50 Watch My Chops. (R) (T) 4.00 The Basil Brush Show. (R) (T) 4.30 Roman Mysteries. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Boyd is forced to make a heart-breaking decision about his marriage. Elle exploits the growing rift between Carmella and Oliver, while Steph grows closer to Toadie. (R) (T)

6.00 BBC News; Weather. (T)

6.30 Regional News; Programmes; Weather. (T)

7.00 Castaway. Danny Wallace discovers how the volunteers are coping, before revealing who is the latest participant to leave. (T)

7.30 EastEnders. Stella feels left out until Phil makes a shock announcement, and Li sees a way of making money when she discovers Daren and Libby's website. May turns the tables on Naomi after she confronts her about taking pills, and Max is worried about gossip reaching Stacey when Tanya buys a book on pregnancy from the market. (T)

8.00 Holby Blue. Luke's plans for a weekend away with his wife are put in doubt when his terminally ill mother calls for help and Lucy is wounded when an agitated man attacks her in the station. Meanwhile, Keenan believes he has a chance to finally bring down Stenga when he is tipped off about a crystal meth shipment, but the detective is left to consider whether a mope may be working in the force when a raid to seize the drugs falters. (T)

9.00 Whistleblower. Following tip-offs from whistleblowers, reporters Audrey Brown and James Griffin go undercover in selected British supermarkets to investigate food products. They believe some viewers might think twice before purchasing certain trusted brands when they reveal their findings. (T)

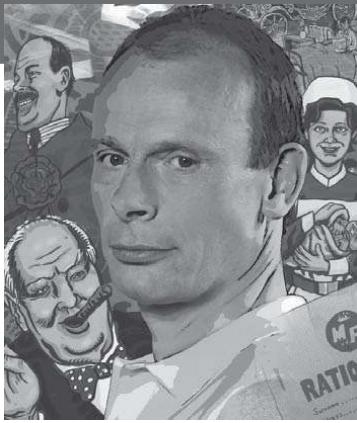
10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 Imagine. Profile of singer-songwriter Scott Walker showing him at work on his most recent album The Drift. Leading artists and acts, including David Bowie, Lulu and Radiohead, discuss how their careers were influenced by the musician's ever-changing material. Damon Albarn, Alison Goldfrapp and Sting are among the other stars who piece together the enigmatic singer's story.

11.35 FILM: The Bunker (2001). Supernatural horror, starring Jack Davenport; (T) Weatherwatch.

1.10 Sign Zone. See Hear. (R) (T) 1.40 Sign Zone: Timewatch - The People's Coronation. (R) (T) 2.30 Sign Zone: The Hairy Bikers Ride Again. (R) (T) 3.00 Sign Zone: To Buy or Not to Buy. (R) (T) 3.30 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Firmly Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsround. (T) 7.30 Get 100. (T) 8.00 The Story of Tracy Beaker. (R) (T) 8.15 Krypto the Superdog. (T) 8.30 CBeebies: Take a Bow. (T) 8.35 The Koala Brothers. (T) 8.45 Come Outside; (R) (T) CBeebies Birthdays. (T) 9.00 Boogie Beebies. (T) 9.15 Pingu. (R) 9.25 Me Tool! (R) 9.45 Something Special. (R) (T) 10.00 Postman Pat. (T) 10.15 The Roy Mo Show. (R) (T) 10.30 Schools: BBC Primary History. (T) 10.50 BBC Primary Geography. (T) 11.10 Churchill's Bodyguard. (R) (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: Pod's Mission. (T) 1.15 Pod's Mission. (T) 1.30 Animal Park. (T) 2.00 Living in the Sun. (R) (T) 3.00 Escape to the Country. (T) 3.45 Flug It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (T) 6.00 Eggheads. (T) 6.30 Great British Menu. (T) 7.00 The Apprentice. The candidates work alongside a leading advertising agency to design a new brand of trainer, with the pressure on to impress their boss by producing an effective marketing campaign. (R) (T) 8.00 RHS Chelsea Flower Show 2007. A detailed look at the work of some of the winners. (T) 9.00 Andrew Marr's History of Modern Britain. New series. Global events that have shaped British society. (T) 10.00 QI. Comedy panel game hosted by Stephen Fry. (R) (T) 10.30 Newsnight. (T) 11.20 Reader, I Married Him: BBC Four on BBC Two. (T) 12.20 BBC News 24. (T) 2.00 BBC Learning Zone. (T)

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 9.00 Frasier. (R) (T) 9.30 Giving Up the Weed; (R) (T) Before and After. (R) (T) 10.25 Burning Questions. (R) (T) 10.30 Make Me a Grown Up; (R) (T) I've Got This Friend. (R) (T) 11.00 Sex, Lies and Sops; (R) (T) 3 Minute Wonder: Last Orders. (R) (T) 11.30 Teen Taboos. (T) 12.00 News at Noon. (T) 12.30 Great British Brands. (R) (T) 12.45 A Place Down Under. (R) (T) 1.20 A Place Down Under. (R) (T) 1.50 FILM: Incident in a Small Town (1994). Murder mystery, starring Walter Matthau. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Home Fronts. The process of becoming an Israeli Jew. (T) 8.00 How to Look Good Naked. Gok Wan helps 36-year-old Lisa Mayall build up the confidence to flaunt her size eight figure in public after she avoided having a hair cut and shaving her legs for two years. (T) 9.00 Gordon Ramsay's F Word. The chef takes on Top Gear's James May in the recipe challenge, while Denise Van Outen joins the diners in the restaurant. Plus, a group of Lancashire girls cook up a storm. (T) 10.05 Longford. (R) (T) 11.50 Premier League Poker. 12.55 The British Premier League Tennis Tournament. (R) 1.50 KOTV Classics. (T) 2.45 KOTV. (T) 3.15 Adrenalin Rush. (R) (T) 3.40 Supporting Acts. (R) (T) 4.00 Channel 4 Education. (R) (T)

FIVE

6.00 Mikshak! The Save-Ums! (R) (T) 6.15 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (T) 7.30 Rupert Bear. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 What Makes Me Happy. (R) (T) 8.50 Mio Mao. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.45 FILM: Lip Service (2000). Comedy, starring Kari Wuhrer. (T) 3.30 five news update. (T) 3.40 FILM: Confessions of a Young Bride (2005). Premiere. Comedy, starring Shannon Elizabeth. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Joey. (R) (T) 7.00 five news. (T) 7.15 Gavin Stamp's Orient Express. The historian takes a detour to visit Bosnia and Serbia; (T) 7.15 five news update. 8.00 Return of the Tribe. The tribe prepares to return home. Last in series; (T) 8.00 five news at 9. 9.00 CSI: Crime Scene Investigation. The team investigate the murder of six showgirls. (T) 10.00 CSI: Miami. The team investigate the murder of a child molester; (R) (T) 5.00 news update. 11.00 Law & Order: Special Victims Unit. (R) (T) 12.00 Murder Trail. (R) (T) 1.00 NBA Basketball. 4.20 World Motocross Championship. 5.10 Seniors Golf.

LOCAL

Best of the Rest

BBC3

7.00 Say No to the Knife 8.00 The Real Hustle 8.30 The Scam Squad 9.00 Filthy Rich and Homeless 10.00 EastEnders 10.30 Sex - with Mum and Dad 11.25 Family Guy 11.45 Family Guy 12.10 Two Pints of Lager and a Packet of Crisps 12.40 Two Pints of Lager and a Packet of Crisps 1.10 Sex - with Mum and Dad 2.10 The Real Hustle 2.40 The Scam Squad 3.10 Two Pints of Lager and a Packet of Crisps 3.40 Two Pints of Lager and a Packet of Crisps 4.10 Close

BBC4

7.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 8.00 The World 8.00 Weather 8.30 Marcus Brigstocke's Trophy People 9.00 The Ornate Johnsons Edwardian Spectacular 9.30 The League of Gentlemen 10.00 Operation Good Guys 10.30 Storyville: Black Sun 11.40 Farther Than the Eye Can See 12.40 The Edwardians in Colour: The Wonderful World of Albert Kahn 1.40 The Ornate Johnsons Edwardian Spectacular 2.10 Marcus Brigstocke's Trophy People 2.40 The Edwardians in Colour: The Wonderful World of Albert Kahn 3.40 The Ornate Johnsons Edwardian Spectacular 4.10 Close

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 American Idol 8.00 American Idol 9.00 Film: Along Came Polly (2004) 10.45 Big Day 11.15 Film: Shakespeare

in Love 15 (1998) 1.45 Glitterball; ITV Play 4.00 Teleshopping 6.00 Close

Sky One

1.00 Law & Order 2.00 Cold Case 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 Brainiac: Science Abuse 9.00 Road Wars 10.00 Badger or Bust 11.00 Ross Kemp on Gangs 12.00 Law & Order 1.00 Star Trek: Voyager 1.50 Mile High 2.40 British Sex 3.30 Sex on the Beach 4.20 Guilty! 5.10 Star Trek: Voyager

UKTV Gold

1.00 My Family 1.40 Keeping Up Appearances 2.20 Open All Hours 3.00 New Tricks 4.00 New Tricks

5.00 Dallas 6.00 Charlie's Angels 7.00 Sharpie 9.00 Jonathan Creek 10.10 New Tricks 11.30 I'm Alan Partridge 12.10 I'm Alan Partridge 12.50 Porridge 1.30 Room 101 2.05 Have I Got 2002 for You 2.35 The Good Life 3.05 The Bill 3.55 Merseybeat 4.50 Casualty 5.35 Neighbours

TCM

1.10 It's Always Fair Weather U (1955) 3.00 Clash of the Titans

PG (1981) 5.10 The Shoes of the Fisherman U (1968) 8.00 No Guts, No Glory: 75 Years of Stars 9.00 Mutiny on the Bounty (1962) 12.10 The Haunting (1963) 2.10 Teleshopping 2.30 The Tall Target U (1951) 4.05 No Guts, No Glory: 75 Years of Stars

The Disney Channel

Kids' programmes from 7am, except:

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22 MAY

Pick of the Day

Andrew Marr's History of Modern Britain (BBC2, 9pm)

Andrew Marr is perhaps best-known for his insightful reports on the BBC's news, or his political chat show Sunday AM, so you'd be forgiven for thinking he's not the ideal person to front this new series. But he'd be wrong. It examines the state of the UK, from 1945 until the present day, and few are better versed in contemporary politics than Marr. He begins as Winston Churchill and his Conservative party were ousted from rule by a war-weary public, who instead turned to Labour and Clement Attlee's radical ideas for reform. They included setting up the Welfare State, nationalising British industries and pumping some energy into a country driven to its knees by World War Two and the constraints of rationing. At the same time, plans were afoot to establish Britain as a new superpower, ensuring we retained control of the British zone in occupied Germany, as well as signing up for the Korean War and giving India her independence. Marr observes that while those who scurried up and down the corridors of power saw to the nation's international interests, it may have seemed to the general public that less attention was being lavished on problems much closer to home.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T)

9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Wexford. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Eric is furious to see an article about his misdemeanour in the Hotten Courier and sets about exacting revenge on Donna. Jo runs up a huge bill on a day out with Sharon and Dan. (T)

7.30 Waterworld. Timothy West examines plans to open the River Avon for boating between Stratford and Warwick, creating a major waterways ring between the Midlands, Bristol and London. (T)

8.00 House of Horrors. Jonathan Maitland and his undercover team catch more unscrupulous tradesmen in the act, including a pest-control man who tells the Derbyshire nurses there's a massive wasp's nest in their loft - despite the house already being declared wasp-free - and tries to sting them for more than #200 to remove it. Also, a plumber from the last series who's still operating illegally and a washing machine repairman who charges #100 for a spare part that isn't needed. (T)

9.00 Driving Me Crazy. Comedienne Jo Brand rails against elderly drivers, discussing how she believes people over the age of 70 should be forced to retake their tests to prevent needless accidents. She looks at the cases of a driver in his mid-70s who crashed through a playground and drove straight into the school wall - luckily while the children were inside - and a man left paralysed from the waist down following a collision with an OAP on a dual carriageway. (T)

10.00 Teen Sex: Too Much Too Young. Children who have lost their virginity earlier than the age of consent, including a 14-year-old being checked out for STDs and a girl who became a mother at 13. (T)

10.30 ITN News; Weather. (T)

11.00 UEFA Champions League Final: Preview from Athens. Jim Rosenthal looks ahead to tomorrow's showpiece match between AC Milan and Liverpool at the Olympic Stadium in Athens, as the teams prepare for their second meeting at this stage in the space of just three seasons.

12.00 Glitterball; ITV News Headlines. 4.05 Forever. (R) (T) 5.00 ITV News. (T) 5.00 ITV News Headlines. 4.05

4.05 ITV News Headlines. 4.05

</div

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer. (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Cash in the Attic. (T) 12.30 RHS Chelsea Flower Show 2007. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Pitt & Kantom. (R) (T) 3.50 The Cramp Twins. (R) (T) 4.00 Prank Patrol. (T) 4.30 Raven. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Sky arranges a unique commitment ceremony to show her feelings for Stingray. The Timmins brothers exact justice on Boyd, while Pepper's match-making attempts end in disaster. (R) (T)

6.00 BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T)

7.00 RHS Chelsea Flower Show 2007. Alan Titchmarsh continues the day's floral-themed visit to the famous horticultural event, with the show's leading exhibitors sharing their favourite blooms. Plus, a report from South Africa on the medical and cosmetic uses of aloe vera and an exploration of the latest trends in conservatory planting. Coverage continues on BBC2. (T)

8.00 Incredible Animal Journeys. Steve Leonard follows the journey of a heavily pregnant caribou migrating across Canada as she struggles against the extreme conditions of the Yukon winter. But with hostile weather to contend with and predators hounding their tracks, the creature's chances of delivering her calf in safety seem increasingly remote. Last in series. (T)

9.00 The Apprentice. The teams are challenged to select three ground-breaking products to sell on to London retailers, but the pressure of making the biggest profit sees two candidates clash over business styles. (T)

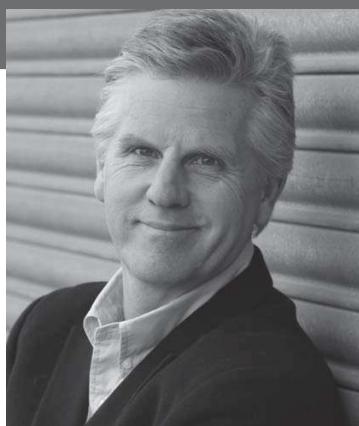
10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 The National Lottery Draws. Sarah Cawood sets the balls rolling to decide the all-important numbers. (T)

10.45 I'm a Child Anorexic. Natasha, Naomi and Anna, aged between 12 and 17, reveal their thoughts and feelings as they undergo treatment for anorexia at Rhodes Farm residential clinic in north London. The film follows the girls over a period of 12 weeks through their personal video diaries, in which they provide an insight into their beliefs on food and dieting while trying to regain their target weights. (T) National Lottery Update. 11.45 FILM: The Statement (2003). Thriller, starring Michael Caine; (T) Weatherview.

1.40 Sign Zone: The Gardener's Year. (R) (T) 2.10 Sign Zone: My Life as a Child. (R) (T) 2.40 Sign Zone: Neneh and Andi Dish It Up. (R) (T) 3.10 Sign Zone: Sweet Baby James. (R) (T) 3.40 Sign Zone: To Buy or Not to Buy. (R) (T) 4.10 BBC News 24. (T)



6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsround. (T) 7.30 Get 100. (T) 8.00 The Story of Tracy Beaker. (R) (T) 8.15 Krypto the Superdog. (T) 8.30 CBeebies: Take a Bow. (T) 8.35 The Koala Brothers. (T) 8.45 Come Outside; (R) (T) CBeebies Birthdays. (T) 9.00 Boogie Beebies. (T) 9.15 Pingu. (R) 9.25 Me Too! (R) (T) 9.45 Something Special. (R) (T) 10.00 Postman Pat. (R) (T) 10.15 The Roly Mo Show. (R) (T) 10.30 Britain's Best Buildings. (R) (T) 11.30 The Daily Politics. (T) 1.00 Garden Invaders. (R) (T) 1.30 Working Lunch. (T) 2.00 Living in the Sun. (R) (T) 3.00 Escape to the Country. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Eggheads. (T) 6.30 Great British Menu. (T) 7.00 Jonathan Meades: Abroad Again. Victorian architect Cuthbert Brodrick. (T) 7.50 Coast. From the Smalls Lighthouse, South Wales. (T) 8.00 RHS Chelsea Flower Show 2007. Further coverage from the Royal Hospital. (T) 9.00 Natural World. Declining numbers of British seabirds. (T) 9.50 The Sheep Beside the Sea. The story of a banished flock of sheep. (R) (T) 10.00 The Apprentice. You're Fired! With Vijay Patel, Karren Brady and Felicity Lee. (T) 10.30 Newsnight. (T) 11.20 Reader, I Married Him: BBC Four on BBC Two. (T) 12.20 BBC News 24. 2.00 BBC Learning Zone. (T)

11.45 FILM: The Statement (2003). Thriller, starring Michael Caine; (T) Weatherview.

1.40 Sign Zone: The Gardener's Year. (R) (T) 2.10 Sign Zone: My Life as a Child. (R) (T) 2.40 Sign Zone: Neneh and Andi Dish It Up. (R) (T) 3.10 Sign Zone: Sweet Baby James. (R) (T) 3.40 Sign Zone: To Buy or Not to Buy. (R) (T) 4.10 BBC News 24. (T)

BBC3

7.00 Castaway 8.00 Wedding Stories 9.00 Britain's Worst Teeth 10.00 Film: Platton 15 (1986) 11.55 Two Pints of Lager and a Packet of Crisps 12.25 Two Pints of Lager and a Packet of Crisps 12.55 Britain's Worst Teeth 1.00 Dog Borstal Unleashed 2.20 Two Pints of Lager and a Packet of Crisps 2.50 Two Pints of Lager and a Packet of Crisps 3.20 Filthy Rich and Homeless 4.20 Close

BBC4

7.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 8.00 The World

8.00 Weather 8.30 Indian School 9.00 A Tabloid Is Born!

10.00 Greg Dyke on Lord Reith 11.00 Indian School

11.30 A Tabloid Is Born! 12.30 The Edwardians in Colour: The Wonderful World of Albert Kahn 4.30 Close

ITV2

1.00 Emmerdale 1.30 The

Jeremy Kyle Show 2.35 The

Jeremy Kyle Show 3.40 Ricki

Lake 4.30 Sally Jessy

Raphael 5.15 Airline USA 5.45

Judge Judy 7.00 Gone Bad

7.30 Breaking Up with

Shannen Doherty 8.00 Film:

10 Things I Hate About You

12 (1999) 10.00 Katie & Peter:

The Next Chapter 11.00

Generation Xcess 12.00 Gone

Bad 12.30 Breaking Up with

Shannen Doherty 1.00

RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Los Ricos Tambien Lloran 1505 Portugal No Coração 1715 Lingo 1800 Portugal em Directo 1940 Football: Liverpool v AC Milan 2130 News 2340 Excalibur, film

RTP2

0700 Magazine 0720 Mostra 0730 Zig Zag, cartoons 1400 Sociedade Civil 1530 Portugal um Retrato Ambiental 1600 entre Nós 1630 EuroNews 1700 Peixe Vampiro 1730 Discovery Hour 1830 Fén dos Homens 1900 Biosfera 1945 Zig Zag 2045 Yes Dear 2115 Discovery Hour 2200 News 2230 Ossos 2315 Behind the Scene 2300 Clube de Imprensa 00300 The Guardian 0145 Peixe Vampiro 0215 Biosfera 0300 Da Terra ao Mar 0345 Consigo 0415 Sociedade Civil

SIC

0645 Sic Kids 0830 Floribela 1000 Fátima 1300 News 1400 O Profeta 1445 Laços da Família 1530 Contacto 1715 Floribela 1900 Sinhá Moça 0215 Bang Bang 0315 Ganância

TVI

0700 Diário Da Manha 1000 Vocé na TV 1300 News 1400 Inspector Max 1500 Anjo Selvagem 1530 Ugly Betty 1800 Mornagos com Açúcar 2000 News 2115 Morangos com Açúcar 2200 Tempo de Viver 0015 Fight Club, film



Live UEFA Champions League Final (ITV1 Granada, 7pm)

Lightning never strikes twice or so the saying goes, but all those connected with Liverpool FC will be hoping that adage doesn't come true as they assemble at the Olympic Stadium in Athens for the Champions League final against AC Milan. In 2005 the Reds defeated Chelsea in the semi-finals to reach the showpiece encounter and they've done exactly the same this year to book a meeting with the same Italian opposition. If anything, Liverpool's squad has improved since that dramatic evening in Istanbul and even if they haven't come close to Manchester United or Chelsea in the Premiership, their European form has been exemplary. Milan need no incentive to secure a seventh European Cup triumph after letting a 3-0 lead slip in the final two years ago and many of the same, experienced stars will be on display aiming to make amends. While there will be many battles to be won on the pitch, the midfield clash between Steven Gerrard and Gennaro Gattuso will no doubt have a major bearing on which of the famous clubs will be celebrating on the streets of Athens.

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunctime News. (T) 2.00 Inspector Wexford. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsummer Murders. (R) (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T)

7.00 Live UEFA Champions League Final. AC Milan v Liverpool (Kick-off 7.45pm). The Olympic Stadium in Athens provides the setting for tonight's showpiece match, as the 2005 finalists contest Europe's biggest prize once again. Subsequent programmes are subject to change. (T)

10.00 Bars, Booze & Bouncers: Confessions. The staff of Britain's pubs and clubs come clean about the pranks they play on unsuspecting and often intoxicated members of the public, cheerfully owning up to such charming tricks as fleecing customers by substituting cheap bubbly for expensive champagne, adding assorted unsavoury ingredients to drinks or just short changing them. However, sometimes their acts of revenge go too far, as one former barmaid recalls the time she added nails to a customer's drink, and ended up with the sack when they almost choked to death. (T)

10.30 ITV News; Weather. (T)

11.00 New Homes from Hell. Moving house is always a stressful experience, but for some people turns out to be their worst nightmare. This documentary hears from those who have experienced everything from floods and maggots to explosions. Plus, the house that looks great from the front but tells a different story at the back and the cautionary tale of a couple who threw everything into buying their Spanish home, only to end up losing it. (R) (T)

12.00 Glitterball; ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.



6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 9.00 Frasier. (R) (T) 9.30 The Big Drugs Debate; (R) (T) Before and After. (R) (T) 10.25 Burning Questions. (R) (T) 10.30 Make Me a Grown Up; (R) (T) I've Got This Friend. (R) (T) 11.00 Sex, Lies and Soaps; (R) (T) 3 Minute Wonder: In Search of the Morning Glory. (R) (T) 11.30 Teen Taboos. (T) 12.00 News at Noon. (T) 12.30 Great British Brands. (R) (T) 12.45 A Place Down Under. (R) (T) 1.20 A Place Down Under. (R) (T) 1.50 FILM: Widow on the Hill (2005). Drama, starring James Brolin. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Holyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Home Fronts. A Palestinian girl fights to go back to school. (T) 8.00 Property Ladder. Inexperienced developers tackle a terraced house in Lincolnshire. (R) (T) 9.00 Grand Designs. A woman who has decided her Georgian family house is now too big for her reveals her plans to build a new seashell-shaped home at the bottom of the garden. (R) (T) 10.00 Desperate Housewives. Part one of two. Lynette's mother pays her a visit. (T) 11.05 Celebrity Sex Tapes Unwound. (R) (T) 12.10 Peep Show. (R) (T) 12.40 Balls of Steel. (R) (T) 1.30 The Osbournes. (R) (T) 1.55 The Osbournes. (R) (T) 2.20 Your Face or Mine? (R) (T) 2.50 Home Road Movies. (R) (T) 3.00 The Bernie Mac Show. (R) (T) 3.25 Off Centre. (R) (T) 3.50 Greetings from Tucson. (R) (T) 4.15 Greetings from Tucson. (R) (T) 4.40 Wild Things. (R) (T) 5.25 Countdown. (R) (T)

6.00 Milkshake! The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (T) 7.30 Rupert Bear. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 What Makes Me Happy. (R) (T) 8.50 Mio Mao. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.35 FILM: Columbo: Swan Song (1974). Crime drama, starring Peter Falk. (T) 3.35 five news update. 3.40 FILM: Murder Among Friends (2001). Crime drama, starring Greg Evigan. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Joey. (R) (T) 7.00 five news. (T) 7.30 FILM: The Horse Whisperer (1998). A mother takes her injured daughter and ailing horse to a remote ranch, where they meet a healer who steals their hearts. Touching drama, directed by and starring Robert Redford. Includes five news update. (T) 10.40 FILM: Fled (1996). Action thriller, starring Laurence Fishburne. (T) 12.30 PartyPoker.com Poker Den. New series. Action from a high-stakes game. 2.00 Major League Baseball. 5.00 NHRA Drag Racing.

Sky Movies Drama

6.00 Anastasia: The Mystery of Anna 7.50 Anastasia: The Mystery of Anna 9.35 Desperate Rescue 12 (1992) 11.20 Roseanne: An Unauthorized Biography 12 (1994) With Denny Dillon. 7.30 The Simpsons 8.00 Futurama 8.30 Futurama 9.00 Pandemic 10.00 Lost 11.00 Law & Order 12.00 Las Vegas 1.00 Star Trek: Voyager 1.50 Mile High 2.40 British Sex 3.30 Sex on the Beach 4.20 Guilty 5.10 Star Trek: Voyager

UKTV Gold

1.00 My Family 1.40 Keeping Up Appearances 2.20 Open All Hours 3.00 Dalziel & Pascoe 5.00 Dallas 6.00 Charlie's Angels 7.00 Sharpe 9.00 Dalziel & Pascoe 11.20 I'm Alan Partridge 12.40 Two Pints of Lager and a Packet of Crisps 1.20 Room 101 1.55 Have I Got You for 2.25 The Bill 3.15 Casualty 4.05 Merseybeat 5.00 Last of the Summer Wine 5.35 Neighbours

TCM

3.00 Murder Most Foul U

(1964) 4.40 Three Daring

Daughters U (1948) 6.50

Designing Woman U (1957)

9.00 Forbidden Planet U

(1956) 10.50 Brainstorm U

(1983) 12.45 All Fall Down 12

(1962) 2.40 Teleshopping 3.00

Humoresque PG (1946)

The Disney Channel

Kids' programmes from 7am

Sky Sports 1

With Tom Hanks. 3.35 Meatballs 15 (1979) 5.15 Two Much PG (1996)

Sky Movies Action

6.00 In the Line of Duty: Smoke Jumpers PG (1996) 7.50 The Village 12 (2004) 9.50 Sahara 12 (2005) 12.00 Stealth 12 (2005) With Jamie Foxx. 2.05 Swindle 15 (2002) With Tom Sizemore. 3.55 The Village 12 (2004) With Joaquin Phoenix. 5.55 Sahara 12 (2005) With Matthew McConaughey. 8.00 Stealth 12 (2005) With Jamie Foxx. 10.00 Starship Troopers 15 (1997) With Casper Van Dien. 12.15 Primal Fear 18 (1996) With Richard Gere. 2.30 Flesh and Blood 18 (1985) With Jennifer Jason Leigh. 4.40 In the Line of Duty: Smoke Jumpers PG (1996)

Sky Movies Comedy

6.50 The Honeymooners PG (2005) 8.35 Teen Wolf PG (1985) 10.15 Two Much PG (1996) 12.20 The Honeymooners PG (2005) With Cedric the Entertainer. 2.05 Keeping Mum 15 (2005) With Rowan Atkinson. 4.05 Meet the Fockers 12 (2004) With Ben Stiller. 6.15 Teen Wolf PG (1985) With Michael J. Fox. 8.00 Keeping Mum 15 (2005) With Rowan Atkinson. 10.00 Meet the Fockers 12 (2004) With Ben Stiller. 12.00 Team America: World Police 15 (2004) With Trey Parker. 1.45 Bachelor Party 18 (1984)

Sky Sports 2

Sky Sports 1

6.00 Revista De La Liga 7.00

WWE: Heat 8.00 Revista De La

Liga 9.00

UEFA Champions

League 10.00

UEFA Champions

League 12.00

UEFA Champions

League 1.00 Revista De La Liga

2.00 UEFA Champions

League 3.00 UEFA Champions

League 4.00 UEFA Champions

League 5.00 UEFA Champions

League 6.00 Live UEFA Champions

League 7.00 Live UEFA Champions

League 8.00 Live UEFA Champions

League 9.00 Live UEFA Champions

League 10.00 Live UEFA Champions

League 11.00 Live UEFA Champions

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League 49.00 Live UEFA Champions

League 50.00 Live UEFA Champions

League 51.00 Live UEFA Champions

THU

BBC1

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer; (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Cash in the Attic. (T) 12.30 RHS Chelsea Flower Show 2007. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Pitt & Kantrop. (R) (T) 3.50 Diddly Dick & Dom. (R) (T) 3.55 Watch My Chops. (R) (T) 4.10 The Basil Brush Show. (R) (T) 4.35 Dinosapien. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Stingray's operation hits complications, leaving his life hanging in the balance, while Allan grows closer to uncovering Ned's alliance with Paul. Toadie is forced to choose between Steph and Abby, and Frazer ends his relationship with Rosetta once and for all. (R) (T)

6.00 BBC News; Weather. (T) 6.30 Regional News; Programmes; Weather. (T) 7.00 Castaway. Danny Wallace joins the islanders off the coast of New Zealand to reveal who will be eliminated next in the run-up to the grand final. (T)

7.30 EastEnders. Stacey reaches the end of her tether when she discovers Max's secret and issues an ultimatum. May pressures Naomi to leave the Square or face losing her job and Bradley puts an end to his relationship with Preeti, setting his sights on an old flame. (T)

8.00 Holby City. An unexpected visitor to Harvey's wake causes a lot of friction and Jac's plan to manipulate Lord Byrne ends up backfiring spectacularly. Sam shows Connie how dedicated he is to Grace and how far he is willing to go to fight for her. (T)

9.00 Hustle. A devious woman with a keen interest in fashion and suspected of robbing a number of charities becomes a prime target for the team. Billy and Danny go undercover to set up the con, but their cover is threatened by a mysterious stranger demanding #20,000 to keep his silence. Marc Warren and Robert Vaughn star. (T)

10.00 BBC News at Ten O'Clock. (T) 10.30 Regional News; Weather. (T)

10.35 Question Time. (T)

11.35 This Week; (T) Holiday Weather.

12.25 Sign Zone: Panorama. (R) (T) 12.55 Sign Zone: Victoria's Empire. (R) (T) 1.55 Sign Zone: To Buy or Not to Buy. (R) (T) 2.25 BBC News 24.

(R)-repeat programme;

(T)-programme with teletext subtitles;

(S)-programme broadcast in stereo;

(bw)-black and white.

LOCAL

Best of the Rest

RTP1

0630 Bom Dia Portugal
0900 Natal dos Hospitais
1300 News 1415 Natal dos
Hospitais 2000 News 2245
Um Contra Todos 0030
Married to the Mob, film
0220 Dial M for Murder,
film 0625 Boletim das
Pescas

RTP2

0700 Magazine 0720
Mostral 0730 Zig Zag
cartoons 1400 Sociedade
Civil 1530 Portugal, Um
Retrato Ambiental 1600
entre Nós 1630 EuroNews
1700 National Geographic

1730 Discovery Hour 1830
Fé dos Homens 1900

Initiative 1945 Zig Zag

2045 Yes Dear 2145

Discovery Hour 2200 News

2230 The Twilight Zone 2330

A Revolta dos Pastéis 0100

Film TBA 0530

Euronews

SIC

0645 Sic Kids 0830 Floribella

1000 Fátima 1300 News

1400 O Profeta 1445 Laços

de Família 1530 Contacto

1715 Floribella 2045 News

2000 News 2145 Floribella

2215 Cobras & Lagartos

2315 Jura

TVI

0700 Diário Da Manha 1000

Vocé na TV 1300 News 1400

Inspector Max 1500 Anjo

Selvagem 1600 Quem Que

Ganha 1800 Morangos com

Açúcar 2115 Morangos

Com Açúcar 2215 TVI Gala

0015 Dr House 0130 Cartaz

das Artes 0430 CSI

BBC3

7.00 Football Gaffes Galore 8.00 Filthy Rich and Homeless 9.00 Is It Cos I Is Black? 10.00 EastEnders 10.30 Gavin and Stacey 11.00 Putting 12.00 Two Pints of Lager and a Packet of Crisps 12.30 Two Pints of Lager and a Packet of Crisps 12.55 Filthy Rich and Homeless 1.55 Is It Cos I Is Black? 2.55 Two Pints of Lager and a Packet of Crisps 3.25 Two Pints of Lager and a Packet of Crisps 3.55 Close

BBC4

7.00 Sounds of the Sixties 7.10 The Avengers 8.00 The World 8.00 Weather 8.30 Chelsea Pensioners: Once a Soldier 9.00 The Edwardian Family Album 10.00 The Ornate Johnsons 10.30 Edwardian Spectacular 11.00 Never Mind the Full Stops 11.00 Chelsea Pensioners: Once a Soldier 11.30 The Edwardian Family Album 12.30 Nation on Film Special: Caribbean Cricket

1.00 Chelsea Pensioners: Once a Soldier 1.30 The Ornate Johnsons 1.30 Edwardian Spectacular 2.00 Never Mind the Full Stops 2.30 The Edwardian Family Album

3.30 Chelsea Pensioners: Once a Soldier 4.00 Close

ITV2

1.00 Coronation Street 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 Smallville 8.00 House of Horrors 9.00 Katie & Peter: The Next Chapter 10.00 Generation Xcess 11.00 Supernatural 12.00 Katie & Peter: The Next Chapter



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) 6.30 Frimby Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsround. (T) 7.30 Get 100. (T) 8.00 The Story of Tracy Beaker. (R) (T) 8.15 Krypto the Superdog. (T) 8.30 CBeebies: Take a Bow. (T) 8.35 The Koala Brothers. (T) 8.45 Come Outside; (R) (T) CBeebies Birthdays. (T) 9.00 Boogies Beebees. (T) 9.15 Pingu. (R) 9.25 Me Too! (R) 9.45 Something Special. (R) (T) 10.00 Postman Pat. (T) 10.15 The Royal Mo Show. (R) (T) 10.30 Schools: Look and Read. (T) 10.50 Music Makers. (T) 11.10 English Express. (T) 11.30 BBC Primary History. (T) 11.40 BBC Primary Geography. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Animal Park. (T) 1.30 Live Golf: PGA Championship. The opening day's play on the West Course at Wentworth. (T) 6.00 Eggheads. (T) 6.30 Great British Menu. (T) 7.00 This World. Reporter Tom Mangold investigates race relations in the US state of Louisiana, asking whether they have improved since the civil rights upheavals of the 1960s. (T) 7.30 The Museum. A look at plans to bring some of the Terracotta Army to London. (T) 8.00 RHS Chelsea Flower Show 2007. Futuristic gardening themes. (T) 9.00 Mystery Flights. A report on the CIA's methods of detaining al-Qaeda suspects. (T) 10.00 The Graham Norton Show. With Miriam Margolyes and Ardal O'Hanlon. (T) 10.30 Newsnight. (T) 11.20 Reader, I Married Him: BBC Four on BBC Two. (T) 12.20 FILM: One More Kiss (1999). Drama, starring Valerie Edmund; (T) The Witness. (R) (T) 2.00 BBC Learning Zone. (T)

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24 MAY

Pick of the Day

ITV1

Holby City (BBC1, 8pm)

It always seemed a little unlikely that career-focused Connie was going to give up the hospital and become a full-time mum and in here, that possibility looks even more remote as she continues to struggle with the fact she has a baby daughter. As Elliot tries to encourage the cardiothoracic consultant to bond with her child, Connie simply throws herself into the situation surrounding her little girl's illness and the mix-up with her EEG. Meanwhile, Sam continues to try to assert his rights as a father and when the paternity test results arrive he's delighted to be told he is Grace's daddy. Unfortunately, Connie isn't willing to let him into their lives but when she's left with an incessantly crying tot and finds herself coming to the end of her tether, she calls Sam and leaves him literally holding the baby. Naturally, he's delighted, but as Connie continues to distance herself from Grace, what does this mean for their relationship? Elsewhere, Abra visits Kyla's flat in the hope of a happy reunion but he doesn't receive the welcome he wanted, and Joseph approaches Jac about moving in together.

C4

6.00 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 Drugs: The Lowdown On Getting High: Before and After. (R) (T) 10.25 Burning Questions. (R) (T) 10.30 Make Me a Grown Up; (R) (T) I've Got This Friend. (R) (T) 11.00 Sex, Lies and Soaps; (R) (T) 3 Minute Wonder. (R) (T) 11.30 Teen Taboos. (T) 12.00 News at Noon. (T) 12.30 A Place Down Under. (R) (T) 1.00 A Place Down Under. (R) (T) 1.35 FILM: War of the Wildcats (1943). Oil-drilling yarn, starring John Wayne. (T) (bw) 3.30 Countdown. (T) 4.15 Deal or No Deal; (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Home Fronts. An Ethiopian immigrant in Israel. (T) 8.00 How Clean Is Your House? Helping a family that have suffered a tragedy. (T) 8.30 Embarrassing Illnesses. A woman suffering from psoriasis. (T) 9.00 Dispatches: Bin Wars. Controversial waste management issues. (T) 10.00 FILM: Lock, Stock and Two Smoking Barrels (1998). A gang of East End petty crooks find themselves out of their depth while trying to pay off a debt to a crime lord. Stylish thriller, with Nick Moran and Jason Statham. (T) 12.05 4Music Presents: Badly Drawn Boy. (R) (T) 12.35 4Music: Beat Battles. (R) (T) 1.25 4Music: Play: The Rumble Strips. (R) (T) 1.35 FILM: Beautiful Creatures (2000). Black comedy, starring Rachel Weisz. (T) 3.10 The Birthday. (R) (T) 3.25 Dispatches: Afghanistan Unveiled. (R) (T) 4.20 Battle for the Holy Land: Love Thy Neighbour. (R) (T) 5.20 3 Minute Wonder: Made in India. (R) (T) 5.25 Countdown. (R) (T)

6.00 Milkshake! The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 What Makes Me Happy. (R) (T) 8.50 Mio Mao. (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.45 FILM: Gun for a Coward (1956). Western, starring Fred MacMurray. (T) 3.35 five news update. (T) 3.40 FILM: Into Thin Air: Death on Everest (1997). Rescue drama, starring Peter Horton. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Joey. (R) (T) 7.00 five news. (T) 7.15 Mao's Bloody Revolution: Revealed. The life and legacy of Mao Tse-Tung; 7.15 five news at 9. 9.00 House. Wilson has struck a deal with Tritter which will send House to rehab for two months if he pleads guilty, but he refuses to accept it. Medical drama, starring Hugh Laurie. (T) 10.00 Shark. A married socialite who happens to be one of Jessica's best friends fatally shoots her ex-convict lover and claims it was in self-defence, but Stark is unconvinced. (T) 11.00 CSI: Crime Scene Investigation. (R) (T) 12.00 Quiz Call. 4.00 Dutch Football. 5.10 Football Argentina Highlights.

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(T) 6.10 Fifi and the Flowertots. (R) (T)

6.25 Franny's Feet. (R) (T) 6.35 Bird

Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20

Roary the Racing Car. (R) (T) 7.30

Rupert Bear. (T) 7.45 Make Way for

Noddy. (R) (T) 8.00 Say It with

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Thomas & Friends. (R) (T) 8.40 What

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(T) 11.00 FILM

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer; (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.30 Cash in the Attic. (T) 12.30 RHS Chelsea Flower Show 2007. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Pit & Kartop. (R) 3.50 The Likeaballs. (R) 4.00 Prank Patrol. (R) 4.30 Raven. (T) 5.00 Totally Doctor Who. (T) 5.25 Newsround. (T)

5.35 Neighbours. Singer Emma Bunton comes to Karl's aid as he and Susan enjoy a romantic break in London. Carmella tries to save her relationship with Oliver, unaware of Elle's attempts to woo him. (R) (T)

6.00 BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T)

7.00 Crash: One Fatal Day on the Roads. The UK has one of the worst records on child pedestrian deaths in Western Europe, with one killed or injured every 30 minutes. Cameramen follow campaigners across the country as they fight for change to stop youngsters dying needlessly in traffic accidents, and the parents who are taking on a justice system which puts a small price on a child's life. (T)

8.00 EastEnders. Stacey waits anxiously while Max prepares to confess to Tanya, but his wife is upset over a row with Jim forcing the cheating husband to make a heartbreaking decision. (T)

8.30 My Family. Old friends of Susan and Ben are having marital problems, prompting Susan to invite them round for dinner. However, the Harpers' own marriage is tested when they take sides. (T)

9.00 Have I Got News for You. Alexander Armstrong chairs the satirical current affairs quiz, with regular team captains Ian Hislop and Paul Merton. (T)

9.30 Ronni Ancona & Co. New series. Ronni Ancona presents a variety of celebrity impressions and sketches. The first episode includes parodies of celebrity couple Pete Doherty and Kate Moss, singer Amy Winehouse and Hollywood stars Nicole Kidman and Demi Moore. Other characters include a teacher on the verge of a nervous breakdown and an irritable airport security guard. With Jan Ravens and John Sessions. (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 Friday Night with Jonathan Ross. Rocker Ozzy Osbourne returns to the sofa for a chat and performs his new single. Doctor Who actress Freema Agyeman and The Friday Night Project co-host Justin Lee Collins also guest. (T)

11.35 FILM: Rambo: First Blood Part II (1985). Action adventure sequel. Sylvester Stallone stars. (T)

1.10 FILM: The Ghoul (1975). Chiller, starring Peter Cushing; (T) Weatherview. 2.35 BBC News 24.



6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Fimbly Songtime. (R) (T) 6.35 Balomary. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 ChuckleVision; (R) (T) Newsround. (T) 7.30 Get 100. (T) 8.00 Bring It On. (R) (T) 8.30 CBeebies: Take a Bow. (T) 8.35 The Koala Brothers. (T) 8.45 Come Outside; (R) (T) CBeebies Birthdays. (T) 9.00 Boogle Beebies. (T) 9.15 Pingu. (R) 9.25 Me Too! (T) 9.45 Something Special. (R) (T) 10.00 Postman Pat. (T) 10.15 The Roy of the Show. (R) (T) 10.30 Schools: Maths Channel. (T) 10.40 Maths Channel. (T) 10.50 Watch. (T) 11.05 Tales of Europe. (T) 11.20 BBC Primary History. (T) 11.40 BBC Primary History. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.30 Live Golf: PGA Championship. The second day's play on the West Course at Wentworth. (T) 6.00 Eggheads. (T) 6.30 Great British Menu. (T) 7.00 The Chewing Gum War. Cadbury launches its first chewing gum in Britain. (T) 7.30 Johnny Kingdom - A Year on Exmoor. Spring proves a busy time for the amateur cameraman. (R) (T) 8.00 RHS Chelsea Flower Show 2007. It's People's Day at the annual horticultural show. (T) 9.00 Timewatch - The Princess Spy. A woman deployed as a secret agent in 1943. (R) (T) 9.50 Storm Geese. The migration of geese to the Scottish island of Islay. (R) (T) 10.00 Balderdash & Piffle. Euphemisms for sex, death, war and going to the toilet. (T) 10.30 Newsnight. (T) 11.00 Newsnight Review from Cannes. (T) 11.40 Later with Jools Holland. (T) 12.40 FILM: Sleepstalker (1995). Horror, starring Michael Harris. (T) 2.20 Star Trek. (R) (T) 3.10 Star Trek. (R) (T) 3.55 Malcolm in the Middle. (R) (T) 4.20 Close.

6.00 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 9.00 Frasier. (R) (T) 9.30 Booze: A Young Person's Guide; (R) (T) Before and After. (R) (T) 10.25 Burning Questions. (R) (T) 10.30 Make Me a Grown Up; (R) (T) I've Got This Friend. (R) (T) 11.00 Sex, Lies and Soaps; (R) (T) 3 Minute Wonder. (R) (T) 11.30 Teen Taboos; (T) 3 Minute Wonder: Time for School. (R) (T) 12.00 News at Noon. (T) 12.30 Will & Grace. (R) (T) 1.00 A Place Down Under. (R) (T) 1.30 A Place Down Under. (R) (T) 2.00 FILM: Terror in a Texas Town (1958). Western, with Sterling Hayden. (T) (bw) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.35 Unreported World. Kosovo's impending independence from Serbia. (T) 8.00 A Place in the Sun: Home or Away. Properties in west Devon and Arles, France. (T) 9.00 Ugly Betty. Alexis catches the attention of a man. (T) 10.00 Ugly Betty. Daniel tries to heed advice about his sexual addiction, while Betty plans Mode's assistants' week bash at a medieval-themed restaurant and Alexis considers Rodrigo's offer. (T) 11.00 8 Out of 10 Cats: The Best Bits. (R) (T) 11.35 4Music: Transmission. 12.40 4Music: The JD Set Presents: Forward Russia. 12.55 4Music: 4Play: Wiley. 1.05 Get Your Act Together with Harvey Goldsmith. (R) (T) 2.05 Goaliassimo. 2.55 Premier League Poker. (R) 3.55 Transworld Sport. (R) 4.50 Supporting Acts. (R) (T) 5.00 Countdown. (R) (T) 5.30 New Shoots: Films from Disabled Directors. (R) (T) 5.40 New Shoots: Films from Disabled Directors. (R) (T) 5.45 New Shoots: Films from Disabled Directors. (R) (T)

6.00 Milkshake! The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 What Makes Me Happy. (R) (T) 8.50 Sandy and Mr Flap. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 FILM: Greener Fields (1998). Drama, starring Simone Corrente; (T) five news update. (T) 3.30 FILM: A Painted House (2003). Drama, starring Scott Glenn. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Joey. (R) (T) 7.00 five news. (T) 7.15 Cricket on five. England v West Indies. Highlights from the opening day of the Second Test at Headingley, where the hosts claimed victory by an innings and 49 runs against the West Indies in 2000; (T) 7.15 five news update. 8.00 Snake Attack. How reptiles can suddenly become hostile; (R) (T) 8.00 five news at 9. 9.00 NCIS. The team investigate the death of a Pentagon cryptographer suspected of spying. The deceased appears to have committed suicide, but evidence suggests she was not alone when she died. (T) 10.00 Law & Order: Criminal Intent. Five people are found dead in a car on railway tracks. (T) 11.00 Prison Break. (R) (T) 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Wexford. (R) (T) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. Grayson and Jo discuss their business deal, while Andy is furious to learn of his fiancee's debt and has to turn to Jack for financial help. Marion is forced to stop building work after checking the legality of Eric's scheme, while Zaki pays the councillor a visit to meet out his own brand of justice. (T)

7.30 Coronation Street. Maria walks in on Fiz and John in the middle of a kiss, so tells her friend she needs to be honest with Kirk about her new relationship. Leanne continues to enjoy the high life with Carla as they dine at a classy restaurant, which just happens to be up for sale, and Liz drags Deirdre to the Red Lion to spy on Derek's wife. (T) 8.00 Coronation Street Family Album. Profile of the McDonalds, who moved onto the Street in 1989 and have since been involved in 37 punch-ups, 10 affairs and 122 domestic incidents, ensuring that, love them or hate them, life is never dull. Weatherfield. Beverley Callard, Simon Gregson and Suranne Jones are among the actors taking part. Matthew Kelly narrates. (R) (T)

8.30 Agatha Christie's Marple. A blizzard forces the sleuthing spinster to spend a night in isolated Sittaford House, situated on a Devonshire moor. Without explanation, the building's owner, rising politician Clive Trevelyan (Timothy Dalton), decides to pass the evening in a local hotel - only for a ouija board to predict his murder. Mystery drama with an all-star cast, including Geraldine McEwan, Robert Hardy, Matthew Kelly, Patricia Hodge and Mel Smith. (R) (T) 10.30 ITV News; Weather. (T) 11.00 It Shouldn't Happen on a TV Soap. Stars of the small screen talk about their worst moments working on Britain's favourite programmes, featuring forgotten lines, unexpected encounters and public humiliations. (R) (T) 12.00 Make Your Play. ITV News Headlines. 4.10 60 Minute Makeover. (R) (T) 5.00 ITV Nightscreen.

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

RTP1
0630 Bom dia Portugal 1000 Praça da Alegria 1300 News 1410 Los Ricos Tambien Llibran 1530 Marco Paulo 40 Anos de Amor Eterno 1715 Lingo 1800 Portugal em Directo 1915 O Preço Certo 1955 Direito de Antena 2000 News 2330 Gost Ship, film 0130 Adeus Princessa, film

RTP2
0700 EuroNews 0715 Zigzag 1400 Sociedade Civil 1530 O Lugar da História 1600 Entre Nós 1630 Euronews 1700 Lendas Vividas de Além Mar 1730 Discovery Hour 1830 A Fé dos Homens 1900 Haja Saúde 1945 Zig Zag 2045 Yes Dear 2115 Discovery Hour 2200 News 0015 Film TBA

SIC
0645 Sic Kids 0830 Floribella 1000 Fátima 1300 News 1400 O Profeta 1445 Lágrimas de Família 1530 Contacto 1715 Floribella 1900 Sínha Moça 2000 News 2145 Floribella 2215 Cobras & Lagartos 2315 Jura 0015 Behind Enemy Lines, film TVI

0700 Diário Da Manha 1000 Vocé na TV 1300 News 14000 Inspector max 1500 Anjo Selvagem 1600 Quem Quer Ganha 1800 Morangos com Açúcar 2000 News 2115 Euro Milhões 2130 Morangos com Açúcar 2215 Tempo de Viver 2330 Falafame de Amot 0130 Film TBA

BBC3
7.00 Castaway 8.00 TV Gaffes Galore 9.00 Doctor Who 9.45 Doctor Who Confidential 10.00 Eastenders 10.30 Two Pints of Lager and a Packet of Crisps 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Family Guy 11.50 Family Guy 12.15 Rob Brydon's Annually Retentive 12.45 Two Pints of Lager and a Packet of Crisps 1.15 Two Pints of Lager and a Packet of Crisps 1.45 TV Gaffes Galore 2.40 Sex - with Mum and Dad 3.40 Close

BBC4
7.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 8.00 The World 8.00 Weather 8.30 Reputations 9.30 Film: She Wore a Yellow Ribbon U (1949) 11.10 The Avengers 12.00 Marcus Brigstocke's Trophy People 12.30 The Edwardians in Colour: The Wonderful World of Albert Kahn 1.30 The Edwardian Family Album 2.30 Marcus Brigstocke's Trophy People 3.00 The Edwardians in Colour: The Wonderful World of Albert Kahn 4.00 Close

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ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 3.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 Smallville 8.00 Big Day 8.30 American Idol: The Finale 9.30 American Idol: The Finale 11.30 Katie & Peter: The Next Chapter 12.30 Coronation Street 1.00 Generation Xcess 2.00 Make Your Play: ITV Play 4.00 Teleshopping 6.00 Close

Sky One
1.00 Law & Order 2.00 Cold Case

6.00 A Child's Cry for Help PG (1994) 7.35 Her Own Rules PG (1998) 9.15 Between Love and Honor PG (1995) 10.55 Ride to Freedom: The Rosa Parks Story PG (2001) 12.35 A Child's Cry for Help PG (1994) With Veronica Hamel. 2.10 Between Love and Honor PG (1995) With Grant Show. 3.50 Ride to Freedom: The Rosa Parks Story PG (2001) With Angela Bassett. 5.30 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 8.00 Crash 15 (2004) With Brendan Fraser. 10.00 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 12.30 Conviction 18 (2002) With Omar Epps. 2.20 Keys to Tulsa (1997) With James Spader. 4.25 Her Own Rules PG (1998)

6.45 The Pirates of Penzance U (1982) 8.40 The Adventure of Sherlock Holmes' Smarter Brother PG (1975) 10.40 She's Having a Baby 15 (1988) 12.40 Fun with Dick and Jane 12 (2005) With Jim Carrey. 2.25 To Die For 15 (1995) With Nicole Kidman. 4.15 The Adventure of Sherlock Holmes' Smarter Brother PG (1975) With Gene Wilder. 6.15 Bad Manners 15 (1997) With Declan Donnelly. 9.45 Fun with Dick and Jane 12 (2005) With Jim Carrey. 11.20 She's Having a Baby 15 (1988) With Kevin Bacon. 1.10 To Die For 15 (1995) With Nicole Kidman. 3.00 Bad Manners 15

6.00 Live Test Cricket. Bangladesh v India. 10.30 Live Test Cricket. England v West Indies. 7.00 FIFA. Futbol Mundial 7.30 Live International Football. England. B v Albania (Kick-off 7.45pm). 10.15 Test Cricket 12.15 International Football 1.45 Test Cricket 3.45 Sky Sports Classics 4.00 Moto Plus 4.30 FIFA. Futbol Mundial 5.00 Live Test Cricket. Bangladesh v India.

6.00 Aerobics Oz Style 6.30 Ocean 7.00 America's Cup Sailing 9.00 Ocean 9.30 Poker Week 10.00 Boots 'n' All 11.00 International Football 12.30 FIFA. Futbol Mundial 1.00 ATP Tennis 1.30 Boots 'n' All 2.30 International Football 4.00 FIFA. Futbol Mundial 4.30 Boots 'n' All 5.30 FIFA. Futbol Mundial 6.00 Live Golf Night. The Senior PGA Championship. 8.00 Test Cricket 10.00 Golf Night 12.00 Rugby Union 2.00 Golf Night 4.00 International Football 5.30 World Sport

10.30 IAAF Athletix Weekly 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Transworld Sport 1.00 Race World 2.00 Ocean 2.30 NBA Action 3.00 Transworld Sport 4.00 Race World 5.00 WWE: Raw 7.00 Rally World 7.30 Live Super League. Salford City Reds v Huddersfield Giants (Kick-off

8.00pm). 10.00 WWE: Late Night - Smackdown 12.00 WWE: Late Night - Bottom Line 1.00 Super League 3.00 World Sport 3.30 Super League 5.30 Karting

7.30 Cycling 8.00 French Open Legends 9.00 GP2 Racing 10.00 World Superbikes 10.45 Live Table Tennis. The World Championship from Zagreb. 2.00 Live Cycling. The 13th stage of the Giro d'Italia. 4.30 French Open Legends 5.30 Table Tennis 6.30 Live Table Tennis. The World Championship from Zagreb. 9.00 Cycling 10.00 Top 24 Clubs 10.30 Yoz Magazine 11.00 Eurosport Buzz 11.30 Poker 12.30 Close

8.30 Golf 10.30 Live Test Cricket. Bangladesh v India. 12.00 Poker Week 12.30 Watersports World 1.30 America's Cup Sailing 3.30 IAAF Athletix Weekly 4.00 Ocean 4.30 ATP Tennis 5.00 Karting 5.30 Moto Plus 6.00 Ocean 6.30 Karting 7.00 America's Cup Sailing 8.00 Live Rugby Union. New Zealand Maoris v Canada (Kick-off 8.00pm). 10.00 America's Cup Sailing 11.00 Ocean 11.30 Rally World 12.00 Karting 12.30 World Sport 1.00 Ocean 1.30 Moto Plus 2.00 America's Cup Sailing 3.00 Rally World 3.30 Rugby Union 5.30 Ocean

IMMEDIACY!
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for your business?

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PROPERTY

An 11 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 19 May 2007

PROPERTY OF THE WEEK

A stylish and elegant hidden Algarvean gem



Situated on an elevated rural position in Vale de Lama, near the picturesque Alvor estuary, this exclusive 'quinta' is set on a fully fenced plot of 16,800 square meters, with luxurious gardens, and is a real, hidden gem.

Located just a couple of minutes from the Alvor estuary, the large property is surrounded by expansive lawns, trees, shrubs, flowers and a small vineyard.

The acclaimed Palmares, Penina and Boavista golf courses are between five and 15 minutes drive away. Lagos and its fabulous marina are 10 min-

utes away, and Faro international airport only 45 minutes down the A22 motorway.

Comprising two individual properties, a main house and a



Situated on an elevated rural position in Vale de Lama, this exclusive 'quinta' is set on a fully fenced plot of 16,800 square metres, with luxurious gardens.



A stylish and elegant hidden Algarvean gem.

guest cottage, both are totally independent and separated by a garden area.

The main house is a splendid five-bedroom country home; the second property is a completely self-contained two-bedroom guest cottage.

Recently updated, both houses were elevated to superior modern standards, using quality finishings, equipped with the likes of underfloor heating systems, an underground waste deposit of 1,100 kilograms capacity, solar heated water tanks with a 300-litre capacity, and the highest standard double glazing.

Run on gas the property further boasts three satellite televisions, a borehole for crop watering, an 11x5 size swimming pool

with solar cover, a garage, workshop, carport for up to four cars, and completely remodeled kitchen and bathrooms.

From the massive terraces around the houses and pool area, panoramic views, either to the Monchique Mountains or Alvor estuary, will delight and impress even the most discerning vista-aficionados.

This is a truly stunning property, situated on a plot in a location that is considered one of the best in the Western Algarve. Price on application. For more information contact João Nunes (fifth best salesman for Remax Portugal, 2006), at Remax Lagos on: (+351) 917771849 (24h). Alternatively, see website: www.remax.pt/mgmartins



The two-bedroom guest house.



A light and bright country kitchen.



Beautiful original features have been retained.



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Algarve - Portugal
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Fax: 289 315 578

vilagente@mail.telepac.pt
www.vendavilla.com



Vilamoura

Situated in a quiet area, villa composed of 4 bedrooms, 2 bathrooms, lounge and dining area with fireplace, kitchen, 2 storages and terraces. Basement and carport. Swimming pool and garden. Plot area: 740 sqm. Constr. area: Approx. 120 sqm. Ref: V12485 Price: € 775.000



Vilamoura

Beautiful semi detached villa, completely renovated, composed of 2 bedrooms, 2 bathrooms, lounge, kitchen, storage and terraces. Roof terrace and barbecue. Communal swimming pool and garden. Partly furnished and equipped. Ref: V12481 Price: € 245.000



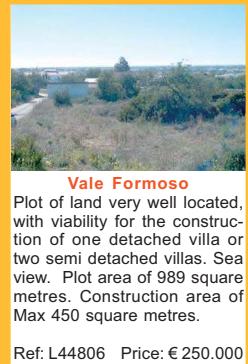
Vilamoura

Apartment situated near all facilities, composed of 2 bedrooms, 2 bathrooms, lounge and dining area, equipped kitchen and 2 terraces. Furnished. Communal swimming pool and garden area. Construction area: 90 square metres. Ref: A1177 Price: € 190.000



Acoteias

Spacious apartment composed of 3 bedrooms, 3 bathrooms, lounge with fireplace, equipped kitchen, storage and terraces. One bedroom apartment in annexe w/ a terrace w/ 70sqm. Furnished. Communal pools & garden area. Construction area: 132 sqm. Ref: A1174 Price: € 480.000



Vale Formoso

Plot of land very well located, with viability for the construction of one detached villa or two semi detached villas. Sea view. Plot area of 989 square metres. Construction area of Max 450 square metres. Ref: L44806 Price: € 250.000



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Fuzeta

2 bedroom village house, with patio/parking and roof terrace. Close to all amenities, walking distance to the water... Fantastic price !!! Great opportunity !!
Price: € 195.000,00
Ref.: MG-VIV-0081
Call: 917 787 582



Fuzeta

2 bedroom townhouse with 1 bedroom apartment... very well located, with yard and roof terrace. Sea Views!! Excellent business opportunity!!
Price: € 235.000,00
Ref.: MG-VIV-0078
Call: 917 787 582



Olhão

3 bedroom townhouse with private carport, front and backyard, BBQ and terrace. Great location! Excellent price !!!
Price: € 180.000,00
Ref.: MG-VIV-0083
Call: 917 787 582



Armona Island

A unique opportunity to own a unique property!!! A 2 bedroom house located on Armona Island... Totally renewed!!! Fantastic sea views...first line!!
Price: € 200.000,00
Ref.: MG-VIV-0075
Call: 917 787 582



Fuzeta

Renewed 1 bedroom village house, w/ possibility to build on the 1st floor... W/ huge terrace... Close to all amenities, walking distance to the water... Fantastic price! Great opportunity!
Price: €150.000,00 / Ref.: MG-VIV-0082
Call: 917 787 582

East Algarve – Selected Properties in Tavira and Olhão

An opportunity to acquire a large property set in 10,000 m² of garden, some parts of which are over 120 years old. Mostly refurbished to a very high standard, this house will make an excellent family home with the added advantage of superb office facilities for anyone wishing to work from home and also have an additional income from the on-site holiday cottage. The property boasts two large entertainment terraces, a Chef's dream of a kitchen with granite worktops throughout, a large relaxing dining room, a fully air conditioned lounge with satellite TV, a superb air conditioned four room master bedroom suite also with satellite TV, several

other bedrooms, a library, sewing room, laundry room, study, workshop, garden room, store-room etc. In total nearly 600 square metres of covered area. The office suite is air conditioned and fully wired with separate telephone, fax and ADSL broadband all networked to the adjoining office reception area. The holiday cottage offers a lounge/diner/kitchen and a double bedroom with en suite shower and toilet, a sun terrace and pool located outside the cottage door. The garden contains numerous fruit trees including oranges, lemons, grapefruit, apricots, figs, olives, almonds and carobs with an irrigation system covering most of the grounds.

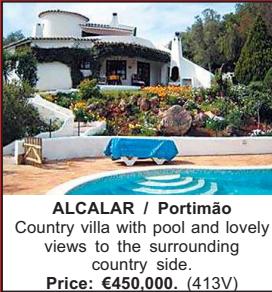
This is a very comfortable property ready to move into, but still with enough scope left to put your own mark on it and all for only €895.000.
For a more detailed colour brochure or to arrange to view please contact either Trevor on 917 010189 or Frances on 916 859898



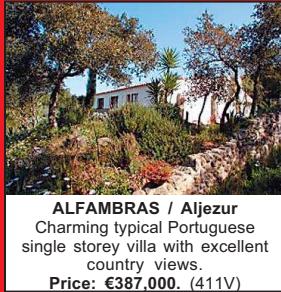
QUINTA in Moncarapacho



Family business of 3 generations established in 1969 specialising in Lagos & the Western Algarve.



ALCALAR / Portimão
Country villa with pool and lovely views to the surrounding country side.
Price: €450.000. (413V)



ALFAMBRAS / Aljezur
Charming typical Portuguese single storey villa with excellent country views.
Price: €387.000. (411V)



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LAGOS
Family villa with pool close to the beach, town and golf.
Price: €680.000. (412V)



LAGOS
Spacious recently built apartment with pool, walking distance of all amenities and historical centre.
Price: €275.000. (198A)

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www.laforet.pt/portimao**Portimão / Monte Canelas**
4 bedroom Villa. 2 of them en suite. Central Heating. Central Vacuum cleaner.

Ref: 0030 Price: € 750.000

**Lagos / Luz**
3 bedroom Villa. NEW. Private condominium (one of ten villas). Private pool + garden. Complete alarm system with video intercom. Floor heating. Air condition. Sanitary fitting can be chosen: "Villeroy & Boch".

Ref: 0002 Price: € 398.000

**Portimão / Belomonte**
3 bedroom Villa. 2 Suites. Equipped and large kitchen. Central heating with solar panels. Air conditioning. Alarm system. Central vacuum cleaner. Excellent mountain view. Swimming pool. Large balconies. Garden with irrigation system.

Ref: 0101 Price: € 850.000

**Portimão / Belomonte**
3 bedroom Villa. Central heating, furnished, equipped kitchen. Wood oven. Garden with terraces. Barbecue and swimming pool. Garden with automatic irrigation system. Excellent solar exposition.

Ref: 00091 Price: € 510.000

**Portimão / Belomonte**
4 bedroom Villa. 3 suites plus 1 bedroom. Equipped kitchen. Partially furnished. Swimming pool. Garden with automatic irrigation system. Excellent solar exposition.

Ref: 0097 Price: € 485.000

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**São Brás de Alportel**

- Attractive new villa
- 4 bedrooms, 4 bathrooms
- Pool included in price
- Country & sea views
- Villa 220m², plot 3000m²
- Terraces & garden

Ref: V439 Price: € 535.000

**São Brás de Alportel**

- 2 houses for restoration
- Old cottage, 11 divisions
- Separate house, 4 divisions
- Cottage 186m², house 58 m²
- Plot of 1200 m²
- Country views

Ref: V886 Price: € 300.000

**Central / East Algarve**

- Over 100 ruins / terrains
- From € 50.000
- To over € 2.000.000

See:
www.property-runner.com

Ref: V899 Price: € 1.600.000

**Armação de Pera**

- Views over new golf course
- Spacious villa + more
- Pool & gardens
- Villa 300m², plot 15000m²
- Agricultural building 160m²
- Olive grove

Ref: V889 Price: € 895.000

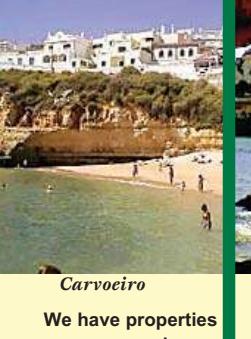
**Albufeira**

- Beautiful spacious villa
- Lovely pool & terrace
- Large basement/garage
- Villa 360m², plot 500m²
- Walking distance to centre & beach
- Furniture included

Ref: V889 Price: € 895.000



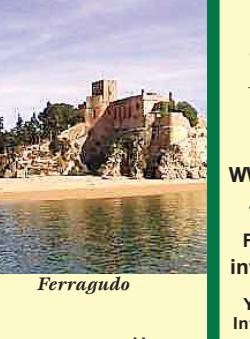
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Ref# A71806

3 bedroom apartment, excellent location in complex w/ large green areas, 3 pools, restaurants, snack bar, supermarket & reception. Only 15mins walk to Marina & beach. Constructed area: 120sqm. Large South facing balcony. Furnished & equipped.

Price: € 275.000

**MONTENEGRO**

Ref# V71791

Spacious 5 bedroom detached villa on quiet residential area, near airport & beach. 500 sqm plot w/ 300 sqm constr. area. Top finishes. Large living room w/ wood burning stove. Fully fitted kitchen. Alarm sys. Pre-installation for A/C. Garden w/BBQ. Lovely country views.

Price: € 595.000

**VILAMOURA**

Ref# V71819

4 bedroom villa near Old Village & Four Seasons. Facing Pinhal Golf Course w/stunning golf views. Approx. 15 mins walking to Marina & beach. 480 sqm plot w/ 300 sqm constr. area. Furnished & equipped. A/C. Alarm. Central vacum sys. Landscaped garden w/ pool. Large basement.

Price: € 1.0605.000

**QUARTEIRA**

Ref# TC71758

Located in a very quiet area near the Vila Sol Golf complex. 5.000 sq.m. plot. Possibility to build a detached villa with 300 sq.m. of constructed area. Country views. Excellent accessibilities.

Price: € 400.000

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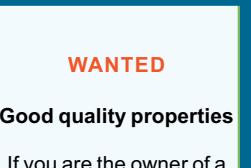
**Moncarapacho**Tastefully decorated modern villa w/ 4 large bedrooms, 3 bathrooms. Beautiful and mature gardens w/ swimming pool. Property is located in a sought-after residential area, marvelous views. Constr. approx. 250m², plot 5000m².

Ref: LHV-930 Price: € 875.000

**Tavira**

Bright 2 bedroom / 2 bathroom townhouse on elevated position offering stunning views over Tavira and ocean. Communal pool and gardens. Loft can be converted into 3rd bedroom with bathroom.

Ref: LHT-824 Price: € 267.000

**WANTED****Good quality properties**If you are the owner of a
good quality property and
wish to sell,please contact us to
arrange an appointment.**Moncarapacho**Well-presented 3 bedroom villa w/ distant sea views, consisting of large living w/ separate dining area, fully equipped kitchen, 3 bedrooms, 2 bathrooms, large terrace, mature & landscaped garden. Approx. 898m² plot, 186m² covered area. Built 2003. Ref: LHV-910 Price: € 380.000**Cabanas de Tavira**Well presented 3 bedroom / 2 bathroom Townhouse with communal swimming pool close to all amenities and beach. Lovely location and in excellent condition. Very good price. Covered area approx. 112m², built in 1997. Ref: LHT-798 Price: € 285.000

Stunning villa in one of the Algarve's most sought after locations

Three en suite bedrooms, plus stunning master bedroom with sea views, private terrace, Jacuzzi, high tech shower. New kitchen dining room, lounge with panoramic views, massive lower ground floor with wine cellar, bar, kitchen and private terrace. Suitable for TV/Cinema room, billiards etc. The party and entertaining floor without equal anywhere. Three floors, all served by lift, complete wheelchair accessibility throughout. The property has under-floor heating and air conditioning, comprising 500 square metres of living space, very private landscaped gardens of half an acre, swimming pool, totally fenced with electric gates and impressive entry drive. Situated just outside Almancil, near to the golf courses of Vale do Lobo, Quinta do Lago and Vilamoura. €975,000 Euros

For further details and an appointment to view Call Chris on 289 396 754



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Vale Formoso
Fabulous four bedroom villa with magnificent sea views, w/ 4 bathrooms, cloakroom, living room w/ fireplace, further sitting room, dining room, fitted kitchen, tastefully furnished, alarm, A/C, pool, garage, extensive garden. Built area: 580m2
Ref. VF1 Price: £ 1.300.000



Albufeira
Countryside farm house w/ 5 bedrooms, 4 baths, sauna, living/dining w/ fireplace, BBQ, open plan kitchen, central heating, wine cellar, wooden oven, alarm system, landscaped garden, 12x6m pool, Jacuzzi, Stunning mountain and sea views. Plot: 13.700m2
Ref. PA1 Price: € 990.000



Carvoeiro
3 bedroom luxury villa at Clube Atlântico w/ 3 bathrooms en suite, cloakroom, living room w/ fireplace, dining room, TV room w/ fireplace, fully furnished, equipped kitchen, laundry, A/C, heated pool, BBQ in roof terrace, store rooms, garage, landscaped garden. Plot: 1380m2
Ref. CARV19 Price: € 1.250.000



Salinas Country Club
2 Bedroom terraced villa located in a quiet area of Quinta do Lago, with entrance hall, 2 en suite bathrooms, cloakroom, fitted kitchen, living/dining room, tastefully furnished, A/C. Small landscaped garden, roof terrace w/ partial views of the Ria Formosa.
Ref. SCC4 Price: € 515.000



Salinas Country Club
2 Bedroom terraced villa located in a quiet area of Quinta do Lago, with entrance hall, 2 en suite bathrooms, cloakroom, fitted kitchen, living/dining room, A/C, small landscaped garden.
Ref. SCC2 Price: € 475.000



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Vilamoura
An attractive, well maintained detached 4 Bedroom villa only 2 mins walk to the "Old Village". The house has the benefit of double glazing, heating, air conditioning and garage. The pool is set in a beautiful terrace area with BBQ. Perfect for outdoor living.
Price: €595,000 / £410,000



Vilamoura
Ground floor 2 bedroom apartment located near the Tennis Centre & within 15 minutes walk of the Marina and all amenities. The complex is well maintained with its own snack bar. The apartment comes fully furnished with air conditioning.
Price: €185,000 / £127,000



Vilamoura
Luxury 3/4 Bedroom luxury villas next to the "Old Course". The villas are luxurious & offer highest quality of finishing's & fixtures. Large garage & basement area suitable for a further 4th Bedroom or Games Room. Property also has a large communal swimming pool.
Price: €590,000



Vilamoura
Beautiful 3 Bedroom / 2 Bathroom detached villa with magnificent golf views. The villa has a private swimming pool in landscaped gardens and is situated in a peaceful location within walking distance of the "Old Village" and its amenities.
Price: €690,000 / £475,000



Vilamoura
4/5 Bedroom detached villa with landscaped gardens, private BBQ courtyard, sun terrace and swimming pool. Located in a quiet residential area, this villa offers the perfect holiday home or permanent residence.
Price: €695,000 / £479,000



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Carvoeiro
Townhouse in quiet area, close to village centre & Centianes beach. Spacious 2 bedrooms w/ own balcony, 2 bathrooms, lounge/dining room, equipped kitchen, storage area, roof terrace. Space for 3rd bedroom. Covered carport. Communal swimming pool.
Ref. A-207 Price: € 235,000



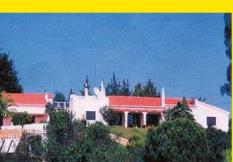
Pestana Golf & Resort
Luxurious townhouse in peaceful location. 2 bedrooms, 2 bathrooms (1 en suite), lounge/dining room, equipped kitchen. Communal sw.pool. 24-hour security. Central heating. Sat-TV. Close to beaches & Carvoeiro centre. Golfing rights. Furnished.
Ref. V-327 Price: € 299,000



Carvoeiro
Villa on a small plot, good location with easy access to the village. 3 bedrooms, 2 bathrooms, equipped kitchen, lounge, dining area, garage. Space for swimming pool with permission to build. Realistic price.
Ref. V-345 Price: € 365,000



Carvoeiro
Spacious luxury villa close to the village centre. Excellent rental return. Easy to maintain, low running cost. Tastefully furnished. 3 bedrooms, 3 bathrooms, lounge/dining room, spacious kitchen, swimming pool. BBQ area.
Ref. V-344 Price: € 405,000



Porches
Rustic villa in secluded location set in plot of 25,000m2. 4 bedrooms, 5 bathrooms, lounge/dining room, equipped kitchen, garage, swimming pool. Large variety of trees. Bore hole, cistern, 3 apart. 600ltr solar heated.
Ref. V-330 Price: € 1,090,000

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House still under construction, which allows choice of finishing, in a calm zone of Alcantarilha.

Excellent option as holiday investment or as permanent residence. **PRICE: €325,000.**

ALCANTARILHA

Luxury house - 5 suites, 7 bathr., ample leisure areas. Prestige finishings, sea & mountain views.

Land: 2,300m². Fully air-con., c/heating with soil radiating, pool. **PRICE: €1.500,000.**

BOLIQUEIME

Well situated 2 bedroom villa in a central, but calm zone. Excellent opportunity with the furniture. Excellent for investment or as permanent residence. **PRICE: €215,000.**

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A-552 Lagos - Meia Praia

Charming, immaculate, 1 bedr. apartment, located in Marina Park, a gated community with large gardens, pool & tennis courts. Within easy walking distance to all amenities, Marina, beach & town centre. The perfect place for a relaxing holiday or income. Private parking & storage. Sold fully furnished and equipped. **Price: €140,000. / £96,550.**



A-509 Lagos - Burgau

Small and charming apartment located just 100 meters from the beach. Ideal for relaxing holidays or income. Sold fully furnished and equipped. Private parking. Roof terrace with fabulous view. **Price: €117,000. / £80,600.**



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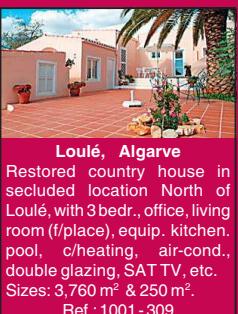
Silves, Algarve

Charming country home near Silves' Arade dam with spacious living/dinigr., 2 bedr., 2 bathrs, pool, c/heating, SAT TV etc. Excellently valued for amount of land & quality of lifestyle offered. Sizes: 8,760 m² & 130 m². Ref.: 1001-305



Monte Judeu, Algarve

Excellent family home next to Penina Golf Course. 3 bedr., 2 bathr., large living/dinigr., office, lounge, pool, (partly) c/heating, double glazing, bore hole, landscaped mature gardens, garage. SIZES: 5,000 m² and 192,29 m². Ref.: 1001 - 344



Loulé, Algarve

Restored country house in secluded location North of Loulé, with 3 bedr., office, living room (f/place), equip. kitchen, pool, c/heating, air-cond., double glazing, SAT TV, etc. Sizes: 3,760 m² & 250 m². Ref.: 1001 - 309

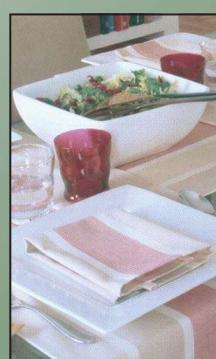


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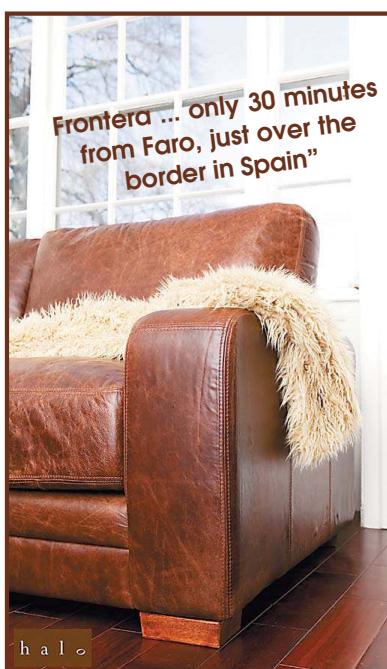


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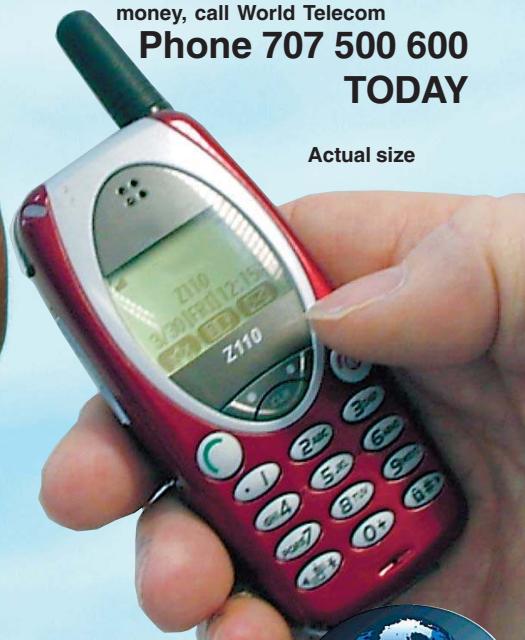
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Plant guide launched for beginners



A lack of confidence and gardening knowledge means that a third of us don't make the most of our garden, according to a new survey.

Nearly half of people buy plants based purely on colour, scent and shape, while one in four aren't seeking advice at garden centres and nurseries, the PlantforLife survey found. With this in mind, UK's Horticultural Trades Association is launching a new Plant Advice Guide to help

budding gardeners find out what they need to know to create the garden they want.

It includes space for people to sketch out a plan of their garden to take to the local garden centre or nursery where experts can take them through the guide helping them select the right plants and

flowers for their garden. Topics covered in an easy-to-use format include testing your soil type as well as descriptions, pictures and suitable growing details for a range of popular plants ranging from broom to fuchsia, petunia and lavender. There's also a useful guide on shrub maintenance.

Here are a few growing details of some of the plants beginners

may want to incorporate in their gardens:

Dahlia: The national flower of Mexico revels in sunny weather. Flower colour: pastels to bright primary colours. Likes fertile, light, very well drained soils when planted in the garden and universal compost when in a pot. Put it in a sunny, open spot. Height varies from 30cm upwards, as does the spread. Plant it in April-June and it should flower from July through to first frosts.

Juniper: The doorman of the garden, providing a sturdy backbone to a flowerbed. Its evergreen, woolly appearance provides an excellent foil for surrounding flowering plants. Flower colour: yellow/green. Tolerates a wide range of soil conditions. Prefers a sunny position, doesn't really like shade. Varies in height from 75cm to 25m. Plant in March/April and October/November. Will flower March to April and combines well with heather.

Lavender: Perfect for dry conditions and attractive to bees. Flower colour: various shades of blue, pink and white. Will tolerate dry, poor soils but must be free-draining. Put it in a sunny, warm, south-facing spot. Height and spread 30-50cm. Plant in October-March for flowering May-July. Good planting companions include floribunda and hybrid tea roses.

.. The Plant Advice Guide is free to download from www.plantforlife.info.

Hannah Stephenson

From field to fork



as you will have to wait two years for your first good harvest. Plant one-year-old crowns now in free-draining soil in a sunny, sheltered spot, digging trenches about 20cm deep and 1m apart. Crowns should be covered with 5cm of sifted soil immediately after spreading out roots and the trench needs to be filled in gradually as the plants grow.

The stems will need supporting and watering during dry weather. In autumn they should be cut down when they turn yellow, leaving stumps an inch or two above the surface.

Then in spring, make a ridge of soil over each row and apply a dressing of general purpose fertiliser. Don't be tempted to cut spears which appear shortly after planting. Leave it until the second year, when the spears reach 10-15cm and can be cut around 8cm below the soil surface. Cutting should stop in early June as the spears should be allowed to build up reserves for next year's crop.

Asparagus

Asparagus is always so expensive in the shops and tastes better if you've grown it yourself, although it is one of the more challenging crops as it needs good soil preparation and fervent hand weeding. Soil should be dug thoroughly in autumn, adding well rotted manure and lime if the soil is acid. You will also need to be patient

Three ways to...

Encourage your agapanthus to flower

1. Border grown agapanthus like rich, well drained soil in a warm, sunny position. Mulch and feed the plants with a general purpose fertiliser to help improve flowering.
2. Keep container-grown plants in a cool, light position over winter such as a cool conservatory. They don't like really wet or really dry conditions.
3. Water agapanthus well during the growing season, especially after flowering to promote more blooms for the following year.

and to: Use fertiliser successfully

1. Never exceed the recommended rate of use because too much fertiliser will scorch plant roots.
2. Don't feed plants when they are under stress due to water shortage or attack from pests or disease, or in dormant seasons.
3. Use solid fertilisers on moist ground and hoe them in. Water in well if the soil is dry.

What's in store

Looking round the garden centres at the present moment is a wonderful experience as they are awash with the vibrant colours of bedding plants.

» **Felicia amelloides** that originated in South Africa is also known as the Blue Daisy. It is a delightful low-growing shrub with sky-blue daisy-like flowers with yellow centres. In the initial stages of growth pinch back the growing tips to help to produce a more bushy shrub that can attain a height and spread of 30cms or more. These are often used as annuals as they can become very 'leggy', but if you cut them back after flowering you should be able to keep them in check, besides getting successive blooming periods throughout the season. They need a well-drained soil mixture in a sunny position and if frost is predicted some protection from the elements. Water on a regular basis and give a monthly application of liquid fertiliser during the active growing and flowering period.

» **Pelargoniums** come in a variety of forms with the most common in our gardens the zonal and ivy-leaved - trailing - varieties. Colours range from white through the pinks and reds to lilac and purple. They need a fertile well drained compost and to be grown in full sun or partial shade. They do need watering on a regular basis, with liquid fertiliser given every three or four weeks during the flowering season. These are very rewarding plants as they can flower throughout the year if they are in a frost free zone and are dead headed on a regular basis to encourage repeat blooming. They are frost tender and therefore need protection if inclement weather is forecast.

» **Lotus berthelotii** is a low growing, generally not very long lived, trailing perennial with coral to scarlet beak shaped flowers, hence the common names of Parrots' beak, Pelicans' beak or Coral Gem. They prefer a well drained soil mixture in full sun and, as with the other plants mentioned, liquid fertiliser on a regular basis and protection from frost.

Madge and John Measures

Best of the bunch



Azalea (Rhododendron)

Originating from China, these stunning evergreen or deciduous shrubs with blousy blooms in shades from white to purple are generally daintier than garden rhododendrons, but can add structure as well as colour to a garden.

Personally I love azaleas in pots, but they do not tolerate calcareous soils therefore they thrive in ericaceous compost in



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Modern Mediterranean

Whether your heart lies in Greece or Corsica, Italy, or Spain, there's no need to wait until your next summer holiday to relive the unique style and feel of your favourite hideaway.

All you need are a few subtle touches of European, African and Oriental design, simple furniture incorporating both past and present influences, and natural floors scattered with rush mats or brightly coloured rugs.

"The traditional notion of Mediterranean living is suffused with simplicity," explains Dominic Bradbury, author of Mediterranean Modern. He describes the style as: "An openness to landscape and the sea and with that particular erosion of divisions between indoor and outdoor space, as well as emphasis on texture, organic and sea-blown colours, and solid, natural materials."

Indeed, top interior designer John Stefanidis says that one discreet, but very effective way to recreate classic Mediterranean accents in your home is to choose cool stone or fine wood flooring to achieve a rustic yet chic effect. "Continue the flooring into your outside areas to create a smooth consistency for outdoor living," he advises.

To add an 'easy' feel to your sitting room, go for rough-textured canvases or linen in fresh and zesty colours, or even clean blues and whites.

"For authentic Mediterranean entertaining update your outdoor furniture by adding a lick of blue

or white paint, and to complement, add white or pale blue walls or even white with ochre," Stefanidis says. "Go for cleanline furniture and loose cotton covers in clear colours which can be changed with the seasons."

Coastal chic: The Mediterranean region is dominated by the blues of the sea and sky, the bright light of the sun, and the homely colours of the earth and nature.

Use stone floor tiles throughout your living area, and patterned ceramic tiles for bathrooms, kitchens, and halls. Terracotta tiles made from specially prepared clay, are also ideal.

Perfect for a dreamy afternoon in the garden or conservatory, you can't beat distressed wooden chairs with a selection of zesty-coloured cushions. Casually strewn rugs and mats also look great anywhere in the home.

Ibiza style: On the sun-drenched island of Ibiza, far from its crowded beaches and pulsating nightclubs, lies a secret treasure trove of some of the world's most stylish interiors. From charmingly rustic fincas nestled in groves of orange and lemon trees, to cool coastal retreats for artists, writers and musicians, Ibiza inspires a myriad of design ideas for island-lovers everywhere. "Ibiza has a uniquely re-

laxed style: island life is all about lounging on daybeds or in hammocks strung between palm trees, surrounded by bougainvillea-shaded terraces, ancient olive trees and fragrant olive and almond groves," says author Chloe Grimshaw.

To recreate Ibiza chic in your

own home try adding a touch of glamour to your patio or decking area with a gorgeous all-weather rattan daybed, scattered with baby rib cotton cushions in navy, lime green, cream, turquoise, sage green or bright coral. Alternatively, chill out and put your feet up in a hammock.

Mediterranean Modern (Design House) by author Dominic Bradbury, is published by Thames & Hudson Ltd and is available from Amazon (www.amazon.co.uk). ISBN-10: 050034227X ISBN-13: 978-0500342275.

Emma Pomfret



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Merrylegs Pet Resort and Care Centre



Those who visited the International Algarve Fair last weekend couldn't help but stop and make a fuss over the cutest little faces bouncing on all fours around the Merrylegs stand. Located in Loulé, Merrylegs has arrived in the Algarve to offer a whole new concept in pet care, a new level of pampering, giving even the most discerning clients the quality of care their pets deserve.

But Merrylegs is much more than a mere pet hotel – it also offers locals the chance to enrol their 'best friend' into a number of obedience and agility courses, including hydrotherapy, training, and puppy socialisation.

The establishment was taken over by the Browne family in December 2005.

Run by sisters Clare, kennel manager, and Laura, a qualified hydrotherapist with an HND in animal care, the centre provides a 'home from home' for dogs, whose owners may need to make a short visit abroad. Fully trained staff lavish their four-legged guests with all the affection and first-class care their owners would expect, in spacious, purpose built accommodation.

But this isn't all that Merrylegs does.

Recently an increasing number of dogs, both young and old, have been abandoned in the centre's confines, many just thrown over the fencing. Despite not being recognised as a rescue centre, the family are so passionate about animal care that they take the homeless animals under their wing and pull out all stops to re-home them.

Such cases could be seen at this weekend's International Algarve Fair, two of which were successfully and very happily re-homed.

Sal (since renamed Chelsea) by her new owners) is a six-

month-old, Serra de Estrela cross, who found a devoted new family at the Fair.

For Mr & Mrs Roberts it was love at first sight. So after buying a beautiful basket, toys, food, and anything else that the puppy may require, off she went to her new home with her tail wagging.

It was also a happy ending for Sugar, another abandoned dog that Merrylegs cared for until his new family found him.

The Merrylegs team are also enthusiastic about working closely with their local community, having already created close ties with Loulé's São Francisco Kennels.

Merrylegs are more than happy to give potential clients a tour of their facilities.

For more information, contact the Merrylegs Pet Resort and Care Centre on: (+351) 919 551 614, 913 289 462, e-mail: browne@mail.com.



Laura Browne with the newly-re-homed puppy Sal (now Chelsea), and her own Portuguese waterdog, Bella.

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Specialising in made-to-measure vertical blinds, M2M also

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Their huge range of fabrics, which also include solar-reflective and blackout choices, and decorative finishings, mean blinds can be created to elegantly match any style and colour interior, all decided and designed in the comfort of your own living room.

Originally from Wolverhampton, in the UK, Andrea and Denny moved to Portugal two years ago, where they live in

Ourique, in the Alentejo, with their young family.

The couple launched M2M blinds at the end of January after seeing a niche and a need for a company specialising in window blinds.

Offering competitive prices and a 12-month guarantee on all products, M2M cover all areas of domestic and commercial applications, and a free, no-obligation quote will be given.

For more information, contact M2M Blinds on: (+351) 286 518 059, mobile: 932 894 709, or e-mail: m2mblinds@hotmail.com.

Inspirina's picture-perfect portraits



Robyne Williams and Duncan Greener are the talented duo behind Inspirina's lenses. Together they create beautiful photography, that is accessible to all budgets, as well as using modern techniques to produce unique works of portrait-based, 60s-inspired 'pop art'.

Catering for weddings, advertising, memorable events, posters and portraits, Inspirina have also taken photography to a whole new level by applying modern technology to create one-off prints. All that is required is a digital photo of the person or subject in question, even if the quality isn't fantastic.

From photo to canvas, your portrait will then become the basis of a beautiful masterpiece to set a room alight.

This type of retro-art is currently very fashionable and is favoured by celebrities and interior designers the world over. It is also a fantastic way to surprise a loved one, with a gift to hang on the wall and be treasured forever.



Duncan Greener.



From this...

... to this.

So whether it is a straightforward professional photography service you want, or something a little different, let Inspirina be your inspiration.

Inspirina is a combination of two words that have had a big influence in the founding of the company. Ingrina is a secluded bay within a national park, close to the furthermost tip of the Algarve, Sagres. It is here that the duo finds inspiration for their photography.

Robyne is an experienced interior designer; her inspiration comes from her childhood in Africa, living in India, Saudi Arabia and Europe, and her love of the natural form. Duncan's background lies in the printing and publishing indus-

try. He has worked and lived in the UK, USA and Europe. His inspiration comes via the camera lens, which he finds an intriguing and irresistible medium. Inspirina incorporates photographic imagery with interior design, enhancing any residential or commercial interior.

Your image, from photo or catalogue, can also become the theme for any object or textile accessory, giving a whole new meaning to personalised interiors!

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All the fun at the fair for PDM



PDM Travel is truly flourishing. Their network of Travel Club members continues to expand at an astonishing rate (but given the significant savings and advantages that membership offers it is hardly surprising) and their sangria, which is ever present at trade exhibitions, such as last weekend's International Algarve Fair, has now earned itself a solid following of its own!

A prize draw was held at the fair, where two lucky competitors got the chance to add €100 euros to their Travel Club membership account (on top of the €20 credit offered when becoming a member) to be discounted from any of PDM's services.

Saturday's lucky winner was Mr Edward Mellamphy from Portimão, whilst on Sunday the €100 went to Mr Geoffrey Wood from Almancil. Congratulations!

Between Portuguese-based PDM Travel, and its UK-based head office Resolution Travel, there are now more than 13,000 Travel Club members worldwide, who enjoy generous discounts and credits on holidays, flights, car rentals, and much more.

With summer fast approach-

ing, make the most of your Travel Club credits by treating friends and family to a day out, and enjoy discounts on entry tickets to all water and theme parks, excursions, and car rental. Alternatively treat yourself to a short break or even a full on holiday to escape the summer heat.

Twenty-euro credits are earned upon membership, as well as extra €10 credits with each PDM purchase. An 'introduce-a-friend' scheme also allows credits to build up as the more people you introduce, the more credits you get!

Alison Ribeiro, manger of PDM, and her members of staff thoroughly enjoyed their weekend at the International Algarve Fair. With many more new Travel Club

members signing up and a general atmosphere of buzzing anticipation, PDM look set to have a very busy summer.

As well as an up-coming October excursion to Barcelona, and PDM's ever-popular Douro cruises, information and prices are now available for all popular summer destinations.

For more information on any of PDM's services, call free-phone: (+351) 800 206 375, 282 782 078, or e-mail: sales@pdmtravel.net.

Alternatively, see website: www.pdmtravel.net, or visit their shop in Lagos (near the bus terminal) from Monday – Friday, 09h00 – 19h00, Saturdays and bank holidays, 09h00 – 17h00 (closed for lunch from 13h00 to 14h00).



PDM manager Alison Ribeiro, with the newest member of staff, Kate Fitzsimmons.



Denny Bird, with his mother-in-law, who helped out at the Fair.

Errata:
In last week's article concerning MAS Satellite Installations, the mobile number that should have been included is: (+351) 916 131 606. Or fax: 289 399 294.
We apologise for any inconveniences this may have caused

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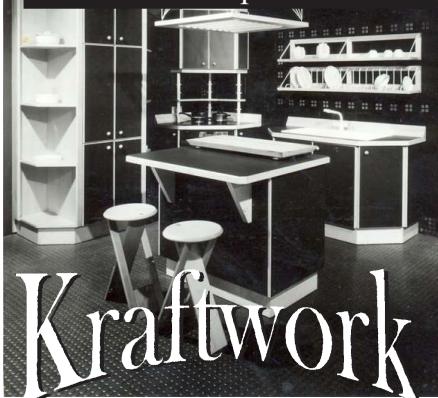


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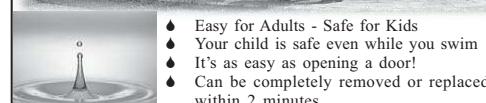


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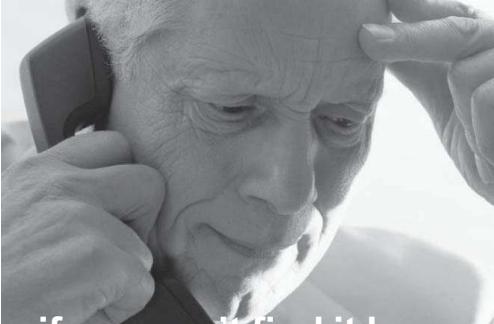
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Perfect Peace

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." John 14:27

If you were to consult a dictionary, you might find one of these definitions for the word "peace"; absence of war.... freedom from disputes.... absence of stress or anxiety.

As believers we know that peace is a gift Christ gives to our agitated souls. It is internal more than external. In fact, circumstances around us might be anything but peaceful, and yet God's perfect peace can reign in our hearts and minds. This type of peace reminds us that nothing in our lives is beyond our Heavenly Father's control. He does not make mistakes, and His ways are always perfect.

Study the lives of those who were martyred because of their faith. They always possessed more peace than the rulers who sentenced them to death. Each of them knew that the one commanding that their life be taken, was not really in control. The earthly powers of their day did not control their destinies. No one could take their lives from them because they had already given them away to their Creator and Savior. For these godly men and women peace did not mean the absence of threat or war. Peace was a lifestyle resulting from a worldview given to them by Christ Himself.

In 1997 I watched my sister die of breast cancer. For nine years I watched and walked

with her through this battle with an unseen but powerful enemy. I watched it ravage her body and attempt to steal all of her dignity. In all honesty, Donna did not enjoy the disease that affected every part of her life. For most of that time she did not stop praying for deliverance from the pain and agony cancer brought. There was, however, one thing that cancer could not destroy. It could not defeat the inner peace Donna possessed as a believer in Christ.

When life was full of excruciating physical and emotional pain and anything but pleasant, peace still reigned in Donna's life.

Her relationship with her Savior was all-consuming in its power. I learned from my sister that the peace Christ gives does not come from merely gritting our teeth and straining to survive life's woes. It comes instead from walking with Him moment by moment, hour by hour, day by day, no matter what circumstances or difficulties life brings.

In her life peace was the by-product of wanting God more than she wanted anything else the world would offer.

Do you know such peace? You can experience this inner peace if you have a personal relationship with God Himself through His Son, Jesus Christ.

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WHERE TO WORSHIP

Lisbon

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Largo do Corpo Santo, Catholic Services in English, Mass each Sunday and Holyday at 11.00am Tel. 21 467 3771

IGREJA DA SRA. DOS NAVEGANTES,

CASCAIS Rua dos Navegantes, Catholic Services in English, Mass each Saturday at 6.00pm; Mass each Sunday and Holyday 12 noon Tel. 21 467 3771

OCEAN CHRISTIAN COMMUNITY - An International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for

Sunday worship with a contemporary style at the Hotel Sáobola, Rua Belmonte, No. 1, Estoril. For more information contact us on 21 928019

INTERNATIONAL BAPTIST CHURCH OF LISBON 11.30am English worship service in the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque, 36, 1st Floor, 1050 Lisbon. Rev. Joseph Ian Momo

BAPTIST MISSION - Esqueira (Aveiro)

Traditional Baptist church service in English at 11.30 am every Sunday. Basketball / sports ministry also. Near Post Office in Esqueira. Call for directions or information: 234 310 153 or 938 516 944 - Pastor Alan Hart.

GREATER GRACE WORLD OUTREACH

Has (live and archived) upbeat and inspiring Worship Services available for free viewing thru their website www.ggw.org; the site also gives contact info for their ministries in northern and southern Portugal. Check it out and be blessed

RIVERSIDE INTERNATIONAL CHURCH

Office: Rua São José 178, 1. dto, Fontainhas, 2750-134 Cascais, Phone: 21 483 6590, Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praça Infante D. Henrique, N° 80, Quinta do Juncal, 2775-584 Carcavelos. We

are an interdenominational Christ-centered, contemporary, caring and culturally relevant church meeting at ABLA in Carcavelos each Sunday at 9:00am in Portuguese and 11:00am in English. Creche, children and youth ministries provided.

THE DOOR Christian International Church

meets at Cidade Desportiva, Praça Carlos Capitão, Loja "B" Massama / Queluz, every Sunday at 10:30am and 7:00pm- all welcome. For more information call Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683 God Bless!

CHAPELO DE ST. PIUX: PRIORADOS.PIO X

Estrada da Chelas, 31, 1900 Lisboa. Tel.(21) 814 3591. Latin Tridentine Mass,

Lisbon every Sunday at 11am. Rosary before Mass, confessions also available.

Monforte (Alenquer) also 2nd & 4th Sundays, 6.30pm. Resident Priest: Ernesto Cardoso

ST GEORGE'S CHURCH, LISBON (Church

of England). Rua S.Jorge. Enter through

British Cemetery gate opposite Jardim da

Estrela. Service 11.30 am every Sunday.

Tel. 21.4692303.

ST PAUL'S CHURCH, ESTORIL (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril). Service 9.30 am every Sunday. Tel. 21.4692303.

ST. MARY'S, S. PEDRO DO ESTORIL 368

Rua do Murtal, Mass. each Sunday and Holyday 10.15am Tel. 21 467 3771

ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN) Rua Arruda, 13, Lisbon: Sun. 11.00. Minister's Tel: 214 837 885, www.standrews1515.com

CASCAIS INTERNATIONAL CHRISTIAN CHURCH Av. da Sínta, N° 1154, Cascais (Tel: 21 486 1866). Sunday English worship 10.30 Portuguese at 17.30

An international evangelical fellowship, nursery provided, children's church programme, mid-week bible studies.

THE SALVATION ARMY, LISBON

Reboleira Corps (Praceta Almada Negreiro, Lote 213 Loja Dº do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A loja C); Laranjeiras Corps (Bairro de Laranjeiras). At all these corps: Morning Service 9.30am Salvation Meeting 5.00pm Pichelaire Corp Rua Capitão Roby, Pichelaire, Lisbon (21 805708).

OPORTO Pereiro Corps (Av. Vasco da Gama No: 672-5 E Ramalde), Service 10am, Salvation Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Voluntários; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

IGREJA DE CRISTO (CRISTA)

Carcavelos, Rio de Mouro & Lisbon. At all three centres, services in Portuguese, bilingual counselling. (Tel. 21 2461596).

LISBON SYNAGOGUE:

Rua Alexandre Herculano 59, Tel 21 385 8604 Fax 21 388 4304 e-mail: celesboa@mail.telepac.pt

Bahá'í Faith – Av. Ventura Terra, n° 1, Lisboa, Telef.: 217590474, E-mail: gae@bahai.pt

IGREJA BAPTISTA DE QUEIJAS (close to Cascais) Rua Carlos Santos 8B, Queijas

Near the Olympic Stadium off the A5. Tel: 214 172 087. Sunday Service: English 10:15/Portuguese 12:00 Prayer and Bible Study: Thursday 8 PM Traditional Baptist Service in English followed by Sunday School.

The Algarve

CHURCH OF ENGLAND SERVICES St. Vincent's Anglican Church of the Algarve, Igreja Senhora de Fátima Holy Communion: 9.30 every Sunday. Info Rosie Baden-Powell 289 328302; **ST. LUKE'S**, Monte da Palhaqueira, Gorjões, (Nr. Sta. Barbara) Holy Communion 11:30 a.m. every Sunday. Info Maxine Srivastava 917 267 948; **Luz** Senhora da Luz Holy Communion: 12.00 every Sunday. Plus Children's Rainbow Club. Info: Joyce Daffey 282 788104.

ALL SAINTS ANGLICAN CHURCH, ALGARVE - Evangelical worship: First Sunday - Family Eucharist, all other Sundays - Holy Communion with Adventurers for Children and Crèche. 10.30am Community Centre, ALMANCIL (ASCA - Associação Social e Cultural de

Almancil). For directions (any time) call 282-380311 or see www.all saints algarve.org. **PLEASE NOTE NEW TIME AND VENUE**

CENTRO CRISTÃO FONTE DE VIDA

Pentecostal Church, Sítio do Paul, Estrada do Sargaçal, Sargaçal 8600 Lagos. Apartado 4388601/905. Fridays

Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799 518 Website: www.fontevida.org

THE SALVATION ARMY in São Bras de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, nº 19 (next to the Market).

CATHOLIC MASS every Sunday partly in English 11am at St. Lourenço Church - Almancil - 6.30pm, at Four Seasons

Country Club - Quinta do Lago - Almancil. Further information, please contact the International Catholic Community of Almancil (Griselda Neto on 966168100 or Vitor on vgn@domopor.com).

INTERNATIONAL CHRISTIAN FELLOWSHIP in Portimão invites you to attend its services in English on Sundays at 11am. Sunday School for children. Av. 25 de Abril 17, R/C-D1 Portimão. Bible study on Tuesdays; 10:45 for 11 am at "The Bridge" (A Ponte) in the Cidreira Shopping Centre near the church. Tel 282 461 985.

LIVING HOPE BAPTIST CHURCH English speaking services every Sunday 5 p.m. about 100m North of bullring circle in Albufeira. For more information contact pastor Mark: 964860765. Or email: pastor@bevp.pt

CHURCH IN LAGOS. Our mission: Matthew 28:18-20. Meeting daily Wednesdays at 7pm and Sundays at 10.30 am, at Praia Luis de Camões No 14 Lagos. Stefan Saunders (Pastor) Tel 963 165 983.

CHURCH IN ALJEZUR / VALE DE TELHA. Our mission: Matthew 28:18-20 (An outreach from Church in Lagos) Call Stefan Saunders (Pastor) mobile 963 165 983.

INTERNATIONAL COMMUNITY CHURCH in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. Urbanização Vila Praia da Dona Ana, Lote 11 B, 8600 Lagos (50 metres from the Hotel Goffinho), Tel. 282-086804 or 282-695746.

INTERNATIONAL EVANGELICAL CHURCH OF THE ALGARVE

Warmly welcomes residents & visitors of all nationalities and denominations to their Sunday Services in Vale Judeu at 10.30. See our blue sign on the N125

between the Vilamoura entrance & the Atlântico Waterslide Park. Services in English, creche and Sunday School. For further information: 289 328635.

LAGOA CHRISTIAN FELLOWSHIP An International English speaking church. Contemporary worship and Christ-centered study of the Bible. "God Squad" for kids, toddler thru pre-teen. Service every

Sunday 11am to 12:30 pm. Portuguese translation available. New address: EN125 - Vale de Lousas, Alcantarilha. Next to Auto Heat, SACL & Centro de Lareiras. Pastor Alípio Amaral Tel 968 801 237. Visit our website at www.lagoafellowship.com

TAIVRA CHRISTIAN CENTRE Meetings in English, Sundays at 10.30 am at 126 Rue Almirante Candido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 966380404. E-mail: jackieandm0@yahoo.co.uk

ROMAN CATHOLIC ST. ANDREWS, PENINA

R.C. Mass in English every Saturday 6pm, St. Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151

SALVATION ARMY Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rue 25 de Abril, nr. 19, São Brás de Alportel EREV SHABAT - For services Tel: 282 416710

Oporto

GREAT GRACE World Outreach has LIVE (and archived) internet church services for free viewing through their website, www.ggw.org; contemporary and inspiring worship, uplifting music and outstanding Bible teaching. Their ministry contacts in Portugal can also be found under the "Missions" link - Check it out and be blessed!

RIVERSIDE PORTO INTERNATIONAL CHURCH - Oporto. A church that is fun and enriching; Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 for more details, contact www.riversideporto.com

ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO

Largo da Maternidade, Júlio Dinis, Sun. 11am Details from Chaplain (22) 200 1006. www.stjamesporto.org

CALDAS DA RAINHA ANGLICAN EVENING WORSHIP IN ENGLISH. At 6:00pm on the first Sunday of each month. Held in the Evangelical Baptist Church, Rua Dr. José Saudade e Silva 27/29 (between Caldas da Rainha Railway Station and Pingo Doce). All welcome.

"As you do not know the path of the wind, or how the body is formed in a mother's womb, so you cannot understand the work of God, the Maker of all things." Ecclesiastes 11:5

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and be of no more than 300 words to: The Portugal News, Apartado 13, 8401-901 Lagoa. Fax: 282 341 201. E-mail address: letters@the-news.net

10th London Marathon completed



SIR, The London Evening Standard has my time listed as 5hrs. 32mins. 35 secs. My time is not important, albeit not as fast as in previous finishes, but with a five year gap since the last one, to finish is the essential aim. Even power walking down The Mall was still greeted with much support from numerous spectators.

Monies raised is €974.35, about £355, and will be divided equally between Prostate Cancer Research in the UK and Barlavento Oncology Unit in Portimão. Thank you all for your support. No more marathons, but my running shoes will not be hanging on a hook.

DAISY DOUSE, The Algarve

Abduction

SIR, As if the unfortunate Mr. and Mrs. McCann haven't got enough worries, some thought-

less, holier-than-thou Jonahs are adding to their misery by suggesting that they are at fault for leaving their small children alone while they slipped out for a meal. This implies that the age of the children had some bearing on what happened.

What nonsense! Very few children can be supervised every minute of the day and the majority, including the children of some of those pointing the finger, are treated in exactly the same way as those of the McCann's, i.e. they are put to bed with Mum, Dad or a babysitter checking from time to time to see that all is well. Even then children have been taken from their beds while the parents were still in the house. Such terrible things happen from time to time and as they cannot be prevented, unhelpful comments are best left unsaid.

I do hope that before this letter is published little Maddy will have been found safe and well. Meanwhile all that most of us can do is to keep our eyes and ears open and report anything suspicious as quickly as possible.

In your useful explanation of the controversial 'secrecy law' by which the police are bound here it says that, its existence is to prevent trial by the press 'while safeguarding the presumption of innocence of the suspect'. Presumption of innocence? I have always understood that in Portugal and elsewhere, a person is guilty until proved innocent. Have I got it wrong all these years?

RON LAVERY, By e-mail

Madeleine has a monetary

value?

SIR, I applaud your reward for information leading to the safe return of Madeleine McCann, but fear that €10,000 will not be a sufficient enticement. Why not run an appeal for donations to "buy" her back - work out what she is worth financially to paedophiles and then offer them more. I would donate - how many other people would too?

ANNA HILLIER, By e-mail

Our reward was issued in an attempt to encourage a local person to come forward and supply police with information that might lead to Madeleine's reunion with her parents. On an international scale, a reward fund now totals around four million euros and should a ransom be asked, I am sure it will be covered by the dozens of high profile figures, who have already pledged cash to this fund. Latest information from police appears to suggest that she was taken by people who may not necessarily be paedophiles. Ed.

How did a stranger know?

SIR, I am a mum of four in the UK and have been watching everyday to see if little Maddie has been found. I have been thinking how a stranger would have known there were children alone in an apartment, unless he/she had been close by, i.e. in the restaurant and had noticed the parents saying about going to check the kids. I am sure the police have thought about this as it concerns me a great deal. I thought I would write to put my thoughts to rest, and wish the mum and dad my thoughts and hope they find their little girl.

MRS. HEIDI PRICE, By e-mail

The search for Maddie

SIR, It is so upsetting to hear about the little missing girl. On the radio this morning it was sug-

gested that she may have just walked out of her room, because the door was unlocked. I assume this possibility has been investigated? The swimming pool is very near, has this been searched? There must be many swimming pools nearby - I only hope they were all searched immediately.

LIZ FOREMAN, By e-mail

An Open Letter to The White House, U.S.A.

A plea for help

Dear President Bush,

As you and your fellow Americans are aware this pretty young British girl has been missing in the coastal town of Praia da Luz, Algarve, Portugal for a week now naturally everyone is doing everything that is humanly possible to get her reunited with her parents however the Portuguese police do not appear to have many leads to follow therefore I believe you may be able to assist the investigation by asking NASA and your military commanders to take a look at your IR satellite imagery on the following coordinates: Google Earth - 37° 05'13.35N 8° 43' 36.23W, where with your powerful cameras, it may be possible to see what happened on Thursday, 3rd May 2007, you may well have images of people or maybe a vehicle which could be traced to an address, where little Madeleine is being kept against her will.

I accept that this is asking a lot, however if you were able to help the Portuguese police to get Madeleine back you would be regarded as a super hero by Madeleine's family, not to mention the rest of the world, who would no doubt feel the same way.

Please help us get her back.

DAVID EDGAR, Consultant Engineer, UK

Green greenhouse gasbags!

SIR, Is mankind serious in its stated intentions to reduce the

causes of the gases which are a great threat to the future of our planet? If so, then why were/are the following European Cup Final football matches being allowed to take place, creating what surely must be classified as unnecessary road and air travel by the participants (+ officials/backroom staff, etc.) and each team's supporters?

1) Two Spanish teams played at Glasgow on Wed 16th May.

2) Liverpool and Milan are to repeat their European Final in Greece later this month.

If these most lucrative competitions are to continue into the future, the UEFA should not allocate the venues until the final competing teams are known and then more realistic 'halfway' venues can be decided upon, thereby reducing exhaust emissions.

This principle can be directed to many other types of competition, even extended to locating venues for conferences etc.

RICHARD THURMAN, (A Wolves supporter, need I state more!) By e-mail

Jazz in the valley

SIR, After last week's article in The Portugal News your readers will be aware, we are campaigning against the new 400 KVA power lines and pylons in the Val Fuzeiros valley.

We are going to incur legal costs and to help the funding of the battle we are holding an evening of jazz on Saturday 26th May, at Cafe Silva in Val Fuzeiros, from 7.30pm.

The New Orleans Band will be playing as well as other guest players. Simply Acoustic will be hosting the evening, and it should be a brilliant night. We don't often get the chance to play together, and there should be some interesting combinations to hear.

Entrance will be €10, and food will be available at very reasonable prices, from a menu of Roast Suckling Pig, Grilled Chicken, or Veal Stew. The average price of a meal with wine (depending on how much you drink!) usually works out at €10 a head

The directions are easy - from Silves take the road to Messines. Turn left at Amorosa, and follow the signpost for Val Fuzeiros. Go all the way through the village and after you have left it, on the left, you will find Cafe Silva. We can probably cram in about 130, but will only be able to feed 60 hence the need to book meals.

The village isn't that big and there is only the one through road. Anyone wanting to come should contact Maggie at 282 332 961 or Sandy at 282 332 899. It's important that we have numbers and choices of meal(s) by Wednesday 23rd May at the latest. Please support us in this.

GRAHAM COOPER, Via e-mail

A Portuguese response to Madeleine's disappearance

Exmo Sr. Editor, Antes de mais nada peço desculpa por esta carta estar redactada em português. O problema é que percebo melhor o inglês do que escrevê-lo (dou

muitos erros de gramática) e por isso optei por escrever-lhe na minha língua nativa. Se quiser pode traduzi-la para o inglês.

Nestes últimos dias temos vindo a assistir a um torrente constante de notícias da pequena Madeleine McCann em Portugal, Reino Unido e um pouco por todo o mundo. Cabeçalhos de primeira página, foruns na rádio, a abrir os jornais...etc. Sinceramente, desejo de todo o coração que a pequena Maddie seja encontrada e salva e os seus raptos tenham o castigo que merecem. No entanto, não consigo deixar de sentir uma profunda amargura, tristeza e um não sei o quê de desprezo por toda a atenção e apoio que só agora se deu a um único caso.

Muitas crianças desaparecem (no U.K. e em Portugal) e nunca lhes foi dada metade da atenção mediática que a Maddie está a ter. Agora só se vê um corropio de vedetas, muitas delas portuguesas a segurarem cartazes da pequena Maddie e a pedir por ela na TV, mas onde é que elas estavam quando desapareceram/raptaram as nossas crianças e adolescentes portuguesas? Alguém se lembra da pequena Andreia Elizabeth, uma recém-nascida raptada do Hospital? Os pais eram muito pobres e precisavam de muito mais ajuda. Chegaram até a viver durante um ano sob o clima de suspeição de terem sido eles a ter vendido a filha?

Agora vejo no caso da Madeleine McCann todo o país e a comunidade Inglesa mobilizada. Em nós, não havia muito a tradição de populares ajudarem nas buscas, nem de oferecer dinheiro para quem der informações... mas no mundo Anglo-Saxónico sim!

Porque a comunidade britânica, a maioria residente no Algarve, não se mobilizou no caso da Joana? Cuja mãe Leonor Cipriano e tio fizeram escrava para-todo-o-serviço, sem pai, vivendo na mais profunda miséria económica e espiritual, sem ninguém que velasse pelos seus direitos. Quando desapareceu a pequena Joana só teve direito a uma retroescavadora...

Se a Madeleine não tivesse um aspecto de boneca e não fosse tão jovem teria chamado assim tanta atenção? Alguém acredita que, apesar da caridez e características únicas do caso, que se ela fosse uma criança de origem africana ou mulata suscitaria tanto interesse? Dúvido.

O máximo abrira uma ou duas vezes os telemóveis portugueses e britânicos, alguns artigos na imprensa e o interesse desapareceria nun abrir e fechar de olhos. Se o caso fosse com uns doutores portugueses "Geraldo e catarina Rodrigues cuja filha Madalena fora raptada dumha instância balnear no sul de Londres" os ingleses teriam feito metade do que fizeram as autoridades portuguesas? Estou segura que não.

E se essa Madalena tivesse olhos e cabelos castanhos teria suscitado a simpatia do público?

CARMEN PATRÍCIA TELES, Cascais

Portuguese for Beginners

Emilia Rosendo

① Learn the following adverbs of place. Then read the sentences below and complete the gaps with the most appropriate adverb.

⇒ aqui/cá (here) ⇒ ali/além (there/over there)

⇒ nem lado nenhum (nowhere/anywhere)

⇒ por todo o lado (everywhere)

⇒ algures (somewhere)

⇒ no estrangeiro (abroad)

⇒ no andar de cima (upstairs)

⇒ no andar de baixo (downstairs)

1. - Olá, eu sou o Roberto. Vivo e trabalho em Portugal há dois anos. Os meus irmãos vivem e trabalham fora, mas precisamente em Espanha.

Os irmãos do Roberto vivem e trabalham

2. - Procurei a minha mala em casa, no trabalho, no carro ... mas não a encontrei.

Ela não encontrou a carteira _____.

Ela procurou a carteira _____.

3. Da janela da minha sala avisto a serra.

A serra é _____.

93

THIS LESSON:

Adverbs of place

4. Eu sei que eles vivem no norte, mas não sei exactamente onde, isto é, em que cidade, vila ou aldeia.

Eles vivem _____ no norte.

5. A casa tem dois pisos: no piso térreo há uma cozinha, uma despensa e uma sala de jantar. No outro piso ficam os quartos e as casas de banho.

A zona privada da casa fica _____ e a zona social fica _____.

6. - Eu estou na sala de jantar. Eu gosto imenso de trabalhar na mesa da sala de jantar.

Eu gosto de trabalhar _____.

7. Muitos portugueses não passam férias em Portugal.

Muitos portugueses passam férias _____.

8. O museu fica a 200 metros deste local.

O museu fica _____.

North



PORTO

DAILY

Casa da Música: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 • Tickets can be bought until 10 minutes before the visit • Price: €2; Free for children under 12 • 220120214 • Av. da Boavista, 604-610 • www.casadamusica.com



DAILY

Serralves Foundation: Visits to the exhibitions • Sat: 17h-20h; Sun: 12h-13h • to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h • to the park Sun: 11h-12h • Visits are free on the purchase of an entrance ticket to the museum • Rua D. João de Castro, 210 • Tel: 226 156 584 • www.serralves.pt



19 MAY



Acoustic Africa bring African rhythms with three of the most famous artists of the music world (Habib Koité, Vusi Mahlasela, Dobet Gnahoré) to Suggia Theatre of Casa da Música at 22h00 • Price: €15 • Av. da Boavista, 604-610 • 220120214 • www.casadamusica.com

19 MAY



Opera Carmen, Georges Bizet at Coliseu do Porto • Works from Mozart, Schubert and Schumann • 21h00 • Prices: €10 to €37 • The Coliseu is situated on Rua Passos Manuel, 137 • Tel: 223 394 940 • Fax 223 394 949 • coliseu@coliseudoporto.pt

UNTIL 15 JULY

Exhibition by Maria Nordman - 'Proto-Spective: A Changing Exhibition in Real Time' - 'Specific to the Museum', 'Places in Oporto' and 'Other Cities' & 'Transmutações Melódicas' • The Museu Serralves celebrates Maria Nordman's work development in cities and their neighbourhoods - where people live and work • Serralves Museum on Rua D. João de Castro, 210 • Tel: 226 156 584 • www.serralves.pt

www.the-news.net

Centre



CASCAIS

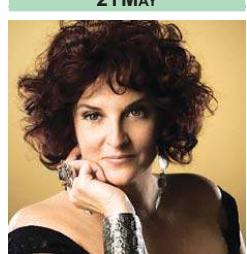
DAILY

Cascais Cultural Centre • Features shops, a coffee shop and a terrace • Open from 10h00 to 18h00 (Closed on Mondays) • Av. Rei Humberto II de Itália • Tel: 214848900

DAILY



21 MAY



Maria Anadon & Five Play present their new album at Casino Lisboa • Multiusos Stage of Arena Lounge • 22h30 • Casino Lisboa, Park of Nations • Tel: 214667970

21 MAY



Concert by the famous Portuguese lyric singer Liza Veiga at Arena Lounge of Casino Lisboa - 22h30 • Alameda dos Oceanos of Park of Nations • 218929000 • info@casinolisboa.org • www.casinolisboa.pt

DAILY

Debut of Victorino de Almeida's work by Orquestra Metropolitana de Lisboa - Soloist Ana Bela Chaves, viola • Also works from Piazzolla, Hindmuth and Brahms • Salão Preto e Prata of Casino Estoril at 17h00 • Info.estoril@estoril-sol.com 214667700 • 214825400

ESTORIL

19 MAY



Concert by the famous Portuguese lyric singer Liza Veiga at Arena Lounge of Casino Lisboa - 22h30 • Alameda dos Oceanos of Park of Nations • 218929000 • info@casinolisboa.org • www.casinolisboa.pt

DAILY

XX Salão Primavera (20th Spring Salon) at Casino Estoril • Four dozen of young artists exhibit their works at the Art Gallery of Casino Estoril • Info.estoril@estoril-sol.com 214667700 • 214825400

UNTIL 12 JUNE

Oceanarium • Spectacularly designed by architect Peter Chermayeff, it is one of Europe's biggest oceanarium • Park of Nations • Open from 10h00 to 18h00 • 218917002

TORRESVEDRAS

UNTIL 26 MAY



Painting Exhibition by Luis Athouguia 'Génesis de um Mundo' • Born in Cascais in 1953, the Post Surreal Abstraction Painter has been exhibiting his art since 1983, in the most important events, having been distinguished with the Vespeira Prize of Drawing in Portugal • Municipal Gallery 'Dois Paços' on Rua Roque Ferreira Lobo (next to the Town Hall building) • Open: Mon-Sat from 9h30 to 20h00 • Tel: 261334040 • arte@athouguia.com • Mobile: 917892703 • www.athouguia.com

SINTRA

DAILY



Pena Palace • The Palace dates back to 1839 • Visits info: Sintra City Hall on Largo Dr. Vergílio Horta • 219238500 • geral@cm-sintra.pt

ARMAÇÃO DE PERA

MONTHLY



Monthly Writing Circle by Jenny Grainer • Hotel Garbe • The Monthly Writing Circle is on the first *Thursday* of the month from 10h30 to 12h30 • All welcome! • For more information ring Jenny on 963518184

BEJA

UNTIL 20 MAY



3rd Cartoon International Festival • Mercado do Livro BD • Exterior Gallery of Casa da Cultura in Beja (Alentejo) • Organization: Beja Bedeteça • bedeteceadebeja@yahoo.com 284 313 318 • 284 313 310

FARO

19 MAY



Concert by Cape Verdian group Finka-pé • 289828784 / 918703416 • 21h30 • CAPA - Centro de Artes Performativas do Algarve on R. Frei Lourenço de Stº Maria, nº 4 • 289888110 • www.devir-capa.com

26 MAY



Concert by the internationally acclaimed Portuguese pianist Sequeira Costa who will be performing Concert nº 5 from L.V. Beethoven as a soloist to the Algarve Orchestra conducted by Osvaldo Ferreira • This concert is included in the series of concerts dedicated to Beethoven • 21h30 • Teatro da Figuras • 289888110 • www.teatromunicipaldefaro.pt

South



PORTIMÃO

UNTIL 20 MAY



Concert by Ouachita Baptist University Wind Ensemble • The 33-piece wind ensemble from Ouachita Baptist University in Arkansas, who will be performing in Portimão • Don't miss this exciting opportunity to hear a very versatile, talented group of young musicians from the USA, playing classical, swing and jazz • Evening Riverside (Zona Ribeirinha) Concerts • Friday & Saturday, 18th & 19th May at 20h30; and open air workshop service Sunday 20th May at 12 noon

26 MAY, 16 JUNE



Ballroom Dance Workshop • 26th May: Tango & Cha-Cha-Cha 16th June: Mambo & Final Show (time and place to be announced) • Participate and learn the steps and times of each dance. Do not miss this opportunity to discover new sounds and rhythms • Municipal Gimnodesportivo Pavilion from 16h00 to 18h00 • Av. Miguel Bombarda • 282470825 • www.cm-portimao.pt

SALIR

2 JUNE



Cachopo Museum • Centro Paroquial de Cachopo • Tel: 289844191 • www.cm-tavira.pt

SANTANA DA SERRA

DAILY

Horse Riding and Walking at Equi-Serra • For more details or to book: 1 hour, 1, 2, 3 days, or 1 week rides, 93817718 • www.equiserra.com

SÃO B. MESSINES

SATURDAYS & WEDNESDAYS

Quinta da Bica • Saturday Mornings & Wednesday afternoons • Livery, Lessons, Hacks & Horse Share for all ages and abilities • For more information, please call: 282332746 or 91795301 • quintadabica@hotmail.com

SERPA

DAILY

Museu Arqueológico (Archaeologic Museum) • Alcáçova do Castelo • 9h30-13h00 / 15h30-19h00 • 284540100 • www.cm-serpa.pt

TAVIRA

DAILY

Cachopo Museum • Centro Paroquial de Cachopo • Tel: 289844191 • www.cm-tavira.pt

Notice

Saturday, 26th May Open Garden Day at Casa Deva, Colégio, Bensafrim near Lagos from 11h00 to 16h00. Charity event in aid of I.C.F Church funds. Plant sales, cake stall, bring and buy, raffle etc. Entrance fee 5 euros, children free.

For directions phone

282 687850 or email

terry.johnson@gmail.com

The archaeological site of S. Cucufate, in Vila de Frades (Vidigueira), reopened to the public. The schedules are shown below, but can always be confirmed through the telephone numbers indicated below.

Summer Times (1st May to 15th September): Tuesday 15h00 - 18h00; Wednesday to Sunday 09h30 - 13h00 & 15h00 - 18h00.

Winter Times (16th September to 30th April): Tuesday from 14h00 - 17h00, Wednesday to Sunday from 09h00 - 12h30 and from 14h00 - 17h00.

Entrance fee to S. Cucufate - €2; Casa do Arco - €2; S. Cucufate & Casa do Arco - €2,50. Children under 14 years the entrance is free. Free for all on Sundays and holidays until 14h00.

Tel: 284 441 113 (S. Cucufate) 284 441 612 (Casa do Arco) For other information, please call 266 769 800 or fax: 266

769 855 or email: dre.ippar@ippar.pt

http://www.ippar.pt/monumentos/sitio_cucufate.html

BOOK REVIEW

FOR FUN

Sweet Teeth and Loose Bowels

Against a backdrop set in countries such as Somalia and Ethiopia, it is packed with humourous and sceptical accounts of topics including life as a 'do-gooder' in the Peace Corps, corruption, debt relief, African governments, refugees, transportation, food and disparities between extreme wealth and poverty. In the 1970's Dr. Michael S

Gerber was selected to serve as a Peace Corps volunteer, living in the Philippines with his wife and three young sons and surviving on £110 a month. Twenty eight years later, having lived and worked in many of the poorest countries in Africa and Asia, he retired as a Director General of the Kenya-based African Medical and Research Foundation

close.

About the author: Since 1968, Dr. Michael S Gerber has been involved in some of the least developed countries around the world. Now retired, he donates his time as Chairman of the Board of Trustees of the International Institute of Rural Reconstruction (IIRR), a non-governmental organisation working in Asia, Africa and Latin America. He lives in Portugal with his wife. A book signing session will take place at Magna Carta Bookshop on Sat May 26th, between 11am-1pm.

The author will be donating all royalties he receives from sales of this book to a charity - The International Institute of Rural Reconstruction (IIRR).

Sweet Teeth and Loose Bowels

The Adventures of an International Aid Worker



Michael S Gerber

COMING SOON**COMING SOON****BOX OFFICE****COMING SOON****COMING SOON****MUSIC FESTIVALS****SEPTEMBER**

Festa do Avante! - September 7th until 9th at Quinta da Atalaia in Amora.

Caos Emergente Open-Air Fest - September 7th until 9th at Paredes (Recarei) Margens do Rio Sousa. Sep 7th - Mata-Ratos; Maglignant Tumour, Web, Altas de Giallo, Distrofia. Sep 8th - Dead Infection, Aborded, Decayed, Psychofagist, The Ransack, Alcolocaust. Sep 9th - Benediction, Leng Tch'i, Sacred Sin, In The Umbra, God, Pitch Black, Goldenpyre.

LIVE SHOWS**JUNE**

WWE RAW Superstars - June 8th at Pavilhão Atlântico in Lisbon. With appearances from John Cena, Triple H, Edge, Randy Orton, Ric Flair, Umaga, Jeff Hardy, Carlito, The Highlanders, Candice Michelle, Torrie Wilson and others. (lineup subject to changes). Tickets: €25 to €85.

My First Festival - June 28th until July 1st with daily sessions at 9am at Pavilhão Atlântico. A festival for the young ones, with performances from Noddy, Bob the Builder, and other well known children characters yet to be confirmed. Tickets: €25 to €220 (VIP Pack)

DECEMBER

Noddy Live - Noddy is returning to Portugal for a Christmas special on December 8th and 9th with daily sessions at 11am 3.30pm and 7.30pm on December 8th. Minimum age of 3.

JUNE

Festival Oeiras Alive - June 8th: Pearl Jam; Linkin Park; Blasted Mechanism; The Used; The Sounds; Uncle Bob. June 9th: Smashing Pumpkins; The White Stripes; Plastica; The Vicious Five; Dapunksportif; Dezerados. June 10th: Beastie Boys; Da Weasel; Sam The Kid; Matisyahu; Buraka Som Sistema; Bionic Brown. Event at Oeiras Passeio Marítimo de Algés from 6pm. Tickets: €45 to €90.

Super Bock Super Rock - Parque do Tejo in Lisbon on June 28th. Performers: Metallica; Joe Satriani; Mastodon; Stone Sour; The Blood Brothers; More than a Thousand & Men Eater. Tickets: €40 - day pass, €78 - four day pass with free camping. Doors open at 5pm.

White Stripes

Mastodon

The Chemical Brothers

Gotan Project

The Streets

Nelly Furtado

Ricky Martin

Il Divo

Interpol

My Chemical Romance

Dave Mathews Band

Rolling Stones

Delfins

Arctic Monkeys

Thin Lizzy

Expensive Soul

Ney Matogrosso

Il Divo

Luis Represas

Keane

Rockstock tribute to Beatles

GNR, The Guft, Boss AC, Blasted Mechanism, DJ Henrique Amaro, Dezerados

Desperados

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Desperados

Luís Represas

Keane

Rockstock tribute to Beatles

Events on these pages are published in good faith and in accordance with information given to us. We regret that we cannot accept responsibility for events which are cancelled, delayed or fail to live up to their billing. Send your events to copy@the-news.net

LIVE CONCERTS

Harp John dinner at the Hotel Garbe

On June 6th and 7th, the fantastic setting of Armação de Pêra's Hotel Garbe will be hosting an evening of wonderful entertainment, with superb dining, accompanied by the languid sounds of 'Harp John'.

John Dalton, aka Harp John, has been playing the harp for many years.

Fluent in three different types of harp (the Celtic harp, the larger Paraguayan harp, and the Electroharp) he plays an equally diverse variation of music, from popular classics to Strauss waltzes, jazz standards, pop hits, golden oldies, and a wide range of Celtic and Latin American pieces.

Furthermore, since coming to the Algarve, John has even started to play typical Portuguese Fado.

'Harp John' will soon be returning to the Algarve to settle, at the end of May, and will no doubt rapidly become a familiar face.

Standing Ovation Algarve has the great pleasure of launching him in his first public appearance.

On the evenings of June 6th and 7th, John will be giving a talk on the history of the harp, illustrated with many musical examples from around the world. The story of the

harp will take listeners from ancient Egypt and Mesopotamia to ancient Ireland and Britain, across to South America with the Conquistadores and on through the centuries to the present day. It is a fun, light hearted and relaxing experience not to be missed.

The event, held in the Hotel Garbe, will consist of a three-course Indian meal at their RAJ Restaurant, with wine and coffee. A limited sixty places are available per night.

Please make your reservation at least a week beforehand. If you need to cancel your reservation please make sure that it is 24 hours before the event, due to preparation of food.

Event organized by Standing Ovation Algarve.

For more information about the Harp John evening, contact: (+351) 914 599 933, 968 337 711, or e-mail: info@standingovationalgarve.com.



Jazz @ Museum

On May 20th, the Friends of the Museum of São Brás de Alportel are proud to present Martin Teutschler 'The Flying Dutch Man' Quintet with Martin Teutschler on vocals and saxophone, António Correia on double bass, Manuel d'Avo on guitar, Fernando Raymundo on keyboards and Tony de Sousa on drums.

Their style is mainstream to contemporary Jazz crossing over into pop and soul. Cost is €5.

For reservations call 917 112 128. E-mail: goveline@telepac.pt.

Beyoncé - Lisbon

Beyoncé Giselle Knowles is an American R&B singer, songwriter, record producer, actress, dancer, fashion designer, and model. Knowles rose to fame as the creative force and lead singer of R&B girl group Destiny's Child, the world's best-selling female group of all time.

After a series of commercially successful releases with the group, Knowles released her debut solo album *Dangerously in Love* in 2003. The album became one of the biggest commercial successes of the year, topping the album charts in the U.S. and the UK. It also spawned the number-one singles "Crazy in Love" and "Baby Boy" and earned Knowles five Grammy Awards in a single night in 2004. Knowles' sophomore album, *B'Day*, which was released worldwide on September 4, 2006 (her twenty-fifth birthday), continued her success. The album spawned the

UK number-one singles "Déjà Vu" and "Beautiful Liar", as well as the worldwide number-one hit "Irreplaceable". The album also earned Knowles her seventh solo Grammy Award (she has won ten in total).

Knowles has contributed to the soundtracks to films in which she has starred, including *Dragnet* (2006), for which she received two Golden Globe Award nominations, one for acting and another for the soul hit "Listen".

See her live at Pavilhão Atlântico

May 24th from 8.30pm. Tickets are €30 to €42.



HIT, MISS OR MAYBE?

Macy Gray - Big

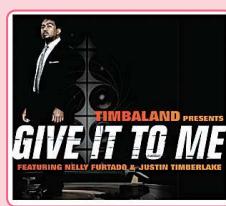
Since the stunning *I Try*, Macy seems to have suffered a gradual loss of direction. The lyrics here cover conventional romantic ground and a few reheated gangsta clichés, plus some material on that reliable indicator of atrocious songs - the singer's children. The music's not much better. A couple

of tracks have glimmers of the old charm, but even the track with Justin Timberlake is nothing special - he's so hot right now, how is that possible?



Timbaland - Give It To Me

New best friends - Timbaland, Justin Timberlake and Nelly Furtado - join forces on the producer's new single. The trio share verses, addressing words for their haters, over the heavy thumping beat that's sure to be a hit on the dancefloor. What can you expect from three mega music-stars? A great club banger.



Ciara - The Evolution

The lady who made women appreciate their 'Goodies' is back, with a different and more evolved sound. Opening track, That's Right, is a club number, quickly followed by Like A Boy. Four interludes break up the tunes, mixing up ballads like Promise and My Love with the uptempo songs - Bang It Up and

Get Up featuring Chamillionaire. While the album isn't evolutionary, it shows Ciara is more at home with the modern cutting-edgesound than many of her dull contemporaries.



Brian McKnight - Ten

The enduring romantic leaves his overly sentimental side behind with Ten, exploring honest emotions in Used To Be My Girl, the perfect ex-boyfriend and ex-husband anthem, and Should Have Been Loving You, a song that openly details his own weakness. While Brian has never been a political singer-

songwriter, Red, White & Blue is a heart-wrenching ode for the men and women currently at war. For real R&B fans, this is the perfect addition to the soul canon.



DVD REVIEW

The Covenant

Cert 12, 93 mins, Sony Pictures Home Entertainment, Horror/Thriller/Romance

Starring: Steven Strait, Laura Ramsey, Taylor Kitsch, Chace Crawford, Tobe Hemingway, Sebastian Stan, Jessica Lucas.

More than 300 years ago in the New England town of Ipswich, five families formed a covenant. One of the clans was banished and the four remaining bloodlines prevailed.

Fast-forwarding to the present day, four blood descendants of the original families - Caleb Danvers (Strait), Pogue Parry

(Kitsch), Tyler Sims (Crawford) and Reid Garwin (Hemingway) - are the golden boys of Spenser Academy, blessed with secret powers.

Unfortunately, performing superhuman feats comes at a terrible price: every time they invoke their powers, the covenant members age prematurely.

As term begins, Caleb falls madly in lust with new girl Sarah Wenham (Ramsey), the roommate of Pogue's girlfriend Kate (Lucas). He also befriends enigmatic college transfer student Chase Collins (Stan), whose mere presence seems to inspire terrifying visions from the past. No

prizes for guessing Chase's true identity.

Pitched at teenage fans of *Buffy The Vampire Slayer*, *Angel*, *Charmed* and their supernatural brethren, *The Covenant* is a slice of horror hokum that is a couple of decent gags away from a terrific comedy.

Unfortunately, Renny Harlin's clumsily scripted film takes itself far too seriously, lumbering the good-looking and scantily clad cast with such gems as, "Harry Potter can kiss my ass!"

Most of the leads have been cast for their looks rather than their acting prowess, and the film makes ample use of their

rugged physiques, encouraging lads and lasses to strip off at every available opportunity.

The Covenant maintains a brisk pace but scares are few and far between, aside from a nasty nightmare sequence involving computer-generated spiders. The fates of the characters are quite literally survival of the fittest - actors with the best abs live the longest, giving them more chances to disrobe.

DVD Extras: Director commentary, "Breaking The Silence: Exposing The Covenant" featurette.

Rating: *

Damon Smith



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www.the-news.net



Pathfinder



Fracture



Breach



Black Christmas



Blades of Glory



Spider-Man 3



Bridge to Terabithia



TMNT



Wild Hogs

ALGARVE

SBC FORUMALGARVE
TEL: 289 887 212
17 MAY-23 MAY

1 **Pathfinder**
Karl Urban, Moon Bloodgood
(12.40 Sat & Sun) 15.00-17.30-19.50-22.10 (00.30 Thu-Sun)
Meet the Robinsons
Animation PV
(10.20 Sat & Sun)

2 **The Messengers**
Kristen Stewart, Dylan McDermott
(14.50 except Sat & Sun) 17.20-19.40-22.00 (00.20 Thu-Sun)
Teenage Mutant Ninja Turtles
Animation PV
(10.30-12.30-14.50 Sat & Sun)

3 **Fracture**
Anthony Hopkins, Ryan Gosling
13.15-15.50-18.25-21.00 (23.35 Thu-Sun)

4 **Blades of Glory**
Will Ferrell, Jon Heder
(12.15 Sat & Sun) 14.30-17.00-19.15-21.30

Zodiac
Jake Gyllenhaal, Robert Downey Jr
(23.45 Thu-Sun)

5 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
14.40-18.00-21.20

Blades of Glory
Will Ferrell, Jon Heder
(00.40 Thu-Sun)

6 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
(12.10 Sat & Sun) 15.10-18.10-21.10
(00.10 Thu-Sun)

7 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
13.05-15.55-18.50-21.50

Wild Hogs
Tim Allen, John Travolta
(00.45 Thu-Sun)

8 **Mr. Bean's Holiday**
Rowan Atkinson, Willem Dafoe
15.20-20.00 (17.40 except Sat & Sun)

The Reaping
Hillary Swank, Idris Elba
22.20

300
Gerard Butler, Rodrigo Santoro
(00.35 Thu-Sun)

Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
(10.35-12.50-17.40 Sat & Sun)

9 **Wild Hogs**
Tim Allen, John Travolta
(12.00 Sat & Sun) 14.20-16.50-19.20-21.40

Spiderman 3
Tobey Maguire, Kirsten Dunst
(00.00 Thu-Sun)

CASTELLO LOPES CINEMAS PORTIMÃO
TEL: 707 220 220
17 MAY-23 MAY

1 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
13.40-16.15-19.00-21.45-00.30

2 **The Painted Veil**
Naomi Watts, Edward Norton
13.45-16.25-19.05-21.40-00.15

3 **Blades of Glory**
Will Ferrell, Jon Heder
13.45-16.30-19.00-21.50-00.10

4 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
13.55

Perfect Stranger
Halle Berry, Bruce Willis
16.05-18.50-21.25-23.55

5 **Fracture**
Anthony Hopkins, Ryan Gosling
13.50-16.10-18.40-21.20-23.50

6 **Premonition**
Sandra Bullock, Julian McMahon
13.55-16.10-18.45-21.30-00.00

CASTELLO LOPES CINEMAS ALGARVE SHOPPING
TEL: 707 220 220
17 MAY-23 MAY

1 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
13.10

Spiderman 3
Tobey Maguire, Kirsten Dunst
15.30-18.20-21.20-00.15

2 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
13.00-15.50-18.40-21.40-00.30

3 **Because I Said So**
Diane Keaton, Mandy Moore
13.40-16.05

Breach
Chris Cooper, Ryan Phillippe
18.50-21.50-00.25

4 **Blades of Glory**
Will Ferrell, Jon Heder
13.05-15.10-17.15-19.20-21.25-23.50

5 **Wild Hogs**
Tim Allen, John Travolta
13.30-16.20-19.00-21.45-00.20

6 **Fracture**
Anthony Hopkins, Ryan Gosling
12.50-15.20-18.10-21.35-23.55

7 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
13.20-16.30-21.00-00.10

8 **The Messengers**
Kristen Stewart, Dylan McDermott
14.00-16.00-18.00-21.25-00.00

9 **Pathfinder**
Karl Urban, Moon Bloodgood
13.50-16.10-18.30-21.30-00.05

3 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
Spiderman 3
Tobey Maguire, Kirsten Dunst

4 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore

5 **Trust the Man**
David Duchovny, Julianne Moore
6 **Snow Cake**
Sigourney Weaver, Alan Rickman

7 **Pathfinder**
Karl Urban, Moon Bloodgood
8 **The Messengers**
Kristen Stewart, Dylan McDermott

9 **Because I Said So**
Diane Keaton, Mandy Moore
Ne Le Dis à Personne / Tell No One
François Cluzet, Marie-Josée Croze

10 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb

Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV

The Reaping
Hillary Swank, Idris Elba

Meet the Robinsons
Animation PV

11 **O Mistério da Estrada de Sintra**
Ivo Canelas, António Pedro Cerdeira

Teenage Mutant Ninja Turtles
Animation PV

12 **Le Concile de Pierre**
Monica Bellucci, Catherine Deneuve

300
Gerard Butler, Rodrigo Santoro

13 **Sunshine**
Cillian Murphy, Michelle Yeoh

Meet the Robinsons
Animation

14 **Perfect Stranger**
Halle Berry, Bruce Willis

15 **Scenes of a Sexual Nature**
Ewan McGregor, Sophie Okonedo

16 **The Reaping**
Hillary Swank, Idris Elba

17 **EL CORTE INGLÉS**
TEL: 707 23 22 21

18 **UCICINEMAS**
TEL: 707 23 22 21

19 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

The Messengers
Kristen Stewart, Dylan McDermott

20 **Fracture**
Anthony Hopkins, Ryan Gosling

21 **Blades of Glory**
Will Ferrell, Jon Heder

22 **Pathfinder**
Karl Urban, Moon Bloodgood

23 **Teenage Mutant Ninja Turtles**
Animation

24 **Renaissance**
Daniel Craig, Catherine McCormack

25 **Blades of Glory**
Will Ferrell, Jon Heder

26 **The Messengers**
Kristen Stewart, Dylan McDermott

27 **Trust the Man**
David Duchovny, Julianne Moore

28 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb

29 **Perfect Stranger**
Halle Berry, Bruce Willis

30 **Black Christmas**
Katie Cassidy, Michelle Trachtenberg

31 **Spiderman 3**
Tobey Maguire, Kirsten Dunst

32 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb

33 **Because I Said So**
Diane Keaton, Mandy Moore

34 **Wild Hogs**
Tim Allen, John Travolta

35 **Teenage Mutant Ninja Turtles**
Animation PV

36 **17 MAY-23 MAY**

37 **LUSOMUNDO ALMADA FORUM**
TEL: 707 246362
17 MAY-23 MAY

38 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

The Messengers
Kristen Stewart, Dylan McDermott

39 **Fracture**
Anthony Hopkins, Ryan Gosling

40 **Blades of Glory**
Will Ferrell, Jon Heder

41 **Pathfinder**
Karl Urban, Moon Bloodgood

42 **O Mistério da Estrada de Sintra**
Ivo Canelas, António Pedro Cerdeira

43 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb

44 **Because I Said So**
Diane Keaton, Mandy Moore

45 **Teenage Mutant Ninja Turtles**
Animation PV

46 **Animation PV**

47 **17 MAY-23 MAY**

48 **LUSOMUNDO AMOREIRAS**
TEL: 707 246362
17 MAY-23 MAY

49 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

The Reaping
Hillary Swank, Idris Elba

50 **Teenage Mutant Ninja Turtles**
Animation PV

51 **Animation PV**

52 **17 MAY-23 MAY**

53 **LUSOMUNDO CASCAIS SHOPPING**
TEL: 707 246362
17 MAY-23 MAY

54 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

Fracture
Anthony Hopkins, Ryan Gosling

55 **Blades of Glory**
Will Ferrell, Jon Heder

56 **Breath**
Chris Cooper, Ryan Phillippe

57 **17 MAY-23 MAY**

58 **LUSOMUNDO FORUM MONTIJO**
TEL: 707 246362
17 MAY-23 MAY

59 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

60 **Fracture**
Anthony Hopkins, Ryan Gosling

61 **Blades of Glory**
Will Ferrell, Jon Heder

62 **Snow Cake**
Sigourney Weaver, Alan Rickman

63 **17 MAY-23 MAY**

LUSOMUNDO COLOMBO
TEL: 707 246362
17 MAY-23 MAY

Zodiac
Jake Gyllenhaal, Robert Downey Jr

Trust the Man
David Duchovny, Julianne Moore

The Messengers
Kristen Stewart, Dylan McDermott

Fracture
Anthony Hopkins, Ryan Gosling

64 **Perfect Stranger**
Halle Berry, Bruce Willis

Meet the Robinsons
Animation PV

65 **LUSOMUNDO O DIVELAS PARQUE**
TEL: 707 246362
17 MAY-23 MAY

The Messengers
Kristen Stewart, Dylan McDermott

Fracture
Anthony Hopkins, Ryan Gosling

Breath
Chris Cooper, Ryan Phillippe

66 **Spiderman 3**
Tobey Maguire, Kirsten Dunst

Ne Le Dis à Personne / Tell No One
François Cluzet, Marie-Josée Croze

67 **Because I Said So**
Diane Keaton, Mandy Moore

Wild Hogs
Tim Allen, John Travolta

Teenage Mutant Ninja Turtles
Animation PV

68 **LUSOMUNDO OEIRAS PARQUE**
TEL: 707 246362
17 MAY-23 MAY

Zodiac
Jake Gyllenhaal, Robert Downey Jr

The Messengers
Kristen Stewart, Dylan McDermott

Fracture
Anthony Hopkins, Ryan Gosling

69 **Blades of Glory**
Will Ferrell, Jon Heder

70 **Spiderman 3**
Tobey Maguire, Kirsten Dunst

O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira

71 **Wild Hogs**
Tim Allen, John Travolta

Teenage Mutant Ninja Turtles
Animation PV

72 **LUSOMUNDO OLIVAISHOPPING**
TEL: 707 246362
17 MAY-23 MAY

Black Christmas
Katie Cassidy, Michelle Trachtenberg

73 **Spiderman 3**
Tobey Maguire, Kirsten Dunst

Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb

74 **Because I Said So**
Diane Keaton, Mandy Moore

Wild Hogs
Tim Allen, John Travolta

Teenage Mutant Ninja Turtles
Animation PV

75 **LUSOMUNDO VASCO DA GAMA**
TEL: 707 246362
17 MAY-23 MAY

Zodiac
Jake Gyllenhaal, Robert Downey Jr

76 **Trust the Man**
David Duchovny, Julianne Moore

Fracture
Anthony Hopkins, Ryan Gosling

77 **Snow Cake**
Sigourney Weaver, Alan Rickman

78 **17 MAY-23 MAY**

79 **LUSOMUNDO FORUM MONTIJO**
TEL: 707 246362
17 MAY-23 MAY

80 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

81 **Fracture**
Anthony Hopkins, Ryan Gosling

82 **Blades of Glory**
Will Ferrell, Jon Heder

83 **Breath**
Chris Cooper, Ryan Phillippe

84 **Spiderman 3**
Tobey Maguire, Kirsten Dunst

O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira

85 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb

86 **Wild Hogs**
Tim Allen, John Travolta

Teenage Mutant Ninja Turtles
Animation PV

87 **17 MAY-23 MAY**

88 **LUSOMUNDO FORUM MONTIJO**
TEL: 707 246362
17 MAY-23 MAY

89 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

90 **Fracture**
Anthony Hopkins, Ryan Gosling

91 **Blades of Glory**
Will Ferrell, Jon Heder

92 **Breath**
Chris Cooper, Ryan Phillippe

93 **Spiderman 3**
Tobey Maguire, Kirsten Dunst

O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira

94 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb

95 **Wild Hogs**
Tim Allen, John Travolta

Teenage Mutant Ninja Turtles
Animation PV

96 **17 MAY-23 MAY**

97 **LUSOMUNDO FORUM MONTIJO**
TEL: 707 246362
17 MAY-23 MAY

98 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr

99 **Fract**



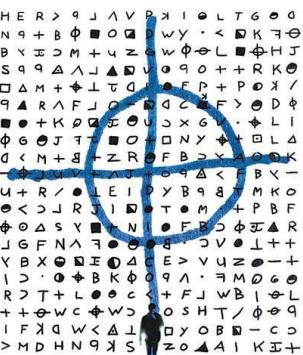
David Fincher's (*Fight Club*, *Se7en*) adaptation of the Robert Graysmith (Jake Gyllenhaal) book masterfully transports

viewers to the Bay Area in the 1960s and '70s by drawing on actual case files from the notoriously unsolved 'Zodiac' killer mystery. As a murderer with seemingly random targets starts sending terrifying threats and cryptic codes to police and publishers all around San Francisco, fear and paranoia descend on the city. Through slow pacing, Fincher creates an effectively chilling atmosphere in which he spins a thick web of character-driven plotlines. Early scenes depicting the Zodiac's first-known murders vividly capture the victim's



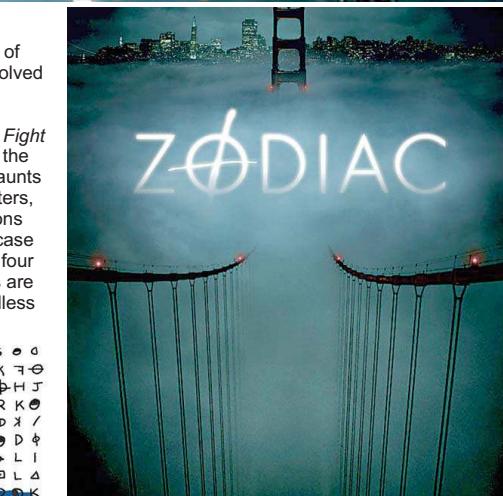
fear and agony and will leave viewers haunted. When the Zodiac's ciphers arrive at the San

Based on the actual case files of one of the most intriguing unsolved crimes in the nation's history, *Zodiac* is a thriller from David Fincher, director of *Seven* and *Fight Club*. As a serial killer terrifies the San Francisco Bay Area and taunts police with his ciphers and letters, investigators in four jurisdictions search for the murderer. The case will become an obsession for four men as their lives and careers are built and destroyed by the endless trail of clues.



Francisco Chronicle, they spark the interest of Graysmith, a young cartoonist with a penchant for puzzles. As the former Boy Scout earnestly tries to decode the messages, eccentric reporter Paul Avery (Robert Downey Jr.) approaches the case from a career-boosting angle.

Meanwhile, a string of investigators from four jurisdictions carry on a complex and unsatisfying search for the elusive killer. Inspectors Dave Toschi (Mark



Ruffalo) and Bill Armstrong (Anthony Edwards) at times collide with Avery and Graysmith, whose interest in the case extends long after most have given up.

THE MESSENGERS

Twin filmmakers Danny and Oxide Pang's creepy 2003 feature *The Eye* earned them enough kudos to make the leap to Hollywood, and their first effort is the creepy chiller *The Messengers*. A Chicago-based family comprised of Roy (Dylan McDermott), his wife, Denise (Penelope Ann Miller), their teenage daughter, Jess (Kristen Stewart), and young son, Ben (played by twins Evan and Theodore Turner) try to put the hard times behind them with a move to a picturesque farmhouse in North Dakota. Jess quickly becomes convinced that the house is haunted after some peculiar occurrences while she's alone there with young Ben. But Ben can't articulate what he's seen, and Jess's story is met with skepticism by her parents. It soon becomes apparent that past family tensions are slowly boiling to the surface. Meanwhile, the ghosts keep coming, and the Pang brothers never keep their audience waiting for long before another nerve-jangling scene shudders into view. But as the ghosts torment their new residents, Jess does a little research on the old farmhouse and discovers a few secrets that may just hold the key to why this is all happening. Packed full of CGI effects and a few moments that may cause a jump or two, *The Messengers* is a horror movie aimed at a young audience and not horror aficionados, as indicated by its PG-13 rating.



Snow Cake is a film about friendship, trust, snow, acceptance, obsessive behaviour, a dog called Marilyn, and about the power of friendship, no matter how eccentric, to change our lives and heal our hearts.

Tight-lipped Englishman Alex Hughes (Alan Rickman) arrives in Northern Ontario on his way to meet the woman with whom he has had a son. He is bullied by an altogether unconventional but lovable 19 year old hitch-hiker Vivienne (Emily Hampshire) into giving her a ride to her hometown of Wawa. When the car is hit by a truck on the outskirts of her home town, Vivienne dies instantly. Alex finds himself, for the second time

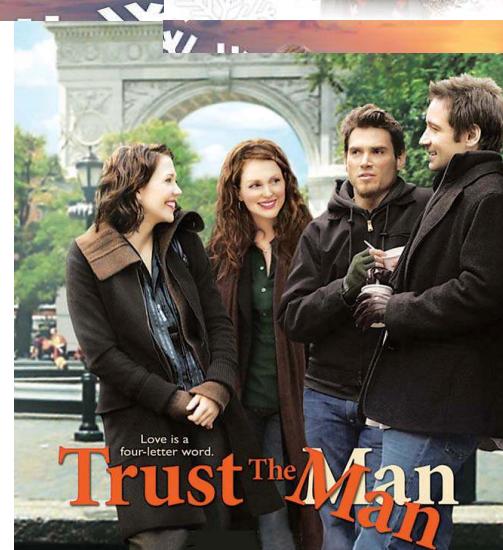
in his life, grieving for someone he never knew.

Shocked and stranded in snowbound Wawa, Alex is drawn to seek out Vivienne's mother, to talk to her in person about the fate of her daughter. He also goes armed with trinkets and children's amusements that Vivienne has picked up along the way for her mother. Alex knocks on the door and comes face to face with Linda Freeman (Sigourney Weaver). Linda is no ordinary Mother. Alex soon becomes aware that Linda is an adult autistic, albeit a high-functioning one. He becomes increasingly involved in Linda's life and the community to which she feels complete indifference, in large part because of her condition. Linda in turn becomes attached – as attached as she is emotionally capable of – to Alex and what he can do for her.

Snow Cake



A smart, sophisticated comedy about the challenges of love and marriage among modern day New Yorkers, *Trust The Man* features the romantic escapades of two couples: a successful actress (Julianne Moore) and her stay at home husband (David Duchovny); and her slacker younger brother (Billy Crudup) and his aspiring novelist girlfriend (Maggie Gyllenhaal). The film follows these four on their pointed, often surprising and frequently hilarious search for love in the midst of careers, family, infidelity and the ever-daunting search for Manhattan street parking.



Love is a four-letter word.
Trust The Man

CELEB NEWS

Hollywood star **Nicole Kidman** is to make a cameo appearance in cosmetic surgery drama **Nip/Tuck**, playing a nose job patient. Show creator Ryan Murphy met the actress when he was recently recruited to direct her in new movie **Need** - and she took the opportunity to beg him for a bit part in **Nip/Tuck**. Murphy says, "I was talking to Nicole recently and she said, 'I want you to write me a part in **Nip/Tuck**.' So I think I'm going to write a part where she comes in and she's wearing that Virginia Woolf (in **The Hours**) nose. She's hilarious and I love her." «»»

Showbiz icon **Bette Midler** has agreed to take over **Celine Dion**'s Las Vegas show when the Canadian singer stands down next year.

Divine Madness star Midler will begin rehearsals in October and take to the stage for her first performance at the famous Caesars Palace Colosseum venue in February 2008. The 61-year-old tells PageSix the show may be called "The Showgirl Must Go On" and hints she has a spectacle planned: "That Colosseum, it has lots of fun stuff to fool around with!" «»» Movie star **George Clooney** has given up his party lifestyle because he hates hangovers. The **Ocean's Thirteen** actor now turns down invitations to celebrity parties and events after realizing he has to take better care of himself, especially since he had back and neck surgery in 2005. He says, "I don't live at full tilt the way I used to. You begin to hate waking up with the kind of hangover you get from going on huge benders with your buddies. Also, since my neck surgeries, I've been forced to take things easier and not beat up my body the way I used to. I'm more cautious." «»» The Oscar-winning Best Foreign Film is to be remade as a Hollywood movie. German espionage drama **The Lives Of Others** will be revamped as an English-language film with moviemakers

Sydney Pollack and **Anthony Minghella** coming together for the project. Pollack tells trade paper Daily Variety, "We would just desperately love for that film to be something that reaches more people. We haven't gotten locked into making it yet, but we're working hard at trying to get it going." The film's writer/director **Florian Henckel Von Donnersmarck** claimed Oscar gold for the film in February. «»» **Julianne Moore** and **Tom Hanks** are going back in time as the unlikely stars of a new **Barry Levinson** western. The pair will star in new movie **Boone's Lick**, which is adapted from a book written by **Brokeback Mountain** screenwriter Larry McMurtry. In the new period film, Moore will portray a pioneer woman who falls in love with her brother-in-law, played by Hanks, during a cross-country trip from Missouri to a fort in Wyoming to rejoin her husband, according to FilmStew.com.

Shooting on Boone's Lick is scheduled to begin later this year. Levinson has replaced **Lasse Halstrom** as the director of the film. «»» Funnyman **Billy Crystal** is to be honored with the Mark Twain Prize for American Humor. The **City Slickers** star will be the 10th recipient of the honor when he's feted at the John F. Kennedy Center for the Performing Arts in Washington D.C. in October. Kennedy Center Chairman Stephen Schwarzman insists choosing Crystal for the honor was easy: "The work he has created for stage, film and television has made an indelible impression. It is the work of not just a humorist but also a humanist." Thrilled Crystal, who will join **Whoopi Goldberg**, **Steve Martin**, and **Richard Pryor** among the recipients, says, "To be given the same award as **Richard Pryor**, **Steve Martin** and **Neil Simon** is a great honor." «»»

NORTH

UCICINEMAS
ARRÁBIDA SHOPPING
TEL: 707 23 22 21
17 MAY-23 MAY

- 1 **Fracture**
Anthony Hopkins, Ryan Gosling
- 2 **Trust the Man**
David Duchovny, Julianne Moore
- 3 **Pathfinder**
Karl Urban, Moon Bloodgood
- 4 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
- 5 **Renaissance**
Daniel Craig, Catherine McCormack
- 6 **O Mistério da Estrada de Sintra**
Ivo Canelas, António Pedro Cerdeira
- 7 **Scenes of a Sexual Nature**
Ewan McGregor, Sophie Okonedo
- 8 **Shooter**
Mark Wahlberg, Michael Peña
- 9 **Meet the Robinsons**
Animation PV
- 10 **300**
Gerard Butler, Rodrigo Santoro
- 11 **Blades of Glory**
Will Ferrell, Jon Heder
- 12 **Perfect Stranger**
Halle Berry, Bruce Willis
- 13 **Wild Hogs**
Tim Allen, John Travolta
- 14 **Breach**
Chris Cooper, Ryan Phillippe
- 15 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
- 16 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 17 **The Reaping**
Hillary Swank, Idris Elba
- 18 **Mr. Bean's Holiday**
Rowan Atkinson, Willem Dafoe
- 19 **Teenage Mutant Ninja Turtles**
Animation
- 20 **Spiderman 3**
Tobey Maguire, Kirsten Dunst

LUSOMUNDO
BRAGAPARQUE
TEL: 707 246362
17 MAY-23 MAY

- 21 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
- 22 **Blades of Glory**
Will Ferrell, Jon Heder
- 23 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 24 **Meet the Robinsons**
Animation PV

LUSOMUNDO
DOLCE VITA COIMBRA
TEL: 707 246362
17 MAY-23 MAY

- 25 **The Messengers**
Kristen Stewart, Dylan McDermott
- 26 **Teenage Mutant Ninja Turtles**
Animation
- 27 **The Number 23**
Jim Carrey, Virginia Madsen
- 28 **Meet the Robinsons**
Animation PV 3D Digital

Breach

Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Because I Said So
Diane Keaton, Mandy Moore
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation
The Reaping
Hillary Swank, Idris Elba
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
DOLCE VITA DOURO
TEL: 707 246362
17 MAY-23 MAY

- 29 **Breach**
Chris Cooper, Ryan Phillippe
- 30 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 31 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
- 32 **Because I Said So**
Diane Keaton, Mandy Moore
- 33 **Wild Hogs**
Tim Allen, John Travolta
- 34 **Teenage Mutant Ninja Turtles**
Animation PV
- 35 **Blood and Chocolate**
Agnes Bruckner, Hugh Dancy
- 36 **Shooter**
Mark Wahlberg, Michael Peña
- 37 **The Last Kiss**
Zack Braff, Jacinda Barrett
- 38 **Perfect Stranger**
Halle Berry, Bruce Willis
- 39 **Wild Hogs**
Halle Berry, Bruce Willis

LUSOMUNDO
DOLCE VITA PORTO
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17 MAY-23 MAY

- 40 **The Messengers**
Kristen Stewart, Dylan McDermott
- 41 **Blades of Glory**
Will Ferrell, Jon Heder
- 42 **Black Christmas**
Katie Cassidy, Michelle Trachtenberg
- 43 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 44 **O Mistério da Estrada de Sintra**
Ivo Canelas, António Pedro Cerdeira
- 45 **Because I Said So**
Diane Keaton, Mandy Moore
- 46 **Wild Hogs**
Tim Allen, John Travolta
- 47 **Teenage Mutant Ninja Turtles**
Animation PV
- 48 **Meet the Robinsons**
Animation PV

LUSOMUNDO
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17 MAY-23 MAY

- 49 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
- 50 **Fracture**
Anthony Hopkins, Ryan Gosling
- 51 **Blades of Glory**
Will Ferrell, Jon Heder
- 52 **Black Christmas**
Katie Cassidy, Michelle Trachtenberg
- 53 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 54 **O Mistério da Estrada de Sintra**
Ivo Canelas, António Pedro Cerdeira
- 55 **La Môme / La Vie en Rose**
Marion Cotillard, Sylvie Testud
- 56 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
- 57 **Because I Said So**
Diane Keaton, Mandy Moore
- 58 **Wild Hogs**
Tim Allen, John Travolta
- 59 **Teenage Mutant Ninja Turtles**
Animation PV
- 60 **The Number 23**
Jim Carrey, Virginia Madsen
- 61 **Meet the Robinsons**
Animation PV

Le Concile de Pierre

Monica Bellucci, Catherine Deneuve

LUSOMUNDO
FORUM COIMBRA
TEL: 707 246362
17 MAY-23 MAY

- 62 **Zodiac**
Jake Gyllenhaal, Robert Downey Jr
- 63 **Black Christmas**
Katie Cassidy, Michelle Trachtenberg
- 64 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 65 **Ne Le Dis à Personne / Tell No One**
François Cluzet, Marie-Josée Croze
- 66 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
- 67 **Because I Said So**
Diane Keaton, Mandy Moore
- 68 **Wild Hogs**
Tim Allen, John Travolta
- 69 **Teenage Mutant Ninja Turtles**
Animation PV
- 70 **Shooter**
Mark Wahlberg, Michael Peña
- 71 **Perfect Stranger**
Halle Berry, Bruce Willis
- 72 **300**
Gerard Butler, Rodrigo Santoro
- 73 **Meet the Robinsons**
Animation PV
- 74 **Mr. Bean's Holiday**
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
FORUM VISEU
TEL: 707 246362
17 MAY-23 MAY

- 75 **Breach**
Chris Cooper, Ryan Phillippe
- 76 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 77 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
- 78 **Because I Said So**
Diane Keaton, Mandy Moore
- 79 **Wild Hogs**
Tim Allen, John Travolta
- 80 **Teenage Mutant Ninja Turtles**
Animation PV
- 81 **Blood and Chocolate**
Agnes Bruckner, Hugh Dancy
- 82 **Shooter**
Mark Wahlberg, Michael Peña
- 83 **Perfect Stranger**
Halle Berry, Bruce Willis
- 84 **Dot.com**
João Tempera, Maria Adanéz
- 85 **Meet the Robinsons**
Animation PV

LUSOMUNDO
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TEL: 707 246362
17 MAY-23 MAY

- 86 **Breach**
Chris Cooper, Ryan Phillippe
- 87 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 88 **Wild Hogs**
Tim Allen, John Travolta
- 89 **Shooter**
Mark Wahlberg, Michael Peña
- 90 **Perfect Stranger**
Halle Berry, Bruce Willis
- 91 **Meet the Robinsons**
Animation PV 3D Digital

LUSOMUNDO
GAIA SHOPPING
TEL: 707 246362
17 MAY-23 MAY

- 92 **Fracture**
Anthony Hopkins, Ryan Gosling
- 93 **Blades of Glory**
Will Ferrell, Jon Heder
- 94 **Black Christmas**
Katie Cassidy, Michelle Trachtenberg
- 95 **Spiderman 3**
Tobey Maguire, Kirsten Dunst
- 96 **O Mistério da Estrada de Sintra**
Ivo Canelas, António Pedro Cerdeira
- 97 **La Môme / La Vie en Rose**
Marion Cotillard, Sylvie Testud
- 98 **Bridge to Terabithia**
Josh Hutcherson, Anna Sophia Robb
- 99 **Because I Said So**
Diane Keaton, Mandy Moore
- 100 **Wild Hogs**
Tim Allen, John Travolta
- 101 **Teenage Mutant Ninja Turtles**
Animation PV
- 102 **The Number 23**
Jim Carrey, Virginia Madsen
- 103 **Meet the Robinsons**
Animation PV

OV = Original Version
PV = Portuguese Version

LUSOMUNDO
MAIA SHOPPING
TEL: 707 246362

17 MAY-23 MAY

Black Christmas

Katie Cassidy, Michelle Trachtenberg

Spiderman 3

Tobey Maguire, Kirsten Dunst

Ne Le Dis à Personne / Tell No One

François Cluzet, Marie-Josée Croze

Bridge to Terabithia

Josh Hutcherson, Anna Sophia Robb

La Môme / La Vie en Rose

Marion Cotillard, Sylvie Testud

Because I Said So

Diane Keaton, Mandy Moore

Wild Hogs

Tim Allen, John Travolta

Teenage Mutant Ninja Turtles

Animation PV

Shooter

Mark Wahlberg, Michael Peña

Perfect Stranger

Halle Berry, Bruce Willis

300

Gerard Butler, Rodrigo Santoro

Meet the Robinsons

Animation PV

Mr. Bean's Holiday

Rowan Atkinson, Willem Dafoe

Moscow Zero

Vincent Gallo, Val Kilmer

LUSOMUNDO

NORTE SHOPPING

TEL: 707 246362

17 MAY-23 MAY

Zodiac

Jake Gyllenhaal, Robert Downey Jr

Trust the Man

David Duchovny, Julianne Moore

Fracture

Anthony Hopkins, Ryan Gosling

Blades of Glory

Will Ferrell, Jon Heder

Pathfinder

Karl Urban, Moon Bloodgood

Spiderman 3

Tobey Maguire, Kirsten Dunst

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Ivo Canelas, António Pedro Cerdeira

Bridge to Terabithia

Josh Hutcherson, Anna Sophia Robb

Wild Hogs

Tim Allen, John Travolta

Teenage Mutant Ninja Turtles

Animation PV

The Reaping

Hillary Swank, Idris Elba

Perfect Stranger

Halle Berry, Bruce Willis

Meet the Robinsons

Animation PV

Mr. Bean's Holiday

Rowan Atkinson, Willem Dafoe

Le Concile de Pierre

Monica Bellucci, Catherine Deneuve

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17 MAY-23 MAY

The Messengers

Kristen Stewart, Dylan McDermott

Fracture

Anthony Hopkins, Ryan Gosling

Blades of Glory

Will Ferrell, Jon Heder

Pathfinder

Karl Urban, Moon Bloodgood

Spiderman 3

Tobey Maguire, Kirsten Dunst

O Mistério da Estrada de Sintra

Ivo Canelas, António Pedro Cerdeira

Bridge to Terabithia

Josh Hutcherson, Anna Sophia Robb

Wild Hogs

Tim Allen, John Travolta

Teenage Mutant Ninja Turtles

Animation PV

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Mr. Bean's Holiday

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Le Concile de Pierre

Monica Bellucci, Catherine Deneuve



Announcements

GARAGE SALE in Azoia – Cabo Da Roca, Saturday 19th May 10:00 to 19:00 Sunday 12:00 to 18:00 at the Studio next to Restaurante Pão de Trigo.

SMOKING IS an issue that effects the whole world. Its bad. Its dirty. Its unhealthy. By smoking you are not just putting you life at risk, but also the lives of others. Please stop to improve the community, your country and the world. STOP for a good reason!

ALGARVIDA ART gallery now open in Carvoeiro. Fine art, prints, cards and a large selection of celebrity photography. Ru do Barranco (outgoing road) Tel.: 282 356 577.

CASA IS a well-known local social club of over 300 members who raise money to help many needs in the area. It is open to single or couples, and has a monthly newsletter of events and dinners at local venues for reasonable prices. Also outings are arranged to some interesting places in Portugal or Spain. Find out more by calling Franz on Tel.: 282 312 819.

www.the-news.net

Charity sales

LAGOS ANIMAL Protection Society has a charity sale at Burgau Sports Club every 2nd Saturday of the month. All proceeds go towards helping Algarve animals. For further details please phone Tel.: 282 687 334 or mobile 966 047 994 after 6pm.

Employment Centre

Offered & Sought

PRIVATE NURSING home close to Loulé require qualified nurses to join their team. Phone 289 990 900.

LOOKING FOR a Personal Assistant? Please visit: www.va-portugal.com or call Liz (351) 916 784 435.

VACANCY

The Portugal News, Portugal's National paper in English, has a vacancy in our Lagoa office for an

Assistant to Accounts Manager

Applicant must:

- Be fluent in English and Portuguese
- Be able to work under pressure
- Have a flair for figures
- Preferably be a non-smoker

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Support Groups

ALCOHOLICS ANONYMOUS - Algarve. Do you or anyone you know have a problem with alcohol? If so, there is a solution. **WEEKLY MEETINGS**: Mon.: Portimão 7.30pm. Tues.: Almancil 6.30pm (Men's meeting); Albufeira 8.00pm. Wed.: Almancil 7.30pm. Thurs.: Pêra 7.30pm; Tavira 7.30pm. Fri.: Almancil 1.00pm; Portimão 7.30pm. Sat.: Almancil 5.30pm. For help finding a meeting call 919 005 590 between 10.00 and 7.30pm. For Portuguese speaking AA, please call mobile 917 483 478. For GSO Lisbon AA please call Tel.: 217 162 969.

ALCOHOLICS ANONYMOUS English speaking meetings 7pm Sun., The Crypt, Igreja de S. António, Av. de Marginal, Estoril; & 7pm Tues., St. Paul's Church, Av. dos Bombeiros Voluntários, Estoril. (Confirm Tues. meeting – mob. 965 059 949).

ALCOHOLICS ANONYMOUS New meeting in East Algarve, Tavira. English speaking meeting 7:30 Thurs. 30R. Dr. Parreira, Tavira mob. 916 013 265.

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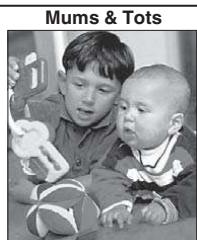
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Amelia and Margaret - dear little angels

At 7 o'clock every morning and evening little Amelia along with 7 year old Isaiah receive their cocktail of ARV drugs. They are both HIV infected. They swallow 6 or 7 tablets each with no complaint and get a treat of fruit or sweets or a biscuit every time.

"Just a spoonful of sugar helps the medicine go down!" they are so good at taking pills. Dear little angels. Both are responding well to the treatment, and have stopped falling asleep at school. They now have more energy to laugh and run and play.

Amelia and Margaret walk next door to Gods Good Hope Preschool every morning, where they happily play with ten other toddlers. They enjoy lunch of pap (maize porridge) and cabbage.

Rebecca, the older sister of Margaret collects both children on her way home from school.

They are much loved in our Children's Centre family. Traditionally older seSotho children help to bring-up the younger children. It is such a blessing for us. Our older girls vie for a turn of playing mother to our babies. We risk them being hopelessly spoilt, but certainly we do not lack childminders.

All our girls share their bed-

rooms with six or seven other girls. The ages are mixed. They all want to help look after the smaller ones. We have cots for both babies. They stand unused. The girls put the babies in their own beds. The idle cots contain all their clothing. I suppose Africans girls learn how to look after their own children by practising on their siblings first.

Amelia and Margaret are walking and talking and love to chase a ball. They are normal little girls.

Both still enjoy being a 'baby' and like to be wrapped in a blanket and carried on a back. Their beautiful crocheted blankets were made by kind friends in England.

At the Children's Centre we are totally reliant on the gifts of friends and relatives. Thank you all for your loving faithful support. With your help we can increase our 'family' and help many more AIDS infected and affected orphans in Lesotho.

Jill Kinsey

Compassion for the Lesotho Aids orphans

Jill Kinsey is a missionary with a heart for the destitute, especially children.

In February 2006, under the authority of the Lesotho Methodist Church, Jill officially opened a Children's Centre in Semonkong, to alleviate the suffering of the 2,000 AIDS orphans in the area. Initially 21 of the most desperate orphans, between the ages of 6 and 14 years of age, were given a place to live.

Today that number has grown to 41 children. The youngest being two-year old Margaret. Semonkong consists of 84 rural villages in Lesotho, Southern Africa.

The Centre is funded en-

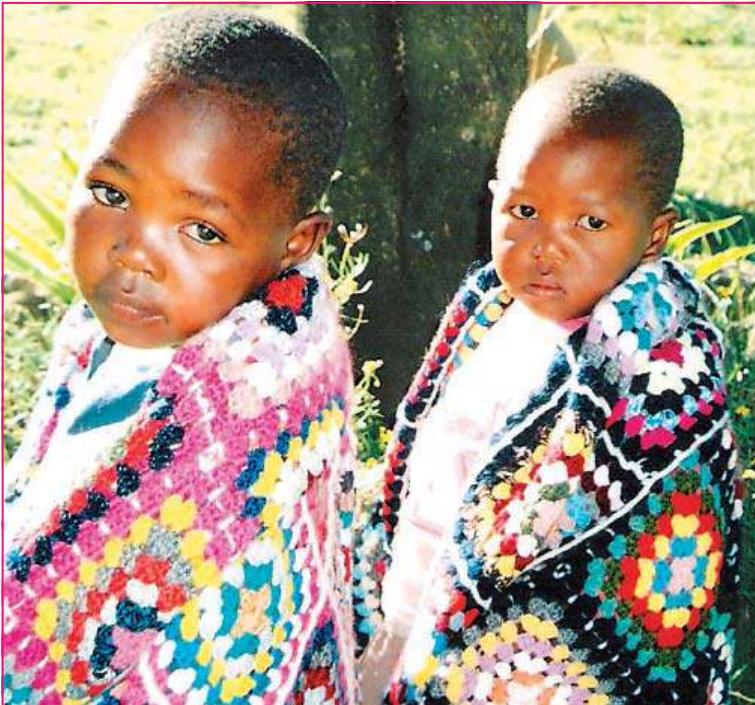
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Amelia on the left is the taller of the two. Margaret on the right, is a smaller baby.

Three ways to

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1. Show him where he can run, so he understands that running is fine, as long as it's in the right place.

2. Engage him, perhaps by getting him to help you push his pram, or hold your hand by telling him you might get lost if he doesn't help you.

3. Turn it into a game of catch by shouting 'chase me!' before moving just a few steps in the opposite direction as he (hopefully) runs towards you.



When it comes to milestones, your baby's first steps can't be beat. One day he's standing against the couch — maybe sliding along it — and the next he's tottering hesitantly into your waiting arms. Then he's off and running, leaving babyhood behind. Your child's first baby steps are his first major move toward independence. At 13 months, most toddlers are walking on their own — albeit unsteadily. If yours still hasn't stopped cruising, it just means walking on his own is going to take a little longer. (PHOTO: Press Association)

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The neutering campaign from 7th to 12th May was a great success



Thanks to Cleo and Silvia, the vets from Medivet from the UK, during the Neutering Campaign held in Lagos between the 7th and 12th May, operated on a final total of 118 cats and 17 dogs.

We would like to say thank you to everyone who helped during this last week with the neutering campaign held in Lagos between the 7th and 12th May. It was a great success once again and could only have been achieved because of the following people:

Cleo and Silvia, the vets from Medivet in the UK,

Owen and Val for kindly offering the accommodation again,

World Rent Cars for the hire of a car, free of charge, just like the last time.

The vets and nurses of Clinica Veterinaria do Ferrel in Espiche, who gave up their days off to help us, especially Golda, for who worked every day!

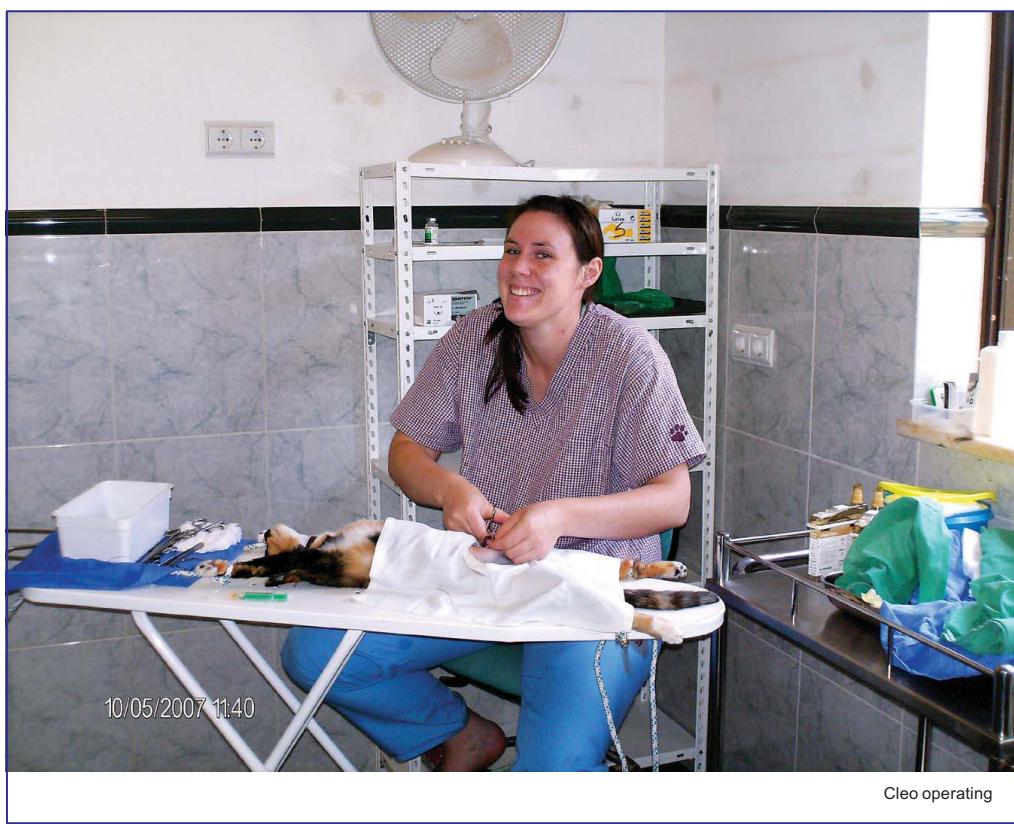
Trappers and general helpers and all those who offered monetary support.

The final total for the week was 118 cats and 17 dogs. Unfortunately 2 cats had already been

done but had no tattoo and another two had to be humanely put to sleep because they were suffering from Feline Aids (NOT to be confused with the human strain!) However, all in all it was a great success and I again thank everyone involved.

We will probably be holding another one in early October, providing we have vets ready to come and anyone who will need street animals doing at this time should call me during September.

*Michele.
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A Ponte Restaurant, the ideal village venue



Anyone considering spending a day in the beautiful village of Alte should also consider making a stop at the A Ponte restaurant, which is as rich in fantastic food as its vicinity is in natural history and heritage.



Pictured here: the sunny terrace and to the left the children's play area. Above: the attractive and welcoming interior of Restaurante A Ponte.



Pictured are cooks: Regina, Fernanda and Graçinha, with Zoe Hodgson, and waitress Silvia.

After spending a morning or afternoon browsing round sleepy Alte and drinking in the beautiful sights and culture that it has to offer, end the trip with a relaxing meal in 'A Ponte'. Bask in the restaurant's delightful settings with the sound of Alte River flowing in the background and the sun setting over the foothills of Serra do Caldeirão.

Ideal for families, 'A Ponte' is spacious and wheelchair and child-friendly. It comprises a non-smoking, air-conditioned indoor dining room as well as covered outdoor dining areas, and a grassy, shaded kiddie park, all of which are thoroughly enjoyable now that sunny days and warm, balmy evenings have arrived.

Also on the cards for this summer are Barbecue evenings and live music. Set menus and special prices are available for parties or large group reservations.

Fully equipped with baby changing facilities, highchairs, ample private parking and located in stunning, tranquil surroundings, the menu is equally as satisfying.

Extremely varied, it offers traditional English and Portuguese cuisine as well as international dishes and exotic house specialities.

'A Ponte' has separate lunchtime and evening 'À la Carte' menus, both of which comprise daily specials, all brilliantly priced from as little as €5.

The establishment was taken over last May by long-term resident couple Zoë and Steve Hodgson, who are both enthusiastic, creative cooks and saw the need for a fairly priced, wide-ranging eatery in the village.

Of their own composition, the menu and its respective dishes cater for all palates and budgets, and offers some curiously interesting concoctions.

Besides the all-time favourite Algarve dishes, including chicken piri-piri and charcoal grilled fresh fish, other nightly and daily specials have caused quite a stir of excitement.

Thursday is 'Fish 'n' Chips', night, featuring fresh cod fried in the restaurant's own homemade crunchy beer-batter, whilst Sunday brings the traditional roast or Ploughman's lunches.

On the 'À la Carte' menu are other delicious dishes, including chicken breast topped with a selection of eight different, made-to-order sauces. Amongst these are chicken breast 'A Ponte' (marinated butterfly breast glazed in a honey and ginger sauce), Chicken Victoria (breast topped with a delicious blue cheese and prawn sauce) and the thought provoking 'Chicken

Chernobyl'; not for the faint-hearted, so try it if you dare!

Cuban beef, Che Guevara Pork, Mexican chicken, Picanha (grilled rump cap thinly sliced and served Brazilian-style) and regional black pig chops are other renowned favourites, along with Scampi, liver & onions, and Portuguese 'Bacalhau à Brás'.

All meals and sauces are homemade, using fresh, regional ingredients and the finest meats.

The light lunchtime menu comprises salads, sandwiches,

and grilled meats, and all desserts are locally made, or even made in the restaurant, featuring regional specialities like fig and almond tarte or the heavenly sweet 'Toucinho do Céu'.

Besides a good selection of Portuguese wines, 'A Ponte' can also claim to be the only restaurant in the Serra do Caldeirão to boast Guinness on draught.

For more information or reservations, contact 'A Ponte' on: (+351) 964 191 625, or 289 478 086. Open seven days a week.

Dolce Vita Restaurant Pizzeria

Dolce Vita Restaurant Pizzeria is located in the centre of Lagos opposite the Cultural Centre, between two streets - with two different entrances! The decor inside is black and white, which gives a fresh clean look. Your host, António suggests you book a table so as not to miss tasting his Stuffed Salmon with Seafood or Leg of Lamb served with a Red Wine and Rosemary Sauce, as well as traditional Italian dishes such as pizzas and pastas and a variety of salads. There is a bar and a wide selection of wines on offer.

All this at excellent value and staff who are friendly, smart and helpful! The atmosphere is relaxed and on summer days you can enjoy eating outside on their rustic terrace amongst the shrubs and flowers, or at the front of the restaurant on the pavement watching the world go by.

Restaurante A Ponte is a newly-opened restaurant in the traditional Algarvian village of Alte, where residents and visitors alike are invited to enjoy relaxed dining in unspoiled surroundings. They offer a very varied menu, including vegetarian dishes, snacks and a children's

A newly opened restaurant in the traditional Algarvian village of Alte. Restaurant A Ponte invites residents and visitors to come and enjoy relaxed dining in unspoilt surroundings.

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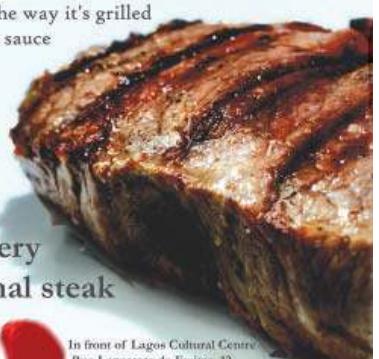
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Lunchbox food for grown-ups

Packed lunches aren't just for the kids. We look at healthy, quick and delicious ways to bring your lunch from home, with inspirations and recipes from the sandwich experts at Pret, straight from the new *Pret Food On The Move* book.

We hear a lot about healthy packed lunches for kids - but what about the grown-ups? These days when the average office lunch consists of a quick bite at your desk, it's time to tempt

workers with some tasty ideas to spice up sandwiches or add sparkle to salads.

First stop should be your fridge. In an age when we waste so much food - a recent govern-

ment study revealed households dump just under a third of all the food they buy - surely some of it could be made into a tasty lunch, saving money and the environment. Leftover meat from Sunday roasts can be packed into tasty wraps or baguettes, half-eaten dips stuffed into pitta breads with the remainders of raw or roasted veg and delicious soups can be made from virtually any vegetable that's starting to wither, packed into a flask and then taken to work.

Cookery writer Jane Lunzer Gifford has now teamed up with the sandwich experts at Pret to bring us *Pret Food On The Move*, a book to give workers some mouth-watering inspiration for the ideal packed lunch.

There are certain potentially delicious items to look out for during fridge raids, she says. "A few desultory roasted veg? Mix with humous and finely chopped spring onions on toasted ciabatta."

Even leftover stews can make a tasty office lunch if you remove the cold fat first, she offers. "Lamb casserole meat will be delicious and can be combined with redcurrant jelly and some watercress salad on a chunky whole-meal loaf."

If you have smoked salmon trimmings, add a little mustard, a pinch of sugar, a teaspoon each of vinegar and creme fraiche and some dill and pile it between two slices of brown bread - you won't be disappointed. Even the tired remains of a once-crisp salad can be used because, with the dressing thoroughly absorbed, they will still taste good with some crusty white bread, she says.

Basics you can make yourself to add flavour to your sandwiches, and which will keep in a sealed jar, include pesto, sweet chilli dressing and home-made pickle, while cupboard essentials to liven up the lunchbox could include anchovy fillets, horseradish, eggs, olives, mustard, olive oil, redcurrant jelly, tuna and Worcester sauce.

If you fancy a salad for lunch, Gifford says not to add dressing until you are about to eat. And if salad is to include cooked ingredients like bacon, chicken or hard-boiled egg, make sure they are cold before putting them anywhere near the leaves.

Make dressings out of guacamole or humous or blend some blue cheese with French dressing and you will create new flavours for regular salads.

Hannah Stephenson



We hear a lot about healthy packed lunches for kids - but what about grown-ups? Next week we choose two receipes from 'Pret Food On The Move' for you to try for yourselves.

available, including Sticky Toffee Pudding, as is a Kid's menu. If you are missing home-cooked English food, then this is the restaurant for you.

The **Don Toro Steakhouse** in the centre of Lagos, opposite the Cultural Centre, has the finest prime Argentinian, Irish and Brazilian Angus steaks cooked to your taste, as well as homemade, gourmet burgers. Served with a choice of sauces, the food is very affordable and José and his international staff also offer delicious fish grills, and a selection of vegetarian dishes. Whilst the exterior is colourful, contemporary and welcoming the interior has a more subdued romantic atmosphere. You can choose to eat inside or under the stars on their terrace, and to accompany your meal they have a selection of wines stored in wood barrels and produced from a variety of Portuguese grapes.

Is YOUR restaurant special? If so contact **Bella** on 914 393 736.

Restaurant guide

ALMANCIL

Bistro des Z'Artes
International Menu
Open: 12.00-15.00 & from 7pm.
Closed Mondays
Rua Calvario, 69, Almancil
Tel: 289 395 114 / 967 785 601

Shanghai Restaurant
Delicious dishes from Shanghai, China
Open: Daily 12.00-15.30 & 18.00-23.30
Rua do Comércio, 94 R/c, Almancil
Tel: 289 397 642

A Floresta
Portuguese & International cuisine
Open: Mon-Fri 12.00-15.00 Mon-Sat 18.30-22.30
Est. de Vale do Lobo, Almancil
Tel: 289 394 331

ARMAÇÃO DE PÉRA

O Major
Biggest 'Surf & Turf' Platter
King of Fried Cuttlefish
Open: Mon - Sat 10h00 to 23h00.
Next to Fruit & Veg. Market in Armacão de Pêra
Tel: 919 223 969

ALVOR

The Carvery
Traditional English fare
Open: Daily from 6pm.
Rua Dr. António José Almeida (by the taxi rank), Alvor. Tel: 914 099 083

ESTOI

Quinta dos Poetas
Portuguese Gourmet
Open: Tues - Sun for Lunch & Dinner
Apartado 1126, Nr. Estoi
Tel: 289 990 990

LAGOA/SILVES

O Cantinho dos Italianos
Pasta dishes
Open: 12.00 - 15.00 and 18.00 - 23.00
Largo 25 de Abril, No 1, Pêra
Tel: 914 844 269

Porches Velho

Portuguese Cuisine with Fado every Friday night
Rua da Praça 8400-477
Porches
Tel: 282 381 692
Mob: 919 255 992

LAGOS/LUZ

Dolce Vita
Pizzeria and International Menu
Open: 12.00 - 15.00 & 18.00 - 22.30

Rua Soeiro da Costa & Rua Lançarote de Freitas, Lagos
Tel: 282 768 466

O Beiral

International & Vegetarian menu - Italian specialities
Open: Tue - Sun 11.00 - 15.00 & 18.00 - 12.00

Closed: Mondays
Rua Dr. Guerreiro Tello, Barão de São João, Luz
Tel: 282 688 004 / 912 299 672

O Mandarin

Chinese & Asian dishes
Tel: 969 196 017

Open: 19.00 - 23.30

Calçadas, Albadeira, Lagos
Tel: 282 762 401 / 282 760 424

Vila Palmeira

Gourmet restaurant
Open: Restaurant - 19h to 24h
Bistro & Bar - 11h to 24h
(Both closed Mondays)

Meia Praia, Lagos
Tel: 282 770 902

Don Toro Steakhouse

Steaks, gourmet burgers, fish grills & vegetarian
Open: Daily 12.00-15.00 & 18.00-23.00

Rua Lançarote de Freitas, 12, Lagos. (Opposite the Cultural Centre)
Tel: 282 767 234

Meu Limão Tapas & Wine Bar

Portuguese & International Tapas + full menu
Open: Daily 10.00 - 2.00am
Rua Silva Lopes, 40/42 (In front of the Golden Chapel), Lagos.
Tel: 282 767 946
www.meulimao.com

No Patio

New international menu.
Open: Thurs-Sat. 18.30 - 21.30. Sun. 13.00-15.30
Rua Lançarote de Freitas, 46, Lagos
Tel: 282 763 777

Cosmopolitan

International menu
Open: 10.30 - Midnight
(Closed Mondays)
Rua Soeiro da Costa, 40, Lagos
Tel: 969 196 017

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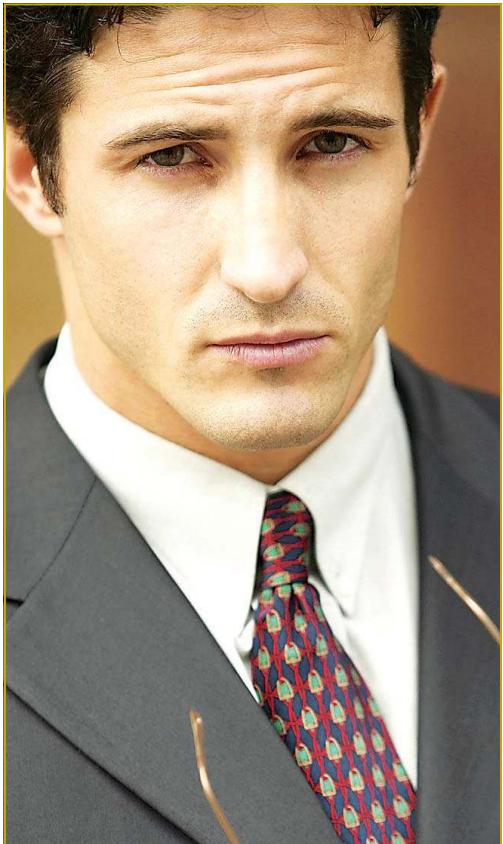
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Are men really from Mars?



Interesting men are defined as someone who, when you meet him, you think that you'd like to have dinner with him and, having had dinner with him, you're glad and you'd like to see him again. So where are these men?

(Photo: Press Association)

Where on earth are all the interesting and available men? Isabel Losada, author of *Men!*, gives us her take on the man drought, what women have learnt after the dreaded *Bridget Jones* era, and what we really want right now.

There is one burning question that most women over the age of 35 discuss all the time - where on earth are all the interesting and available men?

"Interesting men are defined as someone who, when you meet him, you think that you'd like to have dinner with him and, having had dinner with him, you're glad and you'd like to see him again," explains Isabel Losada, author of the amusingly informative new book *Men!*

"Available men are those who are not married, not 'separated' (but his wife doesn't know), not in any relationship which another woman believes to be long-term and monogamous, and, I've now started adding, in the case of Italians, not having 'lots of girlfriends'."

Of course, many single women would walk over hot coals to find out where these men are, but unfortunately there is no easy solution, according to Losada.

"We've all seen too many romantic American movies, but in real life it's very different," she warns.

"The fact is there really aren't that many of these men around, but on a positive note my book does prove to all the women who

are out there wondering, 'What am I doing wrong, is it me?', that they're not mad or even unreasonably choosy."

"We have to be very proactive in our search. Forget looking in clubs or pubs, we need to learn to do things differently," Losada adds.

After listening to "literally over a hundred" of her attractive, successful and financially independent single women friends regularly lament the lack of interesting and available men, Losada says she felt compelled to find some answers.

"I thought that I'd become a self-elected representative of all intelligent women over the age of 35 and try to solve the problem once and for all!" she laughs.

"We're not talking about women in their 20s who want to meet a guy and have fun, as we know that's perfectly possible, and we're not talking about casual sex either, as that's not difficult for women to find."

"No, what we're talking about are women who are genuinely looking for a man with whom to share the rest of their life and probably have a family."

A Peek Inside the Male Mind

Losada initially thought that

perhaps women were looking for such men in all the wrong places, and so rather bravely decided to spend time in a wide range of exclusively male environments.

She went from a raucous building site and a leather-clad Harley-Davidson club to the pin-stripes of the London stock exchange, a fast-track plumbing course, and a 'male bonding' stag weekend touting traditionally male activities such as 4x4 driving.

"What I found, much to my alarm, was that these predominantly heterosexual men were actively choosing to be in all-male environments, and mainly because they don't particularly like women's company," she says.

"I did a lot of listening to these men and I found that most women are accused, somewhat justifiably I think, of whining, complaining, being demanding and having all kinds of emotional problems, 99% of which men perceive to be self-created."

"In essence, if a man works hard at work all week and it gets to Friday night, he is usually simply too tired to try to take on the complex psychology of a female and would rather go out with his male friends - it's just easier."

On the other hand, Losada points out that most women feel that the vast majority of men are disinclined to listen and make any time to discuss feelings and emotions, leading them to the often mistaken conclusion that men don't care or simply can't be bothered.

"Not so," Losada insists, "I honestly believe that we can start to change our entrenched perceptions of the opposite sex if both men and women can learn to understand the real differences."

"It then follows - fingers firmly crossed - that we will be able to communicate, and therefore love, better."

Like Chalk and Cheese

"It's blatantly obvious that we just don't understand one another very well," Losada smiles wryly.

"Essentially women want men to be more like women and have been complaining for years, 'Why doesn't he just talk to me?', and the same is true in reverse, with men wishing women were more like them and thinking, 'Why is she always moaning?!"'

In an attempt to understand the reasons for this, Losada interviewed Simon Baron-Cohen, professor of developmental psychopathology at the University of Cambridge, about the difference between men and women.

After years of detailed study, Baron-Cohen discovered two distinct groups of people - the 'empathisers', or E-types, who are able to identify and appropriately respond to the emotions and thoughts

of others, and the 'systemisers', or S-types, who are more comfortable analysing how systems work and behave.

"A person's sex does not necessarily determine brain type, so not all men have the S-type brain and not all females have the E-type brain, but, on average, this theory holds true," Losada explains.

"So now we know it's scientifically proven that most women are interested in intimacy and talking about emotions, but most men are about as interested in doing that as I am in the inner workings of my computer. We have long suspected it, but it turns out to be true - our brains really are just wired differently," she adds.

A Possible Solution?

First and foremost, Losada suggests that single women who are looking for interesting and available men should avoid pubs and clubs at all costs, and instead try out new, exciting and essentially different past-times that they are genuinely interested in.

"And which also have, at the very least, an even spread of men and women your age. Chance does play a role, yes, but you have to be in the right place in order to give chance a chance!" Losada laughs.

Women also have to stop discussing the problem and start combining forces to discuss solutions, according to Losada, so to make your own suggestions or find some great ideas in your own town or city, simply visit her innovative website at www.isabellosada.com

"You might just find an interesting and available man to talk to, but even if you don't, at least you'll be living your life and having fun in the process."

"And believe me, there is nothing more attractive to a man than a woman who enjoys her life and is happy her own skin."

Emma Pomfret

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Leading artists encourage Faro inmates after a successful first exhibition



It was one of their main goals – to have their works of art put on display for 'outsiders' to see, a way of showing the world that, despite their present circumstances, they are individuals with undoubtedly positive qualities, stories to be heard and something to contribute to society.

Their wish was granted and throughout the end of April, beginning of May, the inmates of Faro prison had their paintings displayed as part of an exhibition held by acclaimed artist David Haines and leading Luso-Canadian photographer João Carrondo

in the Lagos 'Armazém' gallery.

Both David and João (or John, as he is more commonly known) were immediately open to embrace the project, and were so impressed with the works that they have invited the inmates to participate in their second joint ex-



(L-R) Frank Walling, Faro prison's second-in-command Dr. Alexandre Matias, photographer João Paulo Carrondo, artist David Haines presenting the envelope containing €245 to prison director Dr. Paula Quadros, Aleric Scott, Ray Richardson, and Mário Nogueira. (Photo: The Portugal News)

Algarve's four-legged stars

Mentioned repeatedly during the first few days following Madeleine McCann's disappearance, E.C.R.A – the Algarve's only privately-founded specialist canine search and rescue team – was amongst the first non-governmental organisations called in to help authorities.

E.C.R.A's team of two and four-legged volunteers spent days in the baking sun, using finely tuned techniques in the hope of discovering any indication of the toddler's whereabouts.

It was the first time the association had been approached by an official organisation, in this case the Portuguese Red Cross, to participate in a real-life situation.

Founded by 32-year-old Luís Humberto Pires Pacheco, E.C.R.A was established with the aim of providing assistance in the case of an earthquake, Tsunami, or other large-scale natural disaster.

"If such a disaster should happen, and it has been proved that the Algarve is an area of high seismic activity, there are not enough search and rescue dogs in the whole of Portugal to cater for the need in a worst-case scenario", Mr Pacheco told **The Portugal News**.

"Nor can we be reliant on out-

side help, which might take crucial hours or even days to arrive", he added.

Mr Pacheco has always been involved with dog breeding and competing, but it wasn't until 2005 that he had the idea of founding E.C.R.A.

Now comprising 10 volunteers, each with one or two dogs of their own, E.C.R.A. offers full search and rescue training, tested by regular simulations of all kinds.

According to Luís, his main goal for E.C.R.A. is to become a totally self-sufficient organisation, so if ever the services are called for outside Portugal, assistance can be immediately offered without requiring support or provisions from abroad.

For this he is looking for volunteers and donations of all kinds, including doctors, psychologists, and fund-raisers to help meet E.C.R.A.'s goals.

For more information, contact E.C.R.A. on: (+351) 919 752 036.



Luis Pacheco and ECRA volunteer Melanie Woodham with two of the dogs.

hibition, to be held from June 1st to June 10th, also in the 'Armazém'.

But no one could have anticipated the successful outcome of the inmates' very first exhibition, with €245 euros being raised from the sale of five of their paintings.

A significant amount of interest was generated amongst those visiting the exhibition, visitors who had nothing but praise and positive comments for the unique works of art, be it through mere curiosity or novelty of their origins, or for appreciation of talent.

Many paintings were personal interpretations of memoirs and circumstances experienced by the prisoners, whilst others took the opportunity to portray idols or emotions. Either way, all of the exhibited works were produced from time-consuming dedication, a mental escape from their confines.

After witnessing the paintings' success, David and John, both of whom have extensive experience in their respective fields and who have carved out impressive international CVs as

well as an outstanding regional following, decided to encourage the inmates to further explore their talents and produce more paintings.

For this, the pair gave Faro prison an oversized roll of canvas, oil paints, and paintbrushes, amongst other materials, for the prisoners to be able to produce works of art of the finest quality.

Accompanied by **The Portugal News**, David and John were introduced to the Faro prison artists, who enjoyed advice and

pointers from the two for their next exhibition, which promises to be even more successful than the first.

David Haines and John Carrondo will also be exhibiting in the Lagos Slave market, from July 1st to July 10th.

For more information, contact: contact David Haines on: (+351) 968 290 627, or João Carrondo on: (+351) 966 887 767.

The gallery is located in Lagos, off the square between the Slave Market and the main church.

Bowls Algarve Summer League

Bowls Algarve continues to develop an ongoing programme of new and stimulating competitions for the enjoyment of all affiliated clubs and their members.

The new Summer league started up last Saturday, with a new format and eight competing teams. The complete weekly programme will be played on a different green each week, culminating with a grand finals day to be held this year at Parque Da Floresta on Saturday 30th June. The intention is to combine a competitive format with the opportunity to spend the day on a different green, a different surface each week and the chance to get to know each club better. The new league has a sets format, with plenty of points available (two points for each set win and two bonus points for the overall win, making a maximum of ten available).

The new season kicked off with all four games at Alvor which placed Tigers on top of the table with 10 points, followed by Larks on 8, Wolves and Cats with 6, Doves and Pirates with 4 and finally Panthers yet to score. Next week everyone goes to Tavira for round two.

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Take the Orient Express to Burma

"This is Burma, quite unlike any land you know about." Rudyard Kipling's words, written long ago, still apply to an enchanting Asian country largely cut off from the outside world.

Stained by bloody battles through the centuries, Burma has paid heavily for its self-imposed isolation and is one of the ten poorest countries in the world. But it is also one of the most spectacular with thousands of pagodas - pyramid-shaped temples dotted across a lush green landscape. And it has some of the most welcoming people in the world.

Despite the military dictatorship, tourism in Burma is growing, with several hundred thousand visitors each year. A good way to take in the important sites is a cruise on the Irrawaddy River.

And there's no finer way to do it than aboard the Orient-Express ship. The Road to Mandalay, named after another Kipling poem about Burma. Originally a Rhine cruiser, the 102-metre ship is now an oasis of luxury. Orient-Express offers several itineraries, with the best a 16-night Bhamo trip beginning with a night at the stunning Oriental Hotel in Bangkok, Thailand.

It is followed by two nights at the Governor's Residence in

Yangon, an old teak mansion and a tour of the capital's awesome Shwedagon Paya, a massive golden pagoda, the most sacred in the land visible from miles around. Then onto Mandalay by air where the ship embarks on a gentle cruise up the Irrawaddy almost to the Chinese border at Bhamo in the Kachin region.

The Irrawaddy, running for 1,770 kilometres from the Eastern Himalayas to an expansive delta in the Bay of Bengal and splitting Burma in two, is the main highway in the country and has been navigated by craft for centuries.

The Road to Mandalay itself is opulent, like a luxury hotel, and offers standard or state cabins each with their own bathroom well-supplied with Bulgari toiletries. State cabins are the epitome of luxury with the finest silk bedding and a tastefully decorated room complete with sofa, writing desk and massive windows providing stunning views of an enchanting country.

There's a piano bar, a sunbathing deck, even a pool for relaxa-

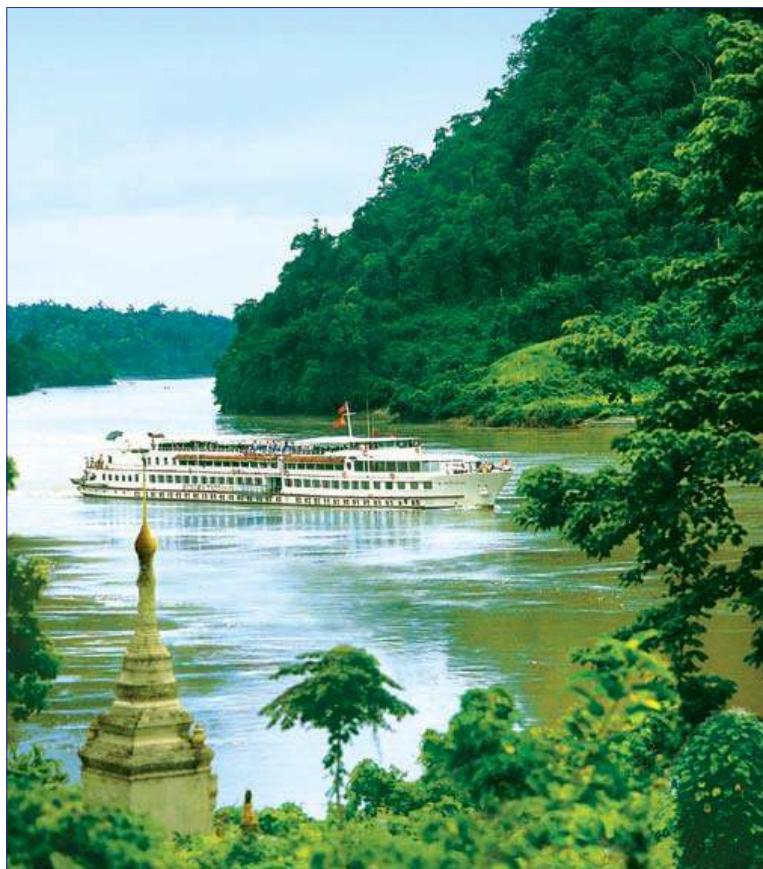
tion after sightseeing. The restaurant is run by a top chef who creates French and Asian specialties every day.

The ship can accommodate more than 100 guests but caters for smaller groups as well. The atmosphere is more relaxed than formal, with onboard staff open and friendly.

Making its way slowly past barges holding tonnes of teak - Burma's most famous export - the ship anchors once a day. And, packed lunch in hand, guests can explore the unspoiled land by the banks of the river.

The further north we travel, through dramatic gorges, the more the locals are entranced as strangers go ashore. Many have never seen white people before, let alone pasty-faced ones in garish Hawaiian shirts and Bermuda shorts, relentlessly shoving digital cameras into their faces.

Riverside villages are basic, but have electricity and families live in big wooden huts on stilts with animals below. Richer fami-



lies live in concrete buildings with windows and some have satellite dishes outside, though TV viewing is regulated by the government.

At sunset, families bathe together in shallow warm waters at the river's edge. Older women smoke cheroots while the young men ride mopeds. Tractors and horse-drawn carts double for taxis.

The people seem content, and many spend spare money on gold

leaf to stick on local Buddha statues. Young monks, with shaved heads and brown robes, walk to temples in dusty streets.

After a stunning early morning trip through the second gorge, the green hills shrouded in a thick mist, the ship docked at Bhamo, barely 80 kilometres from the



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Chinese border.

Bhamo itself is a bustling village with a busy market, shops, bakeries and beer stations where locals can enjoy a small refreshment. A large Chinese contingent owns many shops and businesses, while the fire station has old vehicles reminiscent of 1950s Britain.

Another day trip included a train journey into the teak jungle to see working elephants shift tonnes of teak logs for transportation down river. Tourists eagerly feed them small bananas and pat their thick trunks, discoloured by the constant pressure of the logs.

No visit to Burma is complete without visiting a Buddhist temple where student monks study religion and carry out daily chores. Almost every boy in Burma becomes a Buddhist monk at some stage - almost like our old national service.

Another day took in the market places of Katha, made famous by George Orwell in his Burmese Days. The smell of dried fish, which locals use to flavour food, filled the air. In a downpour, shoppers nonchalantly produced umbrellas while tourists ran for

cover.

Back onboard, we set sail on our journey back south to Bagan where the adventure ends. A full day in Mandalay, the last royal capital of Burma and the second biggest city, produced an interactive history lesson like no other.

Finally, we visited ancient sites around Bagan, with a horse-drawn cart helping us to explore on our own. Then it was on to Mount Popa, legendary sacred home of the 'nats' or spirits, with an impressive summit monastery.

Each detail of the trip is planned by the Orient-Express logistics team, which travels up the side of the river by jeep to see all goes smoothly ashore.

The trip provides a unique glimpse of life in Burma. After saying our farewells, we flew from Bagan to Yangon and onto Bangkok for another night at the Oriental Hotel, with each room overlooking the Chao Phraya River.

As we headed to the bright lights and bustle of Patpong - the Bangkok quarter with a multitude of flap-dancing bars and markets of fake designer bags and sunglasses - the tranquility of our voyage suddenly felt a million

miles away. Some fear tourism puts more money into the hands of Burma's military government, which refuses to tolerate opposition and allows forced labour, human trafficking and child labour.

It was in 1885 that Burma became a province of British India and was given as a New Year present to Queen Victoria. It was overrun by Japan during World War II. Now renamed the Union of Myanmar, it is slowly emerging from 40 years of isolation. There's little evidence of solid infrastructure and arriving there is like stepping back in time.

Meanwhile the sad spectre of Aung San Suu Kyi, leader of the National League for Democracy (NLD), which won the 1990 election, hovers in the background. Power was never handed over to Suu Kyi, despite her Nobel Peace Prize in 1991 for her peaceful, non-violent struggle with military dictatorship. She remains under house arrest in the capital Yangon - while tourism brings a little more wealth to her fascinating country.

TRAVEL FACTS

Victoria Mitchell was a guest of Orient-Express Hotels and Eva



Above: The temple in Mingun; left: Villagers on a country road with a small pagoda in the background; and below: Working elephant deep in Burma's thick teak jungle. Opposite page - top: The Road To Mandalay cruising the Ayeyarwady River near Bhamo, Burma; middle: The pool deck on The Road To Mandalay; left: Novice monks at the temple in Mingun.



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Mourinho and Scotland Yard get petty



Police officers briefly held José Mourinho on Tuesday night after a tense stand-off at his home over the status of his Yorkshire terrier's vaccines.

The Chelsea manager was arrested and cautioned after he attempted to stop two police officers and a health official from taking the animal away.

Scotland Yards said the dog was to be seized for alleged offences under the Animal Health Act 1981 and the Rabies Order 1974.

"A 44-year-old man was arrested on suspicion of obstructing police and was taken to a west London police station," he said.

"He subsequently received a caution for obstructing police."

Mourinho had been attending a Chelsea prize-giving ceremony when he was alerted by his wife that British authorities had en-

tered his West London home with the intention of taking the family pet away.

The Chelsea manager, who is preparing for this weekend's FA Cup final showdown with Manchester United, was taken to the nearby Belgrave police station where he was released after receiving a caution for obstructing police.

It is as yet unclear if Mourinho's dog has been vaccinated in compliance with Britain's strict Pet Travel Scheme (PETS).

A spokesman for Mourinho said: "The incident occurred because of a misunderstanding over

documents required for veterinary regulations.

"Mr Mourinho would like to make it clear that his pet dog was bought in England from a reputable breeder and has had all its necessary inoculations.

"Full co-operation will be given over any animal health issues."

Reports suggest that Mourinho's dog disappeared during the incident and was still on the run at the time of going to press.

The Sun newspaper has opened a line for readers who have any information on the whereabouts of the animal.



José Mourinho, manager of Chelsea football club, attends a press conference at the Chelsea training facility in Cobham, Surrey, west of London on Wednesday. The Portuguese was arrested and cautioned, then released by British Police on 15 May, after a row with police and a health official over his pet Yorkshire terrier. Chelsea play Manchester United in the first FA Cup final to be held at the new Wembley stadium on 19 May 2007. (Photo: PA/Daniel Hambury)

Health authorities issue heat wave alert



Health authorities at the *Direcção-Geral de Saúde* (DGS) have warned that the country needs to start preparing for a summer that is set to be one of the hottest ever. Basing this alert on long-term weather forecasts, the DGS explains that fatalities will be higher during the expected heat waves this summer as no major flu outbreaks were recorded in Portugal during the winter.

"There were few cases of flu, which will lead to higher fatalities", the DGS deputy-director José Robalo told delegates at the Coimbra University Hospital this week.

Delegates had met in Coimbra to witness the unveiling of contingency plans for the anticipated heat waves this summer.

Regional health director Ana Correia substantiated Mr Robalo's fears.

"Some of the people that managed to survive flu outbreaks in the winter will not make it through the summer", she predicted.

José Tereso, health delegate for central Portugal, meanwhile called on authorities to issue "information on a daily basis but in a manner that is institutional and informal".

He called on official entities to cut through institutional red-tape and to facilitate the passing on of information, saying: "We are all in the same boat".

Official figures indicate the five heat waves recorded between May and September last year directly resulted in the deaths of 1,259 people, seven hundred fewer than the 2,000 heat-related fatalities reported in 2003.

But the hottest summer ever was 2005.

It was also found that there was an increase of 12.5 percent in people seeking the help of hospitals during last year's heat waves.

While the five heat waves experienced last year are not uncommon, meteorologists say their frequency is definitely on the rise.

The first heat wave of 2006 was recorded almost a month (May 24) before the official start of summer.

A heat wave is recorded when temperatures are at least five degrees above average for a period of at least six consecutive days.

Heat waves can therefore literally be recorded in winter, though they are more prominent in Portugal during the months of June and August.

A number of extraordinary weather patterns were also recorded in 2006, such as the 11-day heat wave in July (Alentejo) that was deemed the longest of its kind since the beginning of World War II.

Another exceptional occurrence was reported in July when first average temperatures fell to lows not seen for decades along

with unseasonal heavy rainfall and localised flooding, followed by thermometers shooting up to levels that have made August 2006 one of the hottest 15 months on record.

Figures released at the end of March by the US government meanwhile showed that this past winter was the hottest in the northern hemisphere since records were first taken in 1880.

According to the National Oceanic and Atmospheric Association (NOAA) combined temperatures in the northern hemisphere between December and February were 0.72 degrees Celsius warmer than the average for the past 127 years.

The record temperatures, NOAA added, were also assisted by the seasonal phenomenon known as El Niño, which has been given part of the blame for helping make January the warmest on record.

Health authorities have this week issued details of its contingency plans for the summer.

The plan is based on three levels of alert.

The first is green, which indicates that temperatures are normal for the time of year.

Level two (yellow) indicates "high temperatures which could have adverse health effects".

When a yellow alert is issued, the general population will be warned and hospitals put on alert.

Red alert is announced when soaring temperatures "cause serious health problems".

Besides authorities being put on alert, transport will be supplied for risk groups such as the elderly who will be taken to make-shift shelters such as museums, cinemas, community centres, libraries and shopping centres.

Is dredging killing Portimão's gastronomic legacy?

Portimão is renowned for its quaint grilled sardine restaurants located along the river front. A one-time bustling fishing town, which boasts a handful of Portugal's first ever and largest conservation factories, it is now reportedly extinct of the traditional sardine, and local environmental activist and fisherman António Cabrita thinks he has the answer.

Located on the outskirts of Portimão is a warehouse owned by Mr Cabrita. But it is no ordinary warehouse and was once locally referred to as a museum. It is packed with hundreds of thousands of shells, all individually displayed, row after meticulously laid-out row, the result of more than forty years of painstaking collecting.

Some of the shells are unique to the river Arade and Portimão coastline, and, over the years, Mr Cabrita has also salvaged washed-up remains of century-old Roman clay vases and even driftwood from vessels that sailed along the river centuries ago.

All this was put on display and, up until a few years ago, was visited by classes of local school children and marine specialists and biologists.

However, it appears that his theory as to why the famous Portimão sardine is slowly disappearing seems to have gotten him in stormy waters with authorities.

Mr Cabrita explains the Arade riverbed is made up of unique sand, a concoction of micro-shells that is indigenous to that river alone and produces a micro-plankton, which fed the sardines once fished by the hoards along the regional coastline.

He alleges that an elite sect of business people responsible for the dredging of what he affectionately terms "the richest river on

the planet" are using that very sand to build and develop regional real estate, and could be to blame for the end of the sardine.

Whether there is substance behind his claims or not, Mr Cabrita's conviction is unquestionable and, for now, his momentous collection remains intact.

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